

## HOW PEOPLE CATCH COLD.

THE CAUSE OF COUGHS AND COLD AND HOW THEY SHOULD BE TREATED.

REMARKABLE REMEDY DISCOVERED BY A MONTREAL PHYSICIAN.

Dr. J. G. Laviolette, the well-known Montreal physician, in introducing to the readers of THE TRUE WITNESS his remarkable remedy for chronic Bronchitis, coughs, colds and other diseases of the respiratory organs, SYRUP OF TURPENTINE, desires us to call their attention to a few facts, the truth of which will be acknowledged by every medical man.

Coughs, colds, bronchitis and other maladies of this sort are diseases of the Mucous Membranes, with which many of the internal organs of the body are lined; they are often caused by the absorption of uric acid into the blood, owing to its secretion through one of its natural channels, the pores of the skin, being suddenly checked or prevented. For example, a person in a profuse perspiration, overheated, gets into a cold draught, the sudden chill drives the urea in the perspiration into the system, overcharging the blood with uric acid. The consequences vary according to the state of the individual's constitution; in some cases it produces rheumatism or neuralgia or kidney troubles, but in the majority of cases it attacks the mucous membranes of the lungs, bronchial tubes, or throat, which becoming congested cause coughs and colds. The person has "caught cold." It has been for a long time the custom to treat affections of this sort with preparations of opium, morphine, paregoric, chloroform or other narcotics, NOT to cure the disease, but to relieve the coughing, produce rest or sleep, and LET NATURE EFFECT THE CURE. These opiates are the principal ingredients of almost every cough medicine prepared by druggists or prescribed by physicians, but as they do not touch the cause of the malady, NEVER of themselves cure.

Turpentine has long been recognized by the medical profession as an almost infallible remedy in all affections of the mucous membranes, but its use has been prevented as a general rule by its unpleasant taste, and the irritation it causes on the kidneys and the intestinal tube. After many years' experience as a physician and practical chemist, and after numerous experiments, Dr. Laviolette has succeeded in compounding a syrup, very palatable to take, and as harmless to the system of an infant in arms as to that of the robust man, yet possessing all the BALSAMIC AND ANTISEPTIC qualities of this invaluable remedy and thus for ever doing away with the objections to the use of Turpentine.

Syrup of Turpentine contains no morphine, opium, chloroform or other narcotic or poison. It attacks the seat of the disease, goes right to the sore spot, drives uric acid from the blood through its natural channels and effects a permanent cure where all other remedies fail or only give temporary relief. It has cured cases of chronic Bronchitis of twenty-two years standing; it has cured infants of a month old of Whooping Cough, of Colds, and of Bronchitis, and it has had the same wonderful effect on old men and women of 70 and 80 years. It has now been in use about five years, is prescribed by the leading physicians, and is daily used at the Hospitals. No remedy has ever before, in so short a time, sprung into such universal favour and demand. No remedy has ever produced such remarkable cures. In cases of Coughs, Colds, Bronchitis, Grippe, Whooping Cough, Asthma, Influenza, Consumption, Chronic Inflammation of the Bladder, etc., etc., Catarrh, whether of the Bronchia, Lungs or Bladder, it is an almost infallible remedy.

As Dr. Laviolette makes no assertion about it which he is unable to prove, in this column during the winter, every week, will be found a few of the hundreds of unsolicited testimonials he is daily receiving from grateful persons, whom it has restored to health and happiness.

We give below a letter from the edi-

tor of the TRUE WITNESS, which speaks for itself, many others will follow.

MONTREAL, 29th Nov., 1893.

DR. J. G. LAVIOLETTE,  
232 and 234 St. Paul Street,  
Montreal.

DEAR SIR,—

During all the month of November I have been suffering from a severe cold, a semi-attack of *La Grippe* (if I might so call it). It had worn me down very much, and as my work had been almost doubled during these past four weeks, I felt that before long I would suddenly collapse altogether. I have been so accustomed, in my capacity of editor, to read your advertisements, that I paid little attention to them. You know the old saying about familiarity. I looked upon them with the eyes of an editor glad to have as many as possible of these notices, but I never thought of them as announcing a remedy that I might require.

However, so severe were my attacks of coughing that I determined to try your "Syrup of Turpentine." I bought a twenty-five cent bottle, used it, bought a second one, and before I had taken the half of the latter I was completely and entirely well; all traces of the cold had disappeared and the accompanying weakness and pains were gone.

It is in order to "give to Caesar what is due to Caesar" that I send you this totally spontaneous testimonial.

Yours respectfully,  
J. K. FORAN,  
Editor of the *True Witness*.

Ask for Dr. Laviolette's Syrup of Turpentine at your druggist's, see that the maker's signature "J. Gustave Laviolette" is across the wrapper and take nothing else, and you will be more than satisfied at the results. The price is 25c. and 50c. a bottle.

## RECOMMEND HANGING.

That is the Verdict of the Jury in the Prendergast Case.

CHICAGO, December 29.—In the Prendergast trial to-day for the prosecution Mr. Trude called attention to the similarity of the two assassins, Guiteau and Prendergast, and said:—"Guiteau killed Garfield to win the applause of the stalwarts and to satisfy his morbid desire for notoriety. This man committed murder expecting that this deed would meet with approval from the newspapers, which had been bitter in denouncing the late Mayor when he was a candidate for the office." Mr. Trude concluded by stating that Chicago looked for a verdict in which she did not ask for vengeance but simply absolute and independent justice. The court then delivered the charge and at 1.25 p.m. the case was given to the jury. The jury returned into court at 2.28 p.m. with a verdict of guilty, and recommended that the prisoner be hanged. There was no scene in court when the verdict was announced. The prisoner uttered not a word and seemed to betray no feeling of anxiety.

After Prendergast had been removed from the court room, Attorney Wade entered a formal motion for a new trial, which will be argued next week.

Preston Harrison was the first to approach Mr. Trude and thank him earnestly for his able services and personal interest in meeting out justice to the murderer of his father. Prendergast created a scene when he was returned to his cell, and the verdict was kept from his fellow prisoners as long as possible. They soon received word through visitors, however, and Jailer Morris removed the condemned man to-night to "Murderer's row." Prendergast sent word that he would not see any visitors, newspaper men especially.

It is a strange paradox that fast colors are colors that will not run.

Ted: How is it that old fellow is considered the best music teacher in the place? Ned: Because he charges more than anybody else.

"Did you ever go to Bins the tailor?" "Yes. Got two suits from him—one dress suit; one law suit. Very expensive man."

**NO OTHER** Sarsaparilla possesses the Combination, Proportion and Process which makes **HOOD'S** Sarsaparilla Peculiar to itself.

## COMMERCIAL.

## FLOUR, GRAIN, ETC.

Flour—	
Patent Spring.....	\$2.60 @ \$2.75
Patent Winter.....	2.50 @ 2.70
Straight Roller.....	2.60 @ 2.70
Extra.....	2.75 @ 2.80
Superfine.....	2.60 @ 2.70
Fine.....	2.15 @ 2.20
City Strong Bakers.....	2.40 @ 2.55
Manitoba Bakers.....	2.25 @ 2.55
Ontario bags—extra.....	1.75 @ 1.80
Straight Rollers.....	1.60 @ 1.75
Superfine.....	1.15 @ 1.20
Fine.....	1.00 @ 1.10

Feed.—Bran continues firm, with sales of car lots reported at \$16 to \$18 25. Shipments are firm at \$17 to \$18, and moultie at \$20 to \$22 as to grade.

Oatmeal.—Rolled and granulated \$4.20 to \$4.80. Standard \$3.55 to \$4.15. In bags, granulated and rolled are quoted at \$2.05 to \$2.10, and standard, \$1.85 to \$1.95.

Wheat.—Sales have been made in the West of No. 1 hard Manitoba wheat at 75c to 77c Montreal freights. No. 2 Upper Canada red and white winter wheat is quoted at 65c to 67c.

Corn.—Prices are nominal at 60c to 61c in car lots, duty paid.

Pear.—We hear of a further lot having changed hands at 65c per 66 lbs.

Oats.—There is a fair local demand, with sales of car lots at 55c per 54 lbs. in store. Local buyers prefer No. 3 oats to No. 2, and are paying within 1c and 1c per lb. of the latter, sales of car lots having been made of No. 3 at 37c and 37½, a buyer offering to pay the latter price yesterday.

Barley.—Malting barley is quoted 50c to 52c, and feed at 42c to 43c.

Malt.—At 70c to 75c per bushel.

Buckwheat.—Sales have been made in the West at 50c.

Rye.—Car lots are quoted at 55c.

S-eeds.—Western Timothy is reported at \$2.10 to \$2.15 as to quantity. Canadian \$2.20 to \$2.25. In clover the market is steady at \$5.80 to \$6.25 per bushel. Alsike is quoted firm at \$7.25 to \$8.00.

## PROVISIONS.

Pork, Lard, &c.—We quote:	
Canada short cut pork per bbl.....	\$18.00 @ 18.50
Canada clear mess, per bbl.....	17.50 @ 17.75
Chicago clear mess, per bbl.....	17.50 @ 18.00
Mess pork, American, new, per bbl.....	17.00 @ 17.25
Hams, per lb.....	12 @ 13½c
Lard, pure in pails, per lb.....	11½ @ 12½c
Lard, com. in pails, per lb.....	10 @ 11c
Bacon, per lb.....	11½ @ 12½c
Shoulders, per lb.....	10 @ 10½c

Dressed Hogs.—We quote \$6.50 to \$6.85 for car lots and \$7.00 to \$7.25 for small lots.

## DAIRY PRODUCE.

Butter.—	
Creamery, early made.....	22c to 23½c
Creamery late made.....	23c to 23½c
Eastern Townships.....	21c to 22c
Western.....	19c to 20½c

Cheese.—	
Finest Western colored.....	11½c to 11½c
Finest Western white.....	11½c to 11½c
Finest Quebec.....	11c to 11c
Underpiced.....	10c to 10½c
Liverpool cable white.....	5½c @ 5½c
Liverpool cable colored.....	5½c @ 5½c

## COUNTRY PRODUCE.

Eggs.—The demand for limed stock is slack, and Montreal limed move rather slowly at 17c to 18c, Western limed being quoted at 16c to 17c. There have been sales of laid fresh at 17c to 18c.

Dressed Poultry.—Fresh killed dry picked turkeys continue good with sales of case lots at 10c to 11c, while scalded sells at 9c to 10c. Young dry picked chickens are wanted, with business at 8c for round lots, scalded having sold at 6c to 7c. Several large sales of geese have been made at 6c, a lot of fancy stock bring 7c. Ducks are quiet but steady at 5c to 10c.

Game.—Venison saddles have sold at 10c to 11c per lb. for good, and 8c to 9c for common. Partridges have sold at 50c to 60c per brace.

Honey.—White clover honey in comb at 12c to 13c as to quality and weight of sections. Dark buckwheat comb is quoted at 9c to 12c as to quality. Extracted 7c to 8½c for new, and 6c to 7c for old.

Maple Products.—Syrup 50c to 55c in cans as to quality, and 4c to 5c in wood as to quality. Dark sugar 6c to 7c.

Hops.—At 20c to 25c for real fancy Canadian.

Baled Hay.—No. 1 hay, few sales reported at points West and East at \$8.25 to \$8.75. In this market No. 1 Timothy is quoted at \$10.00 to \$10.50, and No. 2, \$9.00 to \$9.50.

Beans.—Jobbing lots have sold at \$1.25 to \$1.50 for good to choice hand-picked, and other kinds \$1 to \$1.25.

## FRUITS, ETC.

Apples.—No. 1 selling at \$4.50 to \$4.00 and No. 2 from \$3.00 to \$3.50.

Grapes.—Almeria Grapes are selling fairly at \$2.50 to \$3.00 per keg, while Catawba are in little or no demand at 2½c to 3c per basket.

Grape Fruit.—At \$3.50 to \$3.00 per crate.

Oranges.—Florida oranges are quoted from \$2.00 to \$2.50 per box according to size and quality. Valencia oranges are very scarce and have had a considerable jump into better prices, 7½c selling from \$5.00 to \$5.50, while 40c retain last week's prices, namely \$4.00 to \$4.50 per case.

Lemons.—At \$4 to \$5 per box.

Cranberries.—Prices quoted are from \$6 to \$7 per bbl.

Pears.—California pears at \$2.25 to \$2.50 per box.

Figs.—At 8c to 10c per lb., while extra fancy are quoted 12c to 15c per lb.

Dates.—At 4½c to 5½c per lb.

Potatoes.—Prices are still firm at 6c to 6½c per bag on track, and 10c per bag extra for jobbing lots.

Onions.—Red and yellow are quoted from \$1.25 to \$2.50 per barrel, and Spanish 90c to \$1 per crate.

## FISH AND OILS.

Pickled Fish.—Herring are quoted \$4.50 for shore, and \$5.00 to \$5.25 for Labrador. Green

cod is steady at \$4.50 to \$5. for No. 1, and large lot quoted at \$5.50 to \$6.00. Dry cod \$4.50 to \$5.00 per 112 lbs. Labrador salmon \$2.50 to \$2.75 in barrels for No. 1, and \$18 for No. 2. Barrels are quoted at \$12.50.

"I speak not out of weak surmises, but from proof."

## LARD MUST GO.

since COTTOLENE has come to take its place. The satisfaction with which the people have hailed the advent of the New Shortening

## Cottolene

evidenced by the rapidly increasing enormous sales is PROOF POSITIVE not only of its great value as a new article of diet but is also sufficient proof of the general desire to be rid of indigestible, unwholesome, unappetizing lard, and of all the ills that lard promotes. Try

## Cottolene

at once and waste no time in discovering like thousands of others that you have now

## NO USE FOR LARD.

Made only by  
N. K. FAIRBANK & CO.,  
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MONTREAL.

## COOK.

Employment wanted, by a good cook, apply at 75 St. Maurice street, in rear.

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## Self-Raising Flour

Is THE BEST and the ONLY GENUINE article. Housekeepers should ask for it and see that they get it. All others are imitations.

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Helena P. O., Que., Co. Huntingdon,

Agent for the celebrated Heintzman Piano, Evans Bros., Vose & Sons, and others, as well as the G. W. Cornwall Organ and New Williams Sewing Machine.

To Organ and Piano customers I would say I have had many years experience in the business, and not being at the expense of enormous city rents I am enabled to quote prices that I feel assured will be found lower than you can buy elsewhere.

I am offering a SPECIAL DISCOUNT to those who wish to buy within the next sixty days.

Will be pleased to forward Catalogue and quote SPECIAL PRICES on application.

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Shades, Portieres and Window Mountings—new, pretty, and splendid value, at  
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