Draw one out from under the flannel, and slip the hot one under, laying it smoothly and gently in its place. Whatever you do for a sick person, let it be done quietly, soothingly, but not indifferently, lazily or nervously.

Onions in Caour.—It is said that nine children out of ten who die with the croup, might be saved by the timely application of roast onions, mashed, laid upon a folded napkin, and goose oil, hen oil, skunk oil, sweet oil (or even lard, if you have neither of the others) poured on, and applied as warm as can be borne comfortably, to the throat and upper part of the chest, and to the feet and hands. Give also a tenspoonful of syrup of ipecac every twenty minutes, until vomiting is produced. In bronchitis, too, relief has been given by the same treatment, when suffocation seemed almost inevitable.

LIFE BELTS.—An excellent and cheap life belt, for persons proceeding to sea, bathing in dangerous places, or learning to swim, may be thus made:—Take a yard and three-quarters of strong jean, double and divide it into nine compartments. Let there be a space of two inches after each third compartment. Fill the compartments with very fine cuttings of cork, which may be made by cutting up old corks, or (still better) purchased at the cork-cutters. Work eyelet holes at the bottom of each compartment to let the water drain out. Attach a neck-band and waist strings of stout boot-web, and sew them on strongly.

ORIGIN OF PLANTS.-Madder came from the East. Celery originated in Germany. The chesnut came from Italy. originated in Egypt. Tobacco is a native of Virginia. The nettle is a native of Europe. The citron is a native of Greece. is a native of America. Oats originated in North Africa. The poppy originated in the East. Rye came, originally, from Siberia. Parsley was first known in Sardinia. The pear and apple are from Spinach was first cultivated in Arabia. The sunflower was brought from Peru. The mulberry tree originated in Persia. The gourd is probably an Eastern plant. The walnut and peach came from Persia. The horse-chesnut is a native of Thibet. The cucumber came from the East Indies. The quince came from the Island of Crete. The radish is a native of China and Japan. Peas are supposed to be of Egyptian origin. The garden cress is from Eg.pt and the East. Horse-radish is from the South of Europe. The Zealand flax shows its origin by its name.