

**A Strength
and
Long Life
Breakfast**

Some fruit
Grape-Nuts with cream
Soft boiled eggs
Some crisp toast
Cup of well-made POSTUM.

That's enough until noon.
Surprising how cool and well-fed one
will be on such a breakfast.

"There's a Reason"

POSTUM CEREAL COMPANY, Ltd.,
Battle Creek, Mich., U. S. A.

**A Delicious Drink
Baker's Cocoa**



Registered,
U. S. Pat. Off.

made by a
scientific
blending of
the best
tropical fruit

**52 HIGHEST AWARDS
WALTER BAKER & Co. Ltd.**

Established 1780

Dorchester, Mass.

Branch House, 86 St. Peter St., Montreal, Can.

CALOX
THE OXYGEN
TOOTH POWDER

Take the best tooth-powder ever
made—Make it a little better—
Then add Oxygen—That's CALOX,
the Oxygen Tooth Powder.

The Buffalo Medical Journal says :

"It may be confidently asserted that Calox
is the only dentifrice that will sterilize the mouth
and arrest caries without injury to the soft
tissues. It is the most scientific tooth
powder which the laboratory has yet
produced."

ALL DRUGGISTS 25c.

Sample and booklet free on request.

National Drug & Chemical
Co. of Canada, Limited,
Montreal



MENNEN'S

BORATED TALCUM.

**TOILET
POWDER**



**One Touch of Mennen's Soothes the
Whole World's Skin**

Positive relief for Prickly Heat, Chafing and Sunburn;
deodorizes perspiration. For over a quarter of a century
it has been the standard toilet preparation.
Remember to ask for Mennen's, and accept no substitute.

Sample box for 2c stamp
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The Pioneer Makers of Talcum Powder