At a meeting of the Faculty of the Medical Department of Columbian University, of Washington, D.C., held on April 11, 1893, it was unanimously agreed to make a four-year course of study necessary before graduation. This measure went into operation at the beginning of the present session of 1893-94. Each of the four courses covers seven months of lectures.—*Boston Med. and Surg. Jour.*

COLLEGE ATHLETICS.— President Eliot, of Harvard University, has made the following recommendations as to the regulation of college athletics : (1) There should be no Freshman intercollegiate matches or races; (2) no games, intercollegiate or other, should be played on any but college fields, belonging to one of the competitors, in college towns; (3) no professional student should take part in any intercollegiate contests; (4) no student should be a member of a university team or crew in more than one sport within the same year; (5) no football should be played until the rules are so amended as to diminish the number and the violence of the collisions between the players, and to provide for the enforcement of the rules; (6) intercollegiate contests in any one sport should not take place oftener than every other year. Finally, if trial shall prove the insufficiency of all these limitations, intercollegiate contests ought to be abolished altogether.

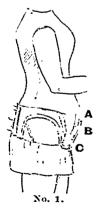
These recommendations are surely in the right direction, and we heartily trust that as many of them as possible may be carried out.

There is perfect unanimity of opinion regarding the value of college athletics, but the excesses to which they have been carried are notorious, and the time has come for some decided reform.— *Medical Record.*

OIL OF AMBER IN ACNE.—Dr. H. S. Purdon recommends the use of oil of amber in acne, rubbing into the affected part at night, and washing off the next morning with hot water and soap. This oil has a pleasant odour, is much cleaner than any ointment, penetrates into the follicles, and if continued is an active rubefacient, producing more or less irritation and slight redness of the skin.— $\mathcal{L}x$.

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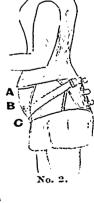
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