

both in public and private should be definite—the subjects given on the prayer card and letter leaflet for each month, and if there is any matter particularly concerning the work of the Band, urge the members to make it a subject for prayer. This is a part of missionary work in which all, from youngest to oldest, rich and poor, can bear a part and without which all our working and giving will count for little. Sentence prayers have been found of great help in training children to take part publicly in prayer. At first they may not be able to use their own words ; begin by asking each member to come prepared next day with a prayer text, either written out or committed to memory. Then on the day of meeting let the president lead in a short prayer, asking the members to follow with their texts. In this way they become accustomed to hearing their own voices while in the attitude of prayer, but as soon as possible they should be urged to use their own words, and to help this it is well to announce at the previous meeting what subject will be specially prayed for, that all may be united and definite in their petitions. A simple Bible reading occasionally on this and other subjects is helpful and gives the members an opportunity of taking part in, and seeing the importance and bearing of Bible study on missionary work.

The second essential for a successful and interesting Mission Band is that every member feel keenly her responsibility for the success of the Band of which she is a member, and seek earnestly to discharge that responsibility. It is wrong and unjust for a member to think that the president, secretary and treasurer, because of their positions, are bound to be present at every meeting, so far as they possibly can, while she, because only a member, can therefore allow any trifle to keep her away. The fact that she is a member makes it as binding upon her to be