

**JOHN BOB'S**  
**AMERICAN**  
**ANODYNE LINIMENT**

**Stop Your Cough**

Three or four drops of Johnson's Anodyne Liniment on sugar will melt in the throat and stop the cough. Colds, if unchecked, may cause serious throat and lung troubles. To avoid risk, apply Johnson's Anodyne Liniment promptly.

**Johnson's ANODYNE Liniment**

Has been a successful family remedy for nearly a century, for both internal and external use. Internally for Coughs, Colds, Hoarseness, Bronchitis and most respiratory disorders. Externally it diminishes any pain. Cuts, Wounds, Sprains, Muscular Rheumatism, Swollen and Frost-bitten Feet. Pain leaves the moment the liniment is applied. Guaranteed under the Food and Drug Act, June 30, 1906. As all Druggists, Chemists, etc., have a bottle, write to L. S. Johnson & Co., Boston, Mass.

**BRIDGETOWN BOOT AND SHOE STORE**

Our new Lines for Spring and Summer comprise the best and most up-to-date Goods in Ladies' Footwear in the market, including: Patent Bals, Button Oxfords, Buckle Oxfords, Tan Blucher Oxfords, Patent Slippers.

No trouble to show goods.

**E. A. COCHRANE.**

Murdoch Block, Gra.ville Street.

**Cowan's**  
**Maple Buds,**  
**Cream Bars**  
**and Milk Chocolate**

are superb confections. Nothing to equal them.

THE COWAN CO., Limited, TORONTO

**SPRING MILLINERY!**

New goods constantly arriving. Quality, Style and Finish of our Millinery Lines Unexcelled. MISS CHUTE, Stores: Bridgetown & Annapolis.

**Have You Selected Your Spring Suit?**

Call and see our choice assortment of Spring Suitings, English, Scotch and Domestic before you purchase.

**I. M. OTTERSON, MERCHANT TAILOR**

**NEW CARRIAGES.**

I have bought a carload of first class carriages direct from the factory of A. S. Fillmore, South Hampton, N. S. and I have a number of styles to select from including several up-to-date cushion rubber tired carriages. These goods are thoroughly built by competent workmen in our own province and deserve your patronage. Give me a call and look over the goods and I think you will be satisfied.

**F. B. BISHOP** Lawrence town

Spramotor accessories of all kinds in stock at my office.

**Spring Millinery Opening.**

Miss Ethel Saunders, late of one of the leading Millinery Rooms in Boston, has taken charge of Miss Lockett's Millinery Store and will show American and English Pattern Hats on April 10th to 18th. and following days.

**Miss B. Lockett, Queen St.**

**THE HOME**

**Cook Box or Self-cooker**

In countries where fuel is scarce and expensive it is difficult to prepare food that requires a long time for cooking, and some method must be found to economize fuel. In countries where fuel is cheap, little or no account is taken of the amount of coal or wood consumed, and no effort is made to economize. The result is a reckless waste of fuel, and no thought is given to new or improved methods of cooking common articles of food so as to save fuel.

**A Sensible Mother.**

(New York Herald.)

As the mother of an "only one," I will venture into the country with my personal experience. The child, a girl, now nearly twelve, was (when an infant) trained according to the most approved method of the day having regular hours for bathing, sleeping and nourishment. She was put in her crib and left to go to sleep without a light, was never rocked or walked with nor taken up when she cried. She was perfectly healthy and happy. Our days were quiet and nights restful. All went well until she was nearly two years old; then by degrees we realized that we had a strong-willed, determined child to deal with; we also realized that these traits were her rightful inheritance. I was inclined to try "Fruit-a-tives" and I can truly say this was the first medicine that ever did me any good.

**NOW I AM WELL**  
THANKS TO "FRUIT-A-TIVES"



I wish to state, for the sake of others who may be suffering like I was, that I suffered from severe indigestion and constipation for years and that there was also a womb trouble with unpleasant pains in my back which made me miserable, constantly. I tried physicians and took many remedies but I got no relief. I was induced to try "Fruit-a-tives" and I can truly say this was the first medicine that ever did me any good. "Fruit-a-tives" quickly relieved the constipation and indigestion and completely cured me of all symptoms of womb trouble. I cannot express too strongly my great gratitude to this medicine as I am as well now in every way as ever I was, thanks to "Fruit-a-tives". I can strongly recommend "Fruit-a-tives". It is easy to take and the effect is always mild like fruit.

Many women suffer with what the doctors call "Womb Trouble" - "Dysed Ovaries" - "Female Constipation" etc. - when Constipation is causing all the pain. Care the liver and make the bowels move regularly with "Fruit-a-tives" and the "Womb Trouble" will be cured at the same time. "Fruit-a-tives" or "Fruit Liver Tablets" are sold by druggists at one box for \$2.00 - or will be sent on receipt of price. Fruit-a-tives Limited, Ottawa.

In cases where the skin has a pronounced tendency to dryness the quantity of borax should be reduced. Pure glycerine should never be used on the skin, for it is altogether too strong, and will make dry patches. While it is undoubtedly one of the best bleaches it must always be reduced two-thirds with rose or distilled water. The idea that rose water being softening is a common error. Like glycerine it is drying if used full strength and should always be diluted either with glycerine or distilled water.

**VACATIONS FOR MOTHERS, TOO.**

People who work for themselves, especially mothers, often glory in not taking a vacation, in staying to what they believe to be their duty at home, in sticking solitarily to you, my conservative reader, a vacation is just as necessary as it is to the tired teacher or the faithful clerk; and for the same reason - that you may do more work when you go away, and do it more effectively. The duty which holds you will be better performed, the home that you are guarding will be better kept, and the cheerfulness, and contentment, and optimism which you need will be more readily summoned, if you take time - next year, but in the remaining weeks of this very summer - to drink in the stimulant of new faces, new landscapes and new experiences - In Woman's Home Companion for August.

**A PETITION.**

These are the gifts I ask. Of Thee, Spirit, serene; Strength to the faintest task. Courage to face the road. Good cheer to help me bear the traveller's load. And, for the hours of rest that come gray, rest in all things heard and seen. These are the sins I fain Would have thee take away: Malice, and cold disdain, Hot anger, sullen hate, Scorn of the lowly, envy of the great, And discontent that casts a shadow gray. On all the brightness of a common day.

**THE SMART DRESSER.**

The small things that count in fashions as in life. The clever woman the smart dresser, is she whose wardrobe is up to the minute in the small things, those accessories without which even the most elegant toilette is incomplete. Her frocks and gowns are fetching, she will always appear well dressed. Nothing dates a toilette so quickly and so surely as its accessories. Costume changes are not so radical from one season to another in these latter days, but an accessory is long-lived indeed if it lasts a season out. Shabby belts, creased buckles on fine belts, belts that are too large and belts that look uncomfortably tight are frequently seen on otherwise well-clothed women, and girls, and attention to the waist line is a cardinal principle of neatness in dress.

**No Secrets From Mother**

The moment a girl has a secret from her mother, or has received a letter she dare not let mother read or has a friend of whom her mother does not know, she is in danger. A secret is not a good thing for a girl to have. The fewer secrets that lie in the hearts of women the better. It is almost a test of purity. She who has none of her own is best and happiest. In girlhood, hide nothing from your mother; do nothing that if discovered by your father, would make you blush. Have no mysteries whatever. Tell those about you where you go and what you do. Those who have the right to know, we mean, of course. The girl who frankly says to her mother, "I have been there, met so-and-so. Such and such remarks were made, and this and that was done," will be certain of receiving good advice and sympathy. If all was right, no fault will be found. If the mother knows, out of great experience, that something was improper or unsuitable, she will, if she is a good mother, kindly advise against its repetition. It is when mothers discover that their girls are hiding things from them, that they rebuke and scold. Innocent faults are always pardoned by a kind parent. You may not know, girls, just what is right, just what is wrong yet, you cannot be blamed for making little mistakes; but you will not be likely to do anything so very wrong, if from the first you have no secrets from your mother - H. L. Hastings.

**OUR BELOVED.**

"How doth death speak of our beloved When it has laid them low; When it has set its hallowing touch On speechless lip and brow? "It clothes their every gift and grace With radiance from the holiest place, With light as from an angel's face. "Recalling with relentless force, And tracing to their hidden source, Deeds scarcely noticed in their course. "This little, loving, fond device, That daily act of sacrifice, Of which too late we learn the price. "Opening our weeping eyes to trace Simple, unadorned kindnesses, Forgotten notes of tenderness. "Which evermore to us must be Sacred, as hymns in infancy Learned listening at a mother's knee. "Thus does death speak of our beloved. When it has laid them low; Then let love outdate the work Of death, and do this now." - Elizabeth Charles.

**BAD BOOKS.**

There is an evil that is continually increasing, the effects of which are as fatal as they are insidious, that is, the reading of books and other publications of an immoral character. The country is nowadays deluged with work of this description. Often they are written with such skill and they have such a charm about them that they ensnare the innocent and unsuspecting, whilst they feed the prurient imagination of the vicious. As it would be impossible to draw up a complete list of such dangerous books and publications, we must content ourselves with a general direction. Whenever it is found that the reading of any book or other publication fills the mind with evil or dangerous thoughts, or when it seems to cast ridicule upon the teaching or practices of religion, it is necessary at once to cut off the source of temptation, and to fling away the book or publication, no matter how pleasing or interesting it may be. This direction is of the greatest importance for the young and parents should be most careful to remember and enforce it, for it is only too often noticed at the present time that children, even of tender years, are allowed to read anything that they like. Parents should remember that they have a grave responsibility in this regard.

**Psychine Missionaries**

A friend of Dr. Stearns Remedies writes: "Send a bottle of Psychine to Mrs. W. . . They have a daughter in decline, and I believe it would help her. I have mentioned your remedies to the family, and also cited some of the miraculous cures accomplished inside the last 18 years, of which I have knowledge." T. G. IRWIN, Little Britain, Ont. Run down conditions from lung, stomach or other constitutional trouble cured by Psychine. At all druggists, 50c and \$1.00, or Dr. T. A. Slouman, Ltd., Toronto

**EMPIRE LINIMENT.**

I was completely relieved. I can cheerfully recommend it to anyone with like trouble. May 21, 1907.

Advertisers and Subscribers in arrears to the Bear River Telephone are requested to settle their accounts directly with the publisher at this office, or with our agent at Bear River, W. W. Wade, who will forward any remittances that may be handed to him.

**FERRY'S SEEDS**

Large quantity of HIDES, PELTS, CALF SKINS & TALLOW. Cash paid at the Highest Market Prices. MCKENZIE CROWE & Co., Ltd.

**WANTED.**

A LARGE QUANTITY OF HIDES, PELTS, CALF SKINS & TALLOW. Cash paid at the Highest Market Prices. MCKENZIE CROWE & Co., Ltd.

**Field and Garden Seeds ... in Great Variety**

Our seeds are especially selected and we sell only what we can recommend. Paris Green and Bue Vitriol for preparing Bordeaux mixture.

A full line in best grades of Commercial Fertilizers.

**Jos I. Foster**

Fresh New Stock

White Blouse Waists from 55c to \$2.60 Selling fast

Ladies' and Children's White and Ribbed Underwear

Wash goods in Prints, Gingham and Lawns.

Hamburgs, Laces, Ribbons, Hosiery and Gloves

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MIRNARD'S LINIMENT CURES DANDRUFF.