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"FRUIT-A-LIVES", the marvellous medicine made from fruit juices—has relieved more cases of Stomach, Liver, Blood, Kidney and Skin Troubles than any other medicine. In severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Neuralgia, Chronic Headaches, Chronic Constipation and Indigestion, "Fruit-a-lives" has given unusually effective results. By its cleansing, healing powers on the eliminating organs, "Fruit-a-lives" tones up and invigorates the whole system.

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Coroner County of Lambton,
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Ontario's Best Commercial School

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W. J. Elliott, President.
D. A. McLachlan, Principal.

THE fuel situation is beginning to look serious for many of the small towns in Western Ontario, notwithstanding encouraging reports that appear frequently in the press as to the prospects of Canada getting a plentiful supply of coal. Many houses in Watford are practically out of coal and cannot get any. There is but little wood in sight, and it is stated that some farmers are holding what they have for exorbitant prices. It looks as if it might be necessary for the Government now to regulate the price of wood.

CASTORIA

For Infants and Children
In Use For Over 30 Years
Always bears the
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A War Quartet

Story of an Ambulance
Driver

By F. A. MITCHEL

When the great world's war broke out Jim Harding and I were in Paris. Jim and I had long been chums, and what one did the other usually did. We had finished our education in the same class, in the same college, and before settling down to our life work concluded to make a tour abroad. After dawdling about on the continent for a part of the summer we went to Paris, intending to sail from England after "doing" the French capital. Before we got away war was declared.

We thought we should like to see some of the controversy before returning home and deliberated between joining the Foreign legion and the ambulance corps. We were both good chauffeurs and offered our services to drive the wounded. They were accepted, and Jim and I were assigned to the same field.

When the French army and English contingent were hurried back on Paris I was driving an empty ambulance to the front. Who should I come upon on the way but Jim. He had lost his ambulance in the quick advance of the Germans and barely escaped being taken prisoner. He climbed on to the seat beside me, and we proceeded together. Somehow I never could tell how we did it—we drove between two divisions of the German army and found ourselves in its rear.

If our position had not been serious it would have been laughable. Here were two men and an ambulance equipped for carrying wounded men off the field of battle who had left the wounded far behind them. Indeed, if the Germans had not also been left behind we would have been made prisoners of war and our ambulance put to the enemy's uses. Under the circumstances we were not very long in deciding what to do.

Leaving our ambulance, we took to hiding. At evening we came upon a village that had been destroyed by the Germans and slept in one of the few houses left standing. It was nothing more than a hut, and in it what clothing we found had belonged to peasants. We decided to don enough of it to enable us to pass as members of the peasant class, and when we emerged in the morning we were clad in corduroy trousers and blouses.

In order to get back to our comrades and avoid being taken prisoners by those following up the German army we struck off in a southwesterly direction. During the day we entered a region that was very beautiful. I remarked to Jim that if I were an artist I should not wish any better field for sketching. There were beautiful hills on either side of a dreamy valley, to say nothing of a winding stream meandering between them.

Meeting two peasant girls coming toward us, Jim suggested that we might safely ask them for information that would guide us on our way. So when we came together I asked one of them what we desired to know. Unfortunately for us they knew very little about the roads or the topography of the country about them. I spoke French pretty well, and Jim knew enough of the language to get on in a simple conversation. It did not seem to me that the girls spoke very good French, but I attributed this to the fact that they were of the lower class.

After satisfying ourselves that we ran no risk in disclosing our identity I told the girls that we were Americans; had been tourists, had joined the French ambulance corps and were trying to escape capture. I noticed that upon this information they looked at each other and smiled. Then they both commended us for our patriotism and offered to help us in every way in their power.

After a brief conference it was decided that we should remain where we were and the girls would bring us something to eat, for we had not had food for twenty-four hours. Jim and I settled ourselves in a grove beside the road, and in due time our benefactors returned with a luncheon that surprised us. We had expected such a meal as would come from a peasant's home, but found cold chicken, slices of ham, white bread and delicious butter. Moreover, the whole was on a silver covered with a napkin.

But we were too hungry to wonder how such a meal could have been produced by peasants or even inquire into the matter and fell to at once, the girls watching us with evident interest and filling a couple of glasses they had provided from a bottle of excellent

100%

That is the proportion of medicine contained in Zam-Buk, and that is why Zam-Buk's healing powers are so superior to those of ordinary ointments, which contain but 5 per cent. medicine and the balance animal fat.

Mr. Angus Josey of Spry Harbor, Halifax Co., N.S., writes: "For three years I suffered terribly with eczema on my hands. The itching was so intense that it kept me awake at nights. I used numerous 'so-called' eczema cures, but got no better until I commenced applying Zam-Buk. The use of this wonderful healer, however, has entirely rid me of this distressing disease."

Zam-Buk is also the quickest and surest healer in the case of ringworm, salt rheum, scalp sores, ulcers, abscesses, boils, pimples, blood-poisoning, piles, cuts, burns, scalds and all skin injuries. All dealers or Zam-Buk Co., Toronto. 50c. box, 3 for \$1.25.

Zam-Buk

wine. It occurred to me that there was some mystery about them. Their hands were not coarse and misshapen like those of the lower class, but soft and round; their voices had not a guttural sound; their feet, which, with their ankles, were plainly visible beneath their short skirts, were not blunt like those of a peasant, but long and narrow as befitting a lady.

After satisfying our hunger we chatted with our benefactors, who promised to inquire as to the road we would need to take to get back to our army, and they would return in the evening with some supper. They left us in the early afternoon, and we betook ourselves to slumber, which we sadly

needed and which was induced by the delicious meal we had eaten.

Our friends returned in the evening with more eatables, but with no information which would enable us to rejoin our corps. They told us that they had learned the Germans were rapidly driving the allies toward Paris and it was expected that the city would fall into the hands of the enemy. Indeed, the capital had already been removed to Bordeaux.

This did not look like our making our way toward our comrades, who were doubtless retreating faster than we could travel. We concluded that we might as well remain where we were till we could get some definite information, for there would be no advantage in making for a point that was always changing. That night we slept in a barn we espied near our bivouac, finding a comfortable bed on the hay. Not caring to rely further on our friends the girls for provisions, we went in the morning to the house of the farmer who owned the barn and secured a breakfast such as might have been expected from such a source.

We induced the farmer to take us in and remained with him for sleep and meals from day to day while news kept coming to us that the Germans were nearing Paris. We felt like shirkers in being absent from our posts, where we were so much needed, but what could we do? Evidently our way to Paris was blocked, and if we tried to get there we would likely fall into the enemy's hands.

We were perfectly safe where we were, but dissatisfied at remaining there. Jim proposed that we make an attempt to get through the German lines, but I believed that we would soon hear either that the Germans had taken Paris or had settled down before it for a siege. In either case we would know what to do. Meanwhile to pass the time we took long walks about the country.

One day we came to the brow of a hill looking down on a very attractive landscape.

"That would make a fine subject for a picture," I said to Jim.

"And there are the artists making it," replied Jim.

Lowering my eyes to a point directly beneath where we were standing, I saw two women, one before an easel, the other with a sketching board before her. I proposed to go down and see what they were doing, and we did so. Hearing us approach they turned their heads, and we recognized our peasant girl benefactors. We saw them look at each other and laugh.

"I was not aware," I said, still speaking in French, "that peasants were artists."

"You have caught us in the act," said one of the girls, "and we may as well confess. We are not indigenous to France any more than you are, nor are we peasants. We are Americans studying art. We spent the winter in Paris, and when summer opened we

came to this region, which is famous among artists, to get practical out of door experience in our profession. To avoid being stared at or questioned we donned this dress and find it a serviceable outing costume. But were we not lucky in getting out of Paris before the war storm broke?"

"I think," replied Jim, "that your imposition was kept up as long as it would be possible to maintain it. My friend and I have suspected you were not what you purported to be. The luncheon you brought us was a dead giveaway. You should have brought us coarse bread and some cold pork on a tin dish."

"You should have done no such thing," I protested. "That luncheon was delicious. I shall always remember it, especially when I am hungry."

This is rather the beginning of a story than the story itself. Jim and I remained where we were till news came of the battle of the Marne and the saving of Paris. Then we bade our artist friends goodbye and made our way back to the capital, from which point we were enabled to join our corps and found ourselves again engaged in rescuing the wounded.

Jim and I were both engaged in the fighting that followed the battle of the Marne, the effort to take Calais and subsequently the gigantic attempt of the central allies to capture Verdun. So active were we that we had no time to think of the girls who had brought us that delicious supper. Nevertheless, when temporarily off duty and together, we would speak of them and the way they had concealed from us their identity. We wondered what they were doing, but had little doubt they were still studying art—that is, if they had not returned to America.

A year passed, when one day while I was driving my ambulance I was wounded by a piece of shrapnel. I was carried to the rear. Jim found me and took me to a hospital farther from the firing line. In a nurse passing my cot I recognized one of the peasant artists I had met during the summer before. She had not forgotten me and showed great concern at seeing me in my former condition.

I received especial attention from the lady, and it was, I think, due to her nursing that I recovered. Patients are prone to fall in love with their nurses and I was no exception to the rule. Her artist friend had also enlisted in the cause and was at the same hospital. When Jim came to see me he found both girls, and one day there was a reunion of our quartet beside my couch.

We talked over our meeting a year before and laughed at some of the girls' expedients to preserve their identity. All agreed that studying art and concealing ourselves from the enemy were far more attractive work than caring for wounded men.

Several years have passed since Jim and I met the two peasant girls. We are all back in America, having served a long period in the war. I married my nurse and Jim married her friend.

Children Cry FOR FLETCHER'S CASTORIA

"Over There"

By George M. Cohan

Johnnie, get your gun, get your gun, get your gun!
Take it on the run, on the run, on the run!
Hear them calling you and me,
Every son of liberty.
Hurry right away; no delay; go today!
Make your daddy glad to have had such a lad.
Tell your sweetheart not to pine,
To be proud her boy's in line.

CHORUS

Over there, over there
Send the word, send the word over there
That the Yanks are coming, the Yanks are coming;
The drums rump-tum-tum everywhere.
So prepare, say a prayer;
Send the word, send the word to beware.
We'll be over, we're coming over,
And we won't come back till it's over, over there.

Johnnie, get your gun, get your gun, get your gun!
Johnny, show the Hun you're a son-of-a-gun!
Hoist the flag and let her fly,
Yankee Doodle do or die.
Pack your little kit, show your grit, do your bit;
Yankees to the ranks from the towns and the tanks.
Make your mother proud of you
And the old Red, White and Blue.

To take away as little as possible of the potato when peeling, put the potatoes into rapidly boiling water for about ten minutes; then take out and when cool enough, peel.

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PROMPT attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

AN IMPORTANT LETTER FROM NIAGARA FALLS.

Niagara Falls, Ont.—"I was miserable, tired out and dragging around. My legs could scarcely support me. My husband had read about 'Favorite Prescription' and he got me to use it. I used four bottles and the results were surprising. I got stronger, was less nervous, my appetite improved and I felt like a new person. It is the best medicine for women I have ever heard of."

—Mrs. A. C. Brown, 39 Clifton Ave., Niagara Falls, Ont.

There is nothing that will bring comfort and renew hope to the invalid so surely as good news. When the vital forces are at a low ebb and everything seems useless, a ray of joy and assurance will stimulate the weary body to new effort and energy. A letter from a loved one has turned the tide in many a siege of sickness.

Doctor Pierce, of the Invalids' Hotel, Buffalo, N. Y., has good news for every suffering woman. Write him to-day and tell him your troubles, and he will send you just the right advice to restore you to health and bring back the roses to your cheeks, and without charge. His "Favorite Prescription" has been the rescue of thousands of suffering women. Many grateful patients have taken Dr. Pierce's advice.

Mothers, if your daughters are weak, lack ambition, are troubled with headaches, lassitude and are pale and sickly, Doctor Pierce's Favorite Prescription is just what they need to surely bring the bloom of health to their cheeks and make them strong and healthy.

It is not a secret remedy because its ingredients are printed on wrapper. Sold in either tablet or liquid form.

To overcome in a measure the apple famine a Simcoe woman experimented with the berries of the mountain ash for making jelly and met with excellent results.

The onion crop at Leamington has been the best in years and dealers are now buying at \$2.30 per bag. One large grower will probably realize \$40,000 from his crop and others all the way from \$1,000 to \$20,000.

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies—Mother Graves' Worm Exterminator.

The favorite hobby of Princess Mary of England is to collect photographs of aviators.

Single women in Sweden are allowed to serve on juries, but married women are barred.

COUNTY OF LAMBTON

Treasurer's Notice as to
Lands Liable For Sale
for Taxes, A. D. 1917

TAKE NOTICE that the list of lands in the County of Lambton liable for sale for arrears of taxes by the Treasurer of the County of Lambton has been prepared by me and that copies thereof may be had in the office of the County Treasurer.

AND FURTHER take notice that the list of lands for sale as aforesaid is now being published in the Ontario Gazette in the issues thereof bearing date 14th, 21st and 28th days July and the 4th day of August 1917.

AND FURTHER take notice that in default of payment of the taxes in arrears upon the lands specified in said list, together with the costs chargeable thereon as set forth in the said list so being published in the Ontario Gazette before the day fixed for sale of such lands, being the 20th day of October, A.D. 1917, the said lands will be sold for taxes pursuant to the terms of the advertisement in the Ontario Gazette.

AND FURTHER take notice that this publication is made pursuant to Assessment Act Revised Statutes of Ontario 1914, Chapter 195, Section 149, Sub-sec. 3.

Dated at Sarnia this 16th day of July, A.D. 1917.

H. INGRAM,
Treasurer of County of Lambton.

192013

HAVE you tried our
Bread lately? It
is the cheapest
and most nourishing
food that you can use.
It is good from the outside crust to the inside last crumb. 10c per loaf.

A nice fresh stock of Cakes
always on hand.

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ROYAL YEAST

HAS BEEN
CANADA'S
FAVORITE
YEAST FOR
MORE THAN
30 YEARS

MAKE PERFECT
BREAD

MADE IN CANADA

FARM E

100 ACRES, being
a township of 1
are a frame house and
water. Place all seeds
apply to

05-61

FARM E

EAST HALF of Lot
1, 1/2, 1/4, 1/8, 1/16, 1/32, 1/64, 1/128, 1/256, 1/512, 1/1024, 1/2048, 1/4096, 1/8192, 1/16384, 1/32768, 1/65536, 1/131072, 1/262144, 1/524288, 1/1048576, 1/2097152, 1/4194304, 1/8388608, 1/16777216, 1/33554432, 1/67108864, 1/134217728, 1/268435456, 1/536870912, 1/1073741824, 1/2147483648, 1/4294967296, 1/8589934592, 1/17179869184, 1/34359738368, 1/68719476736, 1/137438953472, 1/274877906944, 1/549755813888, 1/1099511627776, 1/2199023255552, 1/4398046511104, 1/8796093022208, 1/17592186044416, 1/35184372088832, 1/70368744177664, 1/140737488355328, 1/281474976710656, 1/562949953421312, 1/1125899906842624, 1/2251799813685248, 1/4503599627370496, 1/9007199254740992, 1/18014398509481984, 1/36028797018963968, 1/72057594037927936, 1/144115188075855872, 1/288230376151711744, 1/576460752303423488, 1/1152921504606846976, 1/2305843009213693952, 1/4611686018427387904, 1/9223372036854775808, 1/18446744073709551616, 1/36893488147419103232, 1/73786976294838206464, 1/147573952589676412928, 1/295147905179352825856, 1/590295810358705651712, 1/1180591620717411303424, 1/2361183241434822606848, 1/4722366482869645213696, 1/9444732965739290427392, 1/18889465931478580854784, 1/37778931862957161709568, 1/75557863725914323419136, 1/151115727451828646838272, 1/302231454903657293676544, 1/604462909807314587353088, 1/1208925819614629174706176, 1/2417851639229258349412352, 1/4835703278458516698824704, 1/9671406556917033397649408, 1/19342813113834066795298816, 1/38685626227668133590597632, 1/77371252455336267181195264, 1/154742504910672534362390528, 1/309485009821345068724781056, 1/618970019642690137449562112, 1/1237940039285380274899124224, 1/2475880078570760549798248448, 1/4951760157141521099596496896, 1/9903520314283042199192993792, 1/19807040628566084398385987584, 1/39614081257132168796771975168, 1/79228162514264337593543950336, 1/158456325028528675187087900672, 1/316912650057057350374175801344, 1/633825300114114700748351602688, 1/1267650600228229401496703205376, 1/2535301200456458802993406410752, 1/5070602400912917605986812821504, 1/10141204801825835211973625643008, 1/20282409603651670423947251286016, 1/40564819207303340847894502572032, 1/81129638414606681695789005144064, 1/162259276829213363391578010288128, 1/324518553658426726783156020576256, 1/649037107316853453566312041152512, 1/1298074214633706907132624082305024, 1/2596148429267413814265248164610048, 1/5192296858534827628530496329220096, 1/10384593717069655257060992658440192, 1/20769187434139310514121985316880384, 1/41538374868278621028243970633760768, 1/83076749736557242056487941267521536, 1/166153499473114484112975882535043072, 1/332306998946228968225951765070086144, 1/664613997892457936451903530140172288, 1/1329227995784915872903807060280344576, 1/2658455991569831745807614120560689152, 1/5316911983139663491615228241121378304, 1/10633823966279326983230456482242756608, 1/21267647932558653966460912964485513216, 1/42535295865117307932921825928971026432, 1/85070591730234615865843651857942052864, 1/170141183460469231731687303715884105728, 1/340282366920938463463374607431768211456, 1/680564733841876926926749214863536422912, 1/1361129467683753853853498429727072845824, 1/2722258935367507707706996859454145691648, 1/5444517870735015415413993718908291383296, 1/10889035741470030830827987437816582766592, 1/21778071482940061661655974875633165533184, 1/43556142965880123323311949751266331066368, 1/87112285931760246646623899502532662132736, 1/1742245718635204932932477990050653