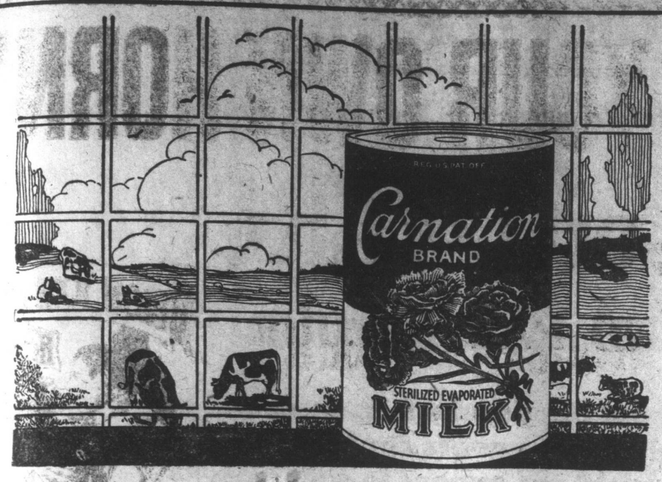

A Milkman Who Takes Water Out!

One of the favorite themes of the jokesmith is the milkman who waters his milk.

Though the joke has little basis in fact, yet you have heard it many times.

But have you ever thought of the milkman who does exactly the opposite—the milkman who takes water *out?*

That's what the Carnation milkman does—and here's why he does it:

Millions of people, all over the world, use Carnation Milk regularly; it comes to them from some of the finest dairying sections of Canada.

It seems foolish to pay transportation on all the natural water in this milk, so most of the water is removed.

Such removal serves to concentrate and enhance the food values in the milk, making it richer and smoother.

It also explains the satisfaction with which so many people use Carnation Milk undiluted in place of costly cream, in coffee or on cereals and fruits.

Remember, Carnation is simply pure milk, evaporated, sterilized; nothing is added, no sugar or preservative of any kind.

You can restore it to its original strength and consistency merely by putting back the water that has been taken away.

Order with the groceries—several tall (16 oz.) cans or by the case of 48 cans.

Baking That Fairly Melts in the Mouth

Mary Blake's free 32-page Carnation Recipe Book tells you how and a lot more besides. Over 100 tested recipes—beautifully illustrated. Send the coupon below today. Meanwhile, try these recipes:

CARNATION CREAM PIE

1 cup Carnation Milk, 1 cup water, 3 eggs, ¾ cup sugar, ½ teaspoon salt, ½ teaspoon vanilla, 2 tablespoons flour. Heat Carnation Milk and water. Mix together yolks of eggs, sugar, flour, salt, pour hot liquid over this and cook until stiff. Pour on to stiffly beaten whites of eggs, fold together, add vanilla, pile lightly in baked crust and brown in moderate oven.

RICE CREAM

1 cup Carnation Milk, 1 cup water, ½ teaspoon salt, 1½ cups cooked rice, 2 eggs, ½ cup sugar, 1 teaspoon vanilla. Scald Carnation Milk and water, add rice, egg yolks, sugar and salt. Cook until thick in double boiler. Remove from fire, add stiffly beaten whites of eggs. Add vanilla, cool and serve with cream. This serves six people.

This coupon entitles you to one copy of Mary Blake's Cook Book which contains over 100 carefully tested recipes. Cut out this coupon and mail to Carnation Milk Products Co., Ltd., Aylmer, Ont.

Name.....

Street.....

City and Prov.....

Carnation Milk

"From Contented Cows"

The Label is Red and White

Carnation Milk Products Co., Limited, Aylmer, Ont.

Christian Holtum Again Scores at Star Movie

Christian Holtum, the American Baritone now appearing at the popular Star is undoubtedly making a big hit with his beautiful voice. He possesses a voice that is most unusual, and his delightful and clear enunication proves he is master of his profession. His interpretation last evening of Kipling's "On the Road to Mandalay," was sung in a way that we have not heard before in this city. He sings in a masterly way that only an accomplished artist is capable of doing. The applause he received was a lengthy one, and to such an extent that he was obliged to respond to an encore. His rendition of Harry Lauder's "I Love a Lassie" was a decided hit, and though the Scotch dialect is not an easy one to deliver, yet Mr. Holtum did it in a most pleasing way. There is no doubt but he has now endeared himself to our music loving people, who hope his stay in the city will be a long one. For to-night he has an entire change and will render "Because," and another of Harry Lauder's numbers entitled "When I was Twenty One."

There is also a complete change of pictures, the feature being a First National in eight parts entitled "Inez from Hollywood" with Anna Q. Nilsson Mary Astor and Lewis Stone, a story dealing with the bacic stage work as seen in Hollywood. It is the life story of the stage, and one that will surely please all.

GORY LITERATURE.

"My life goes on, a dull routine," said James Adolphus Jones; "I toil to earn the good long green, the roubles and the bones. In Quigg & Quiller's Gold Brick store I'm selling chewing g u m; each day is like the day before, and like the day to come. All day I'm patient and polite, as gracious as can be; and then I journey home at night, and drink three quarts of tea. I drink three quarts of tea, my boys, and as the glad hours go, I wallow in such gory joys as only meek men know. I read those startling magazines which deal in death and doom, in which the heroes are machines that send men to the tomb. I read of pirates long and lank who spread their ebon sails, and make their victims walk the plank, for dead men tell no tales. The grim avengers of the woods, with notches on their guns! They are the stuff, they are the goods, for routine-weary ones. If I were treading forest trails, and leaving blood in pools, I'd doubtless hanker for the tales which treat of Sabbath schools. I'd want to read the sunshine books in which fair dimpled maids holds picnics in the sylvan nooks, in moral glens and glades. But people read that they may roam from drab familiar things, that they may leave their humdrum homes and scrap for fighting kings. To me, the meekest man on earth, night is a happy time; and any tale has little worth that doesn't reek of crime."

RICHARD HUDNUT
THREE FLOWERS COMPACT
With Puff and Mirror
Meets the requirements of those wishing an individual box of Rouge or Powder.
Supplied in all Popular Shades.

Canadian Author Suing H. G. Wells

TORONTO WOMAN ASKS $500,000, CLAIMING ILLEGAL USE OF WORK.

TORONTO, Oct. 15.—(C.P.)—In a writ issued at Osgoode Hall yesterday afternoon in which Miss Florence A. Deeks, of Toronto asks $500,000 damages and seeks an injunction restraining the publication and sale of "The Outline of History." H. G. Wells, the author of the work, is named as chief defendant with the MacMillan Co. of England, the MacMillan Co., Inc., of New York, and the MacMillan Co., of Canada, mentioned as joint defendants.

Miss Deeks claims that "The Outline of History," contains in whole or in part and without her consent an unpublished literary composition or work of hers known as "The Web." She also seeks a mandatory injunction for the delivery or destruction of all books, an accounting of the sales by the defendants of "The Outline of History," alleged to contain her work and for an accounting of the profits. The $500,000 is named as damages "for illegal use and publication and producton and for infringement of property rights."

PREMIUMS--PREMIUMS

We beg to announce that for one week, commencing Monday, October 19th to Saturday, October 24th, we will give the following Premiums FREE to all purchasers of General Dry Goods, from 8.30 to 12.30 p.m., subject to the conditions printed below:

With each $2.00 Parcel	1 Pr. Girls' Gloves— Worth . . . . . 36c. to 50c.
With each $2.50 Parcel	A Lady's Brassier, worth . . . . . 57c. Or, 1 pair Girls' Gloves, worth . . . . . 55c. to 72c.
With each $4.00 Parcel	1 Pr. Child's Stork Pants, worth . . . . . $1.15 Or, 1 Lady's Brassier, worth . . . . . 67c. to 86c. Or, 1 Pair Child's Wool Pantalettes, worth . . 90c.
With each $5.00 Parcel	1 Pr. Infant's Legging Drawers, worth . . . . . $1.25 Or, 1 Lady's Brassier, worth $1.20
With each $8.00 Parcel	1 Infant's Flannelette Night Dress— Worth $1.35
With each $10.00 Parcel	1 Infant's Flannelette Night Dress, worth . . . $1.90 Or, 1 Pair Lady's D. & A. Corsets.
With each $20.00 Parcel	1 Lady's Dressing Jacket— Worth $4.70

MORNING SALES ONLY.

BOWRING BROTHERS, Ltd.
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NEW HOTEL

To Contain 150 Rooms--- Opening June 1st., 1926.

Day by Day in Every Way
WATCH IT GROW!

Newfoundland Hotel Facilities, Limited.

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SIDE TALKS.

By Ruth Cameron.

WHEN HE WANTS TO BRING COMPNY HOME.

A Letter Friend wants me to write something about the heartless husband who is always wanting to bring home company, although he knows that with small children and with all the housework to do his wife has her hands full. Sometimes when she's just aching with tiredness her husband will call from the office and ask if he can bring a man out to dinner, and if she protests he's likely to be sore about it. Yet he pretends to love her. Doesn't he know how hard she works? She says she can't see what he can be thinking about.

Of course she can't. You see she's on the other side of the fence. The only way for her to understand what he's thinking of would be for her to be a husband for awhile.

And the only way for him to really know how much he is asking would be to be a wife for awhile.

Two Questions.

This woman says that her husband is rather inhospitable. He thinks he's hospitable. She'd like to know how hospitable he'd be if it meant getting a special dinner and getting the children dressed up nice instead of just asking someone to come out and sitting at the head of the table and beaming at them.

It's not an unnatural question.

But perhaps he might ask in return how keen his wife would be at working all day long under a bad tempered boss to support a home if he couldn't then show his home and his wife and children off to someone once in a while. Wouldn't she get to wishing she was a bachelor again, if all she got out of it was a chance to pay the bills.

And that, too, wouldn't be so unnatural a question.

The Woman Gives More But Gets More

The point is that when the babies are small it is a hard time for both man and wife. It is harder for her in one way because she has to work much harder. But it's harder for him in another because the babies are more of a compensation to her. She gives more but she gets more.

I suppose that there are few homes in which this sort of discussion doesn't sometimes come up.

There is a touching little passage in one of Zona Gale's books on this subject. The man who has just met an old friend and his son says proudly: "'You must see my two. And the little woman. We'll have you round to supper some night.' Even as he said it he was shot with a pang of fear that he might not be able to bring it off. Nor was he able. When the matter was presented to the little woman she replied that with two babies on her hands, and all her housework she wasn't going to have any company and he needn't think it. Romance in Buck's household was at that stage."

One can understand the woman's standpoint but at the same time one is touched by Buck's hopefulness, his probably fearful broaching of the subject and his disappointment.

A Happy Circle For A Vicious Circle.

What is the fair way out then? How should the problem be solved? So far as it can be, by reasonableness, by an attempt to understand each other's feelings, on both sides. If the man is willing to help in some way to offset the extra hard work, to help in the housework, or looking after the children, surely the woman will be willing to make an extra effort, and if she does that surely the man will show his appreciation by not being unreasonable and by the words of praise and the little treats that mean so much to a woman. And so for a vicious circle would be substituted a happy circle.

RICHARD HUDNUT
THREE FLOWERS TALCUM
Your choice of the Three Flowers odor presented in a Talcum Powder fine of Quality and Daintily Packaged.

Anzac Day, April 25, Full Holiday

MELBOURNE, Australia, Oct. 15—The Legislative Assembly of Victoria has passed a bill providing for the observance of "Anzac Day," April 25, as a completed holiday in that state.

Anzac Day is historical as the date, April 25, 1915, on which the combined Australian and New Zealand army corps landed at Gallipoli and gave such splendid service to the Allied cause in the war. The initials of the forces of the two sister Dominions were formed into the word "Anzac," which immediately caught the imagination of the people throughout the Empire, and since then the Australians and New Zealanders who fought so valiantly together have been known as the "Anzacs."

French Losses in Syria Total 6,042

PARIS, Oct. 15—The French losses in Syria since France took over the mandate of the League of Nations have amounted to 6,042 men killed or wounded up to July 31 last.

Premier Painleve made this announcement to the Finance Committee of the Chamber. He said he did not have the casualties of the August and September Suedia campaign before him.

The mandate for Syria was assigned to France by the Supreme Council of the Allied Powers April 25, 1920, and was confirmed by the League of Nations July 23, 1922.

MUTT AND JEFF— THIS TIME CLOCK WAITS FOR NO MAN. —By Bud Fisher