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Stormy Weather North.

Very stormy weather has been in evidence in the North during the past week or so, and the Government coastal steamer Prospero has been held up for several days. The Sagona Reids' coastal boat, experienced the full force of the storm while on the Labrador coast, but succeeded in making harbor safely.

THE BATTLE WON

Confidence in your physician or the tonic that he may prescribe, is half the battle won. The consistent use of

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always begets confidence in those who take it. Scott's is a tonic-nutrient recommended by physicians everywhere. Let Scott's help you win your battle against weakness.

Two Falls Contrasted.

NIAGARA AND THE VICTORIA OF ZAMBESI.

While Niagara Falls will continue to hold their own as a mecca for sightseers and other travelers, they must henceforth submit to competition with another natural wonder, the Victoria Falls of the Zambesi, as Africa becomes frequented by tourists. From being a place of mystery, the falls in 1855, had great difficulty in persuading his followers to accompany him, the falls now are visible from a railway, that crosses the river half a mile below them, and they lie under the proposed route of the Cape to Cairo aerial service, which is to be established this autumn.

Louis Livingstone Seaman describes his visit to Victoria Falls and contrasts them with Niagara, as follows:

"Our approach was made by rail from the Indian Ocean at Belra, near the mouth of the Zambesi (that hotbed of micro-organisms, described by James Bryce as the most deadly in Africa), and across the narrow belt of swamp and jungle forming the coast; thence up the gradual slope of the volcanic plateau that forms the real continent of Africa.

"By morning an altitude of nearly 4000 feet was reached, and a transition from the excessive heat and moisture of the lowlands was experienced that was most grateful and exhilarating.

"This section still abounds with antelope, elephants, lions and other large game, which feeds excellently in the tall elephant grass or the dense forest.

"The river hippopotami still gambol and bound in ungainly herds amid the bounding islands of rank vegetation, the reeds and papyrus.

"Early in the morning of the third day we were suddenly awakened by the guard and treated by a scene of beauty never to be forgotten. Some ten miles distant five enormous columns of vapor were shooting their smoke-laden shafts hundreds of feet heavenward, while the faint roar of the falls told us the Mosioa-Tunga—the smoke that sounds—was no longer a mystery.

"Each moment increased the beauty and vividness of the scene. With the first rays of the rising sun came a picture of color of wondrous loveliness. Delicate tints of violet, crimson and burnt played through the smoky spray as it shot higher and higher, ultimately disappearing as virgin clouds in heaven, while the ever-increasing thunders of the waters lent an added solemnity to the view.

"Hardly could we wait to reach our destination, so great was our enthusiasm. But our hopes were doomed to momentary disappointment, only to be more than realized after a study of the environment; for, notwithstanding their magnitude, the

first view of Victoria Falls is decidedly disappointing.

"Although nearly a mile in width and 400 feet in height, the grandeur of their proportions is eclipsed by the sudden disappearance of the river, as it plunges into a narrow, rocky fissure extending across its entire width. Only at a single centre point is there a breach in this fissure through which the falls can be seen and appreciated in their full proportions, where the converging waters rush madly to the narrow canyon below. So restricted is this view that there is an entire absence of that awe-inspiring and almost paralyzing effect which strikes the visitor dumb with wonder and amazement when Niagara bursts on his near vision. On first sight of the Victoria Falls one involuntarily exclaims, 'Oh, how beautiful!' but they lack the majesty of our grand Niagara.

"No single visit can reveal the fullness of their charms, but repeated excursions must be made to their islands and precipices, their grottoes and palm gardens, their rain forests and projecting crags, their rainbows and cataracts and many-sided views of their exquisite setting in the emerald framework of tropic forests, before their indescribable beauty can be appreciated. The fascination of discovering new and hidden charms from different points of view grows on the visitor and becomes one of the greatest attractions.

"Had the falls been in America, the Indians would have named them Mianchaba, Laughing Waters; for like a coy maiden are their fascinations, half concealing, half betraying their beauties, and requiring much wooing before revealing all their loveliness of hidden treasures and charm."

Items of Interest.

GATHERED FROM EVERYWHERE.

Mrs. Marie Anna Mertens Steinway, of New York, and her son and daughter are named as sole legatees under the will of the late Charles H. Steinway, president of Steinway & Sons, piano manufacturers, sharing between them an estate estimated from five to ten million dollars.

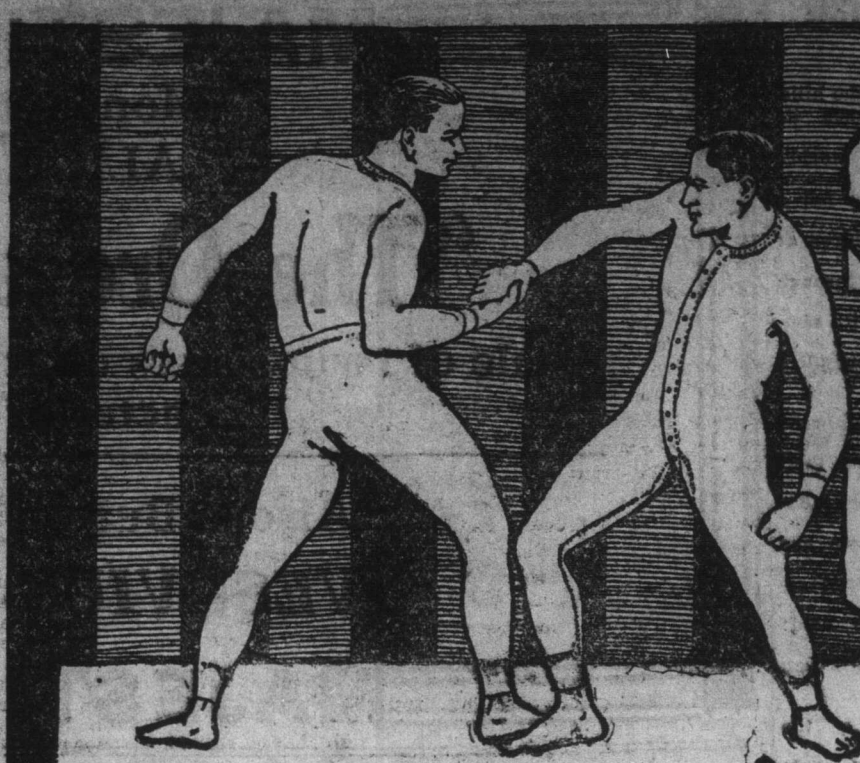
Mrs. George Fraser, Milton of Fin-narey, Aberdeenshire, who has died at the age of 101, leaves a family of six sons and three daughters (all alive except the eldest son), 50 grandchildren, and a large number of great-grandchildren. "Granny" Fraser was a remarkable woman. She could read the newspapers without spectacles, and, during the war, she "did her bit" by knitting socks for soldiers.

That twenty-thousand priests served as officers and privates in the French army during the war and that 3,276 of them had made the supreme sacrifice was one of the points brought out in an address by Rev. Abbe Fournier before the LaFontaine Council of the Knights of Columbus, at Montreal, recently. The Rev. Fournier served in the trenches as a pilot, as an artillery gunner, as a stretcher bearer, and finally as a chaplain.

By her marriage to Lieut-Colonel Hawes in Paris, Millicent Duchess of Sutherland equalled the thrice-wedded record of her immediate predecessor in the title, Mary Duchess of Sutherland. "Mary Duchess" was the duchess who went to prison for contempt of court. She destroyed some documents vital to a suit in which she was concerned. One of her marriages contained many of the ingredients of a novel. Her first husband, Mr. Blair, was accidentally shot by the Duke of Sutherland, who became her second husband. Her third husband was Sir Albert Kaye Rolitt, but they parted soon.

Leonard Mason, a youth of 16, who lives with his parents at Leicester, G. B., turns the scale at 406 pounds, and is probably the heaviest boy in Great Britain. Some of his measurements are: Arm, 23 inches; chest, 44½ inches; thigh, 38 inches; calf, 24½ inches. Like their parents, the other members of the family, two sisters and a younger brother, are normal. Leonard himself was quite an ordinary baby, though very early in life he began to show signs of extraordinary development. His health is wonderfully good, and his complexion is one that ladies might envy. Since leaving school some years ago, he has increased considerably in weight. His height is 5 feet 3 inches.

Pheron, the 11-year-old son of Captain Harry F. Miller, is dead at Precept, L. I., as the result of an accident without parallel in medical annals. The boy's brain was pierced by a twig driven through his nostril in a fall while he was at play. Last Sunday week with a number of companions he was playing leapfrog over a hydrangea bush when he fell, and the broken stem of a blossom entered his nostril. The twig was extracted by Dr. Runcie. It was driven so tightly that ordinary medical forceps were not equal to withdrawing it, and Dr. Runcie was forced to use heavy pliers. The boy seemed to suffer no serious injury, though in much pain. Mon-



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Butter must be yellow to please the purchaser and is therefore frequently colored with yellow dye.

People demand White Flour and consequently Flour is often bleached to remove its natural creamy tint.

RAINBOW FLOUR is Not Bleached

The Challenge.

day night he suddenly was seized with a convulsion and was removed to the hospital in Manhattan. An examination by specialists showed that the twig had penetrated the anterior lobe of the brain, resulting in spinal meningitis. An operation was pronounced imperative if the boy's life was to be saved. It was performed Tuesday afternoon, but the boy died on the operating table.

Do not suffer another day with itching, bleeding, or protruding piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and so certainly cure you. See a box at dealers or Edmunds, Baker & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 5c. stamp to pay postage.

The record which was made by Maritime Methodism during the period of the war is one of which she has no need to be ashamed. When the call came for recruits to fill the ranks there was no hesitancy, but her sons went forth to offer their lives in a great crusade. When appeal was made for services, such as mothers, wives and daughters could render, again their was instant response and valiant services were rendered. To the appeals for financial support there seemed to be no limit to the response which was given, and again and again in multitudinous ways

the Church has given evidence of its loyalty to King and Country. But a question now arises. Shall Maritime Methodism make as hearty a response and write as fine a record in this new crusade of the Methodist National Campaign as was done in the case of a purely patriotic enterprise? For the purposes of the Empire of Christ can we find men and women who will join the great armies of intercessors and personal workers. When the cause of God and the salvation of men makes its appeal will there be hearty response to recognize the Stewardship of Life and to offer for Life Service to the King of Kings, Methodism in the Maritime Provinces did not weary in giving of its wealth to numerous Patriotic Funds, what

then will it do when the Church of God languishes for lack of means to perform its tasks? These are questions which are fair and which must be answered. Eastern Methodism ought to reach the objectives in this Forward Movement and she must.—Ex.

For Chest Colds and Croup, Colds in the Back, Spasmodic Croup and any congestion, inflammation or pain caused from Colds, use Grove's O-Pen-Trade Salve. It Opens the Pores and Penetrates the Skin. Its stimulating and Healing Effect soon gives relief. 35c. per box. If your Druggist hasn't any, send 35c. in postage stamps to Paris Medicine Company, 133 Spadina Ave., Toronto, and a full-size box will be mailed to you promptly.

Beatitudes for the Church Member.

Blessed is the church member who will not lose the dare of faith or cut the nerve of aggression.

Blessed is the church member whose optimism sees through the clouds, knows God reigns and helps daily to make the world right.

Blessed is the church member who finds time to keep the homes fires burning, who has a place for the family altar and will let nothing hinder from daily offering thereon the incense of prayer.

Blessed is the church member who will not shelve the midweek and Sunday services for his own pleasure or profit, or because he has a visit from his mother-in-law or the weather is unfriendly, or he has multitudinous desires to lie down.

Blessed is the church member who is generous with his money. Verily, he loveth in his purse as well as in his professions. He shall be like the ocean lavish with blessings, like the sun bestowing a kindly light on many, like his Lord raining his benedictions upon the race.

Blessed is the church member who has no criticisms he will not share first with his pastor, no grouch he will not give a speedy funeral, no hammer he will not surrender the moment he has knocked to pieces the thing of his fellow members think should go, and no imaginary or real slight that will make him sulk.

Blessed is the church member who regards God's house as the appointed meeting place with his heavenly Father, a spot where the rich and the poor, the wise and the otherwise, the sainted and the sinful worship before a common mercy seat; where aspirations are sent heavenward; fellowship is had with the good who have gone on and those who are doing the real constructive work of the age, and where lamps are trimmed for the coming of the Lord.

Blessed is the church member who is always going about doing good—to little children, because they are bud and blossom of God's future hosts; to the youthful, because they are soon to know the trying fires of life; to manhood and womanhood, because they are Atlas-like bearing the burden of the world; to old age, because it has fought the good fight and will soon make the great adventure. Yea, verily, thrice blessed is he who hears the good singing in his soul, has countless memories of shining faces he has made glad, and keeps bright and enthusiastic his trust in God.—J. Frank Smith in the Dallas World.

MINARD'S LINIMENT CURES BURNS, ETC.