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to me. I took it and it has restored my health. It is certainly the best medicine for woman's ailments I ever saw." Mrs. SARA SHAW, R. No. 1,

other suffering women may find

women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years perience is at your service.

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SIX MILLION JEWS

Starvation and Disease Cause Indescribable Suffering in Eastern Europe.

The hardships of this winter will mean death to thousands of Jews in Poland, unless outside aid intervenes at once according to Lieutenant Shel-ton Wright of the American Red Cross Commission to Poland, recent-ly returned to the United States after nonths of relief work in eastern

He painted a vivid picture of this half-starved people, clad in rags, who are now creeping back toward their devastated homes after months of refugee wandering, and dying of the starvetion and typhus along the starvation and typhus along the

roads, as they go.
"Outside starvation, numerous diseases, attributed to mainutrition and typhus have killed men and women remember a family trying to live un-der an over-turned waggon by the roadside. The mother was dead under a tree a few yards away-she had been dead for days. The father was stretched upon the ground dying of typhus. He died that day. Under the waggon were two little children, both under five, sick with typhus. An older child sat stupidly beside them—a girl driven out of her mind."

Many of the people are driven to making "bread" out of leaves and bark, and "soup" out of grass and water, Lieutenant Wright reported. There was unspeakable joy among them when the American ships, loaded with relief supplies purchased with the funds raised by the American Jewish Relief Committee and other American Jewish agencies, and American and Canadian Red Cross supplies were unloaded at Dansig and ther ports. In spite of the fact that the American Jewish Relief agencies are spending almost \$2,000,000 a month now on their relief work in Poland, and that the Red Cross

Poles will die during the winter un-"Every box-car full of refugees re-turning to their homes has in it those who die along the way, and those who who die along the way, and those who have contracted typhus," Lieutenant Wright said. "The people try to avoid disease by keeping clean, but it is impossible to do so, under existing conditions. Even our nurses and doctors fall ill of typhus, a disease caused by filth and lice."

The Red Cross and the American Jewish Relief agencies are doing their utmost to keep both the Jews and the Gentiles in these stricken lands alive. Six million Jews in eastern Europe face death unless immediate ship-ments of food, clothing, and bedding from Canada and the United States ch them before the cold weather

An appeal for funds is to be made

Look at tongue! Bemove poisons MOBS OF CHILDREN **CRAVING FOR BREAD**

dows for Hours at a Time, Hoping for Something

starvation and even of death and disries that are able to keep going in Warsaw." Sholom Asch, the famous Yiddish playwright and poet reported to the American Jewish Relief Committee upon his return from Eastern Europe, where he went as a commissioner of the Joint Distri-

loaves of bread, and sometimes cakes that are sold at a simply prohibitive most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity the United States, their taste would taste Full disease and the United States, their taste would taste Full disease and the United States, their taste would taste Full disease and the United States, their taste would taste Full disease and the United States, their taste would taste full disease and the United States, their taste would taste full disease and the United States, their taste would be supported by the state of th taste. Full directions for child's dose still be unknown to the hungry Jewon each bottle. Give it without fear, ish children, who live on the cup of Mother! You must say "Califor-Jewish relief agencies. But the youngsters tantalize themselves with the sight of food, when they cannot get the taste of it.

"They press up to the window, and at first merely stare respectfully at the bread, an uncanny little crew of gaunt small folks with old faces and suffering unchildish eyes. Perhaps it is raining, or the wind is blowing they huddle together for warmth, and has fascinated them, it is so rarely

door ajar for a moment, and the warm fragrance of the bake-shop irifts out to the little ragamuffins, shoes. maddening them. They press closer to the window, their thin little faces against the glass. Those in front put out their tongues and lick the glass, ever write into words the wistfulness

of their faces as they do it.
"One of the men from the bakery comes out and drives them away every few minutes, else they would break the glass. They are afraid of him, and for a few minutes they stand at a distance, their eyes still upon the bread. Then hunger over-

The New York market was profesand prices tended easy,

EUROPE TERRIBLE

Long Processions of Starving Ill-Clad Children Seen Daily on the Streets.

Long processions of little Jewish hildren in Eastern Europe, bearing heir tin cups in their hands, daily walk from their villages to the nearrelief station, according to relief workers in these stricken lands. sometimes journeying five or six miles in order to get the cup of soup with a piece of hardtack, or the mug of

DESTITUTION IN

of the day.

Those tin-cup processions emphaize, as nothing else could do, the relief workers say, the terrible destitu-tion of the Jews in Eastern Europe barefoot, almost without exception. Reports received by the Canadian that both boys and girls are wrapped in burlap, or dressed in clothing relief supplies have come, or in the rags which they have worn during ittle bodies showing through the tatters. They do not walk as children usually do, without effort or restraint, out drag themselves along wearily, and hopelessly, like tired little ghosts condemned to move in hungry Arrived at the relief station, the

that they sit down upon the pave-ments to await their turn in line. Upon the faces of every one of them anxiety. It has to do with the only really vital question in the world to them-whether or not the soup or milk will hold out, until their turn omes. Every day some of them have to be turned away without food, since doing its work on so vast a scale, hundreds of thousands of Jews and funds at present on hand are not al-ways sufficient to care for them all

MILLION CHILDREN ARE CLAD IN RAGS

Their Wasted Bodies Show Thru Tatters, Result of Starvation and Misery.

loom where only one bloomed before two garments exist where only one existed before; yet even this can be recently received by the Canadian Jewish War Relief Committee from

relief workers abroad. wool, is particularly impossible to obhibitive prices. A round million little Towish children in these unhappy Gaze Into Bakeshop Win- wasted little bodies showing through great tatters. Some of these children there are at present neither orphan-ages nor funds for all.

Miss Harriet B. Lowenstein, of New mer of the Joint Distribution Comchase more than a carload of pajamas from the salvage department of the American army in France. made over into clothing for children

wo Russian blouse suits for little boys it was reported. The larger pieces left over in the cutting were used for the cloths that the children of Eastern Europe bind around their

MILLION PAIRS OF SHOES ARE NEEDED

Destitute Jewish Children of Eastern Europe Use Rags to Protect Feet From the Cold.

A million pairs of shoes are need-ed by the destitute Jewish children coldly through the tatters that they to reports received by the Canadian wear, that little barefoot army, but Jewish Relief Committee from relief

workers abroad. 'At least that many of the helpless and hungry Jewish youngsters of

Several carloads of shoes that formerly belonged to Allied soldiers in France were purchased there by the as if, by so doing, they could taste Funds for Jewish Sufferers from the the bread behind it. No poet could War, for the Jewish women of East-Funds for Jewish Sufferers from the ers sold in Europe are at a prohibibarefoot during the hard winter of

Eastern Europe. ceivable kind of clothing, as well as any quantity immediately.

By them by the box and save money.

Guaranteed expired defects

Then hunger over conting, as well as common the bread, then hunger over comes their fear, and they press up to the bakery window again. Soon they are eagerly licking the glass once more. And this goes on all day every day in front of the bakery window again. Soon they are eagerly licking the glass once more. And this goes on all day every day in front of the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more and they press up to the bakery window again. Soon they are eagerly licking the glass once more are also and they press up to the bakery window again. Soon they are eagerly licking the glass once and they press up to the bakery window again. Soon they are eagerly licking the glass once and they press up to the bakery window again. Soon they are eagerly licking the glass once and they press up to the bakery window again. Soon they are eagerly licking the glass once and they press up to the bakery window again. the destitute Jews by Jewish relief agencies are all being made over into are pieced together, and used for this purpose.

> The Toronto Presbytery nominated sional in character. Trading was dull Rev. Dr. J. Ballantyne for the chair

A Witness Testifies



OWES HER LIFE

do not know the good Dr. Pierce's medi-cines would do them if they would try them.
"In regard to my condition, I will say that I suffered from childhood from a very weak back; I had the misfortune of having spinal meningitis when I was one year old and until I was 13 I did not see a well day, but a very kind lady told my mother about Dr. Pierce's Favorite Prescription and she got a bottle to try it. It did me so much good that mather got me 6 bottles. Recent. good that mother got me 6 bottles. Recent-ly I happened with a car accident and hurt my back badly. My doctor gave me up and said I would not live, but I still stick to Dr. Pierce's Favorite Prescription and to my surprise in three weeks I was out of bed and better. I bwe my life to it and nothing "If any sufferer wishes to write I will answer with pleasure."—MRS. NOEL BARTHOLOMEW.

OMMISSIONER HIGGINS HERE TO CONFER ON SAL-

VATION ARMY MATTERS Com. W. J. Richards, head of the Salvation Army in Eastern Canada and Col. John McHillan, Chief Sec retary are conferring with Commisioner Higgins, Chief of Staff and Army for the work who arrived i

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the Canadian officials. He was for having any important bearing upon Com. Richards will have something vation Army affairs in Canada and many years Chief Secretary of the future policy of the Salvation to say in regard to the questions afthe United States, with Commander United States and recently succeeded Army, and its reconstruction work feeting the policies to be followed in Eva Booth, head of the Salvation Com. Howard as Chitf of Staff and are to be taken up at this meeting Canada. Army in the United States and with Second in Command. Many matters and it is expected that on his return ADVERTISE IN THE JOURNAL

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