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Washday. Does away with boiling or scalding and hard rubbing—giving the whitest cleanest clothes. Entirely harmless to the hands, Surprise is a pure hard

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Frame house, 10 rooms and summer itchen, lot 60 ft. by 104 ft. \$8.00.00. Frame house, 8 rooms and summer itchen, lot 60 ft by 208 feet, good

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od's Sarsaparilla gives nerve. nes the whole system, perfects diion and assimilation, and is therethe best medicine a nervous per-

MEDICAL PRACTICE IN CHINA

All Physicians Save the Native Doctor Have Troubles of Their Own.

Dr. Johnson, a well-known medical missionary, who was in New Orleans just before the attack on Tien Tsin. told some curious and interesting things about practice among the Chinese. "They are very trying patients," he said. "and make a strong demand on "They are very trying patients," and doctor's Christian forbearance. To begin with, no Chinaman can be trusted to tell the truth about the history of his case; he simply will not follow directions, and if possible, he will upset the treatment by eating all sorts of outlandish things on the sly-such delicacies as green peanuts, pickled pig's stomach, decayed fish roes, raw turnips and Chinese pears, which are as hard as a rock and about as nutritious as

"Our mission hospitals made the mistake at the outset of treating everypody gratuitously, and the consequence was that they were overrun with people who were amply able to pay, and who had no sympathy whatever with the cause. There was absolutely no sense in giving away our time and nedicine to such a class, and at present the mission hospitals have a fixed chedule of charges, ranging from 5 'cash." or about a quarter of a cent for a quinine powder, to 2,000 cash for minor surgical case. The bona fide aupers, of course, are treated free. One of the large hospitals at Chefoo ried the experiment of posting a notice that patients would be expected to deposit whatever they were able to give in a box fastened to the front gate and charitable German visitor started the thing off by putting in £5. During the first month over 900 cases were treated, indoors in clinic, and the box was then opened. It was as empty as a drum. Even the £5 had disappeared. After that the fee system was introduced. The missionary doctors are occasion ally called in by the wealthy class and generally charge a good, round fee for such service. I was sent for last spring to prescribe for the mother of a I would have to feel her pulse by means of a silk cord extending out from the bedroom. I went through the solemn farce, and charged \$20 'for style.' Subsequently I saw my patient

"A good deal that has been written about the strange methods of the na-tive practitioners is all moonshine," continued Dr. Johnson, "but the truth is singular enough without any embel-lishment. The first task of a Chinese medical student upon entering the Im-perial College at Shanghai is to learn the 300 'life spots' in the human body. A 'life spot' is supposed to be a place through which a needle may be passed without causing death. The Chinese believe firmly in demoniacal posses-sion, and their doctors do a great deal of stabbing and prodding to make holes for the purpose of letting out the evil spirits that are causing the sickness. I was called to see one poor fel-low who was dying of jaundice, and Township of Chatham, 50 counted over eighty punctures in his that cleared. Good house, and chest and arms. The Chinese practitioners had furnished the demon with luable suburban residence, 11 plenty of exits, but he declined to dens. with 11 acres of land. Good part. When a criminal is executed the native doctors are nearly always on hand to secure sections of the body to use in compounding their medicines A powder made of the thigh bones is believed to be a specific for the diseas known to science as 'miner's anaemia, which is caused by a parasite, and easily controlled by proper remedies. Sore eyes, due to chronic cold, or 'catarrhal ophthalmia, as it is called technically a very common malady in China, and is treated with an astonishing prescription composed of powdered san dalwood, the 'skin' of eggs and an off

made by boiling monkeys' toes. "I could go on by the hour recalling other preparations equally fantastic. There is absolutely nothing approaching system in Chinese medicine. It is based wholly on humbug and mystification, and that is the reason why so many strange and outre substances are employed as remedies. The idea is to awe the patient. It is an amusing fact that during my stay in Chefoo I treated every doctor in the city. They wouldn't take their own nostrums. That was carrying the joke too far."-New Or-

Slave to Illuminating Gas. San Francisco physicians are studyng the most remarkable drunkard that has ever come under their observation. His name is William A. Ashell and he s a confirmed and cunning slave to il-

uminating gas. Asbell declares gas is a better intoxicant than liquor and a better "dope" than ether, morphine, opium or cocaine. He is hopelessly enslaved by the habit, and will lie, steal or resort to any trick for a chance to place his mouth over a gas jet, turn the knob and fill his lungs with the fumes. Physicians say the stuff will certainly kill

Asbell says the sensations that folow an inhalation of gas are far more pleasant than those following the taking of a dose of any drug. "You feel as if you were floating in air," he says.
"But it gives you a terrible cough. It catches me in the chest sometimes, and than I have to suffer. Yet that passes away after a time. Gas has pretty nearly the same effect as ether, except that when you take ether you feel as if you were choking. With gas you do not feel that way. When you lie down after taking gas there are dreams—beautiful dreams—that lift you away from the earth, way from pain, to the very gates of paradise. Of course, when you wake up you feel bad, and especial ly about the chest. But a depressing feeling follows the use of any good drug. I don't care for any of the drugs that physicians give to kill pain, so

long as I can get a breath of gas now Asbell has been a railroad man, and his slavery to the gas habit was dis-covered while he was in a railroad hospi'al. He did not respond to treatment and physicians discovered that he was surreptitiously taking gas. They tried to break him of it, but could not, and sent him from the hospital. Now he is at the City and County Hospital, and, in spite of all warrings and all precautions, slips to a gas jet two or three times a day and inhales a large quantity of the stuff. He immediately falls into a sleep of several hours.

No matter how clever we are, there are others clever enough to blot out efforts into ciphers.

RICH AND HEAVY FOOD

MALT BREAKFAST FOOD

It is unwise to fill the stomach with ich and heavy food which takes al the energy of the body for its proper digestion. Malt Breakfast food fur-nishes the greatest amount of nutriment and energy for each day's work and does not exhaust existing energy For summer breakfast, there is nothing equal to Malt Breakfast Food Your grocer sells it.

When a man stops telling his wife that he loves her it is time for her to stop telling him that he doesn't.

When a boy turns his bulging poc ket inside out we marvel at the quantity and variety of articles he has stowed away. Odd lengths of string, marbles, a horse-chestnut, a top brass nails, hickory-nuts, an apple and many more articles are garnered by this "snapper up of unconsidered trifles." We think the collection must be hard on a boy's pocket. And it is. But do we ever think of the variety and miscellany of the substances we put into the pocket of our sto mach? There's the apple and the nuts, and things besides quite as indigestible as brass nails and with no more food value than so many marbles. And yet we wonder that the stomach "gives out." When the stomach breaks down under the strain of careless eating and irregular meals i can be perfectly and permanently re-stored to health and strength by the use of Doctor Pierce's Golden Medical Discovery. The action of this medi-cine on the stomach and other organs of digestion and nutrition is so mark-ed, that relief from disease is at once experienced, and the headaches, liver "troubles" kidney disorders, skin eruptions and other symptoms of a liseased stomach are quickly cured Whenever the use of a laxative medicine is indicated, use Dr. Pierce's Pleasant Pellets. They act in harmony with the "Discovery" and assist its action by purging the bowels of foul accumulations.

"The consent of the governed!" Did anybody ever consent to be govern

Dear Sirs,-Within the past year I know of three fatty tumors on th head having been removed by the ap-plication of MINARD'S LINIMENT without any surgical operation, and there is no indication of a return. CAPT. W. A. PITT,

Gondola Ferry. Clifton, N. B.

Probably the average mouse think omen are the most dreadfully immodest creatures it ever saw.

How Catarrh Polsons the System

Few people realize the vast as of ill health that arises from the absorption of catarrhal poisons into the system. Langour, sleeplessness, loss of appetite, indigestion and many other discomforts are caused by catarrh. But to know this is only half. Catarrh is a most deadly disease, and affects more than 90 per cent. of the people to-day. It undermines health and if unchecked will surely and quickly lead to the grave. Consump ion can be traced back in most in stances to a bad cold or catarrh that was neglected Don't court this white plague, insure yourself at once against it by inhaling Catarrhozone, pleasant antiseptic medication that s inhaled into the lungs, nasal passages, throat and bronchial where it kills disease germs and prevents their development. Catarrhozone heals inflamed surfaces, relieves congestion, clears the head and throat, aids expectoration and absolutely cures Catarrh and Bronchitis. Quick relief, cure guaranteed, pleasant to use. - Price 25c. and \$1. Druggists, or Polson & Co., Kingston, Ont The tongue is the most generous or-gan in the body.

Cook books were written to make women think their mothers didn't know how to cook.

Corns ! Corns ! Corns !

Tender corns, painful corns, soft corns, bleeding corns. The kind of corns that other remedies have failed cure-that's a good many-yield quickly to Putnam's Painless Corn Extractor. Putnam's Corn Extractor has been a long time at the business experience in fact just know to do it. All druggists.

The second week her husband sick a woman looks over all her old black dresses.

Sure Cure for Sea Sickness, Nausea. Maladies of this type yield instant-ly to Polson's Nerviline, and if you suffer periodically from these com-plaints, just keep Nerviline at hand. A few drops in sweetened water gives instant relief, and in the course of half an hour the cure is complete. A large 25c. bottle of Nerviline in the house will save doctor bills, and a vast amount of suffering every year. Every time an argument gains you a new friend it loses you two old

A woman is so constituted that whenever she doesn't smile she has to make faces.

THE KIDNEYS AND THE SKIN. In the spring, the kidneys have much to do. If they are weak or tor-pid, they will not do it well, and the skin will be pimply or blotchy. That s telling the story in a few words. Hood's Sarsaparilla strengthens and stimulates the kidneys, cures and pre-vents pimples, blotches and all cutaneous eruptions.

Don't fail to take it.

Buy a bottle to-day. Minard's Liniment Cures Dandruff. MOST SOBER OF NATIONS

Coss Alchehol Used Per Head in United States Than in Other Countries Americans are more temperate in the use of alcoholic drinks than any other of the great civilized peoples of non-Mahometan lands.

The statistics of drinking in various

countries are significant of the condi-tions of the people. The average Amer-ican not only drinks and spends much less for drink than most people, but his taste demands the milder and less powerful stimulants. The greatest drinkers in the world

are the French. They drink far more and naturally spend more money for drink than any other civilized people. The English rank next in the quantity they drink, but their taste is for very much less expensive liquors. Germany ranks third in the list. It is somewhat surprising to find that Italy, Norway, Sweden, Denmark and

Switzerland come next in the scale before the United States. The average consumption in the United States is less than half that of France and considerably below the general average of Europe. The figures themselves are surpris-ingly large. In France every man, wo-

man and child consumes on an average 32 gallons of alcoholic stimulants every year. Of this 19 gallons are of wine, 11 of beer and 2 of spirits.

The average Englishman drinks 28 gallons a year, and of this 27 gallons is

beer and but half a gallon of wine and The Germans do not sustain their reputation for beer drinking according to the statistics. Each drinks 21 gallons in all, 18 of which consists of beer,

2 of wine and the rest spirits.

The average American drinks but 12 gallons in all. Of this .04 gallons is of wine, 10.5 of beer and the rest spirits. The temperance of the American is best shown by comparing the equivalent in alcohol contained in the liquors he drinks with that consumed by his cousins. The Frenchman drinks in a year 3.5 gallons of alcohol, the German 2.2 gallons, the Englishman 1.9; the average for all Europe is 1.6 gal-lons and in the United States 1.2 gal-

The average consumption varies widely from year to year. During the last sixty years in the United States it appears that in 1880 the smallest amount of liquors was consumed and

the largest quantity in 1860.

A slight increase has been recorded in the past few years. In England there has been a steady decline in the quantity consumed for more than a century. Great as is the drinking in England at present, the tables show that it is but one-third what it was at the beginning of the century. In France the quantity of liquor us inhabitant has been gradually increas

ing for nearly a century. The statistics covering the expendi ture of various nations for liquor of all forms are also significant. As might be expected, the French are the most extravagant in this respect.

Here again the temperance of the United States appears favorably by comparison. Every one in France would have to spend about \$14 a year to pay the nation's liquor score. The next people in point of extravagance are the English. The amount per in-habitant is \$11. The average German \$7 in the year, Prac tically every other country in Europe spends more in proportion to its population than the United States. Italy Spain, Norway and Sweden average nearly \$10 per capita. The average expenditure for the American is a trifle over \$5 a year, although the cost of

liquors is here enhanced by taxation. Indoor Tree Climbing. The horizontal bar in an attic is an indoor limb of a tree. Expert boy tree climbers will be expert horizontal bar gymnasts; yet the clumsiest tree climber can learn to work on the bar. All he needs is courage-plenty of it, The bar should be of hickory or ash, two tuches in diameter and five or six feet long. One end of the bar may be fastened in a wooden socket screwed to the wall, the other being laid in a hole cut in the top of a stout pole, which is strengthened by ropes or wires at-

tached to rings in the floor. Better to rig your bar too high than too low, for your tall friends cannot work on a low bar, while your little chums can manage fairly well on a high one. You should be able to touch with the finger tips of both hands the

lower side of the ideal bar. Your indoor tree is planted, and you have taken off most of your clothes, opened wide the windows, placed an old mattress beneath the bar, and are quite ready to "climb." Walking with the hands is a good movement for the beginner. Seize the bar, placed at the proper height, with both hands, fingers and thumbs, not the backs of your hands, being opposite your eyes. Walk sideways with your hands, keeping your feet together, and trying not to sway. A well set up man does not sway when he walks; nor should you even though you are walking on your

hands. In breasting the bar, hang in the first position and slowly draw yoursell up to your chest, pausing a moment before dropping gradually. Chinning is a simpler form of the same movement the idea being to raise one's chin to the level of the bar. When you can chin yourself with one hand you have be come a very strong boy or girl. Hanging by the knees most people do not ind it difficult to perform. Dropping to the feet from that position is not so easy. Ask Fred to hold you. On mak-ing your first trial sway like a penduand when you are at the the swing, drop-and you will be surprised, if you have been fearless in your attempts, to find yourself landed

on your feet.
Fifteen minutes of these movements with skinning the cat as the last move-ment, is plenty for your first few weeks' work. At the end of a fortnight of the horizontal bar your arms should be knotty and your chest broadened. Be sure to take five minute cold rubs on getting up each morning. When you have learned the simple movements very well, buy an elaborate book on gymnastics and learn the half-giant and the muscle grind.

giant and the muscle-grind. House owner-"You didn't pay the rent last month."
Tenant—"No? Well, I suppose you'll old me to your agreement."
Owner—"Agreement—what agree-

Tenant-"Why, when I rented you said I must pay in advance or not at VIGOROUS

WOMANHOOD.

Made Perfect by Dr. Chase's Nerve Food-A Common Sense Treatment Which Does Exactly What is Claimed for it-

The happiness of every home de-pends very largely on the health of the wife and mother. If she is nerv-ous, peevish and irritable, worried by the little cares of every day life, and tormented by pains and irregularities that are sure to accompany a rundown system, there can be no happiness in the home for husband

and children.

Too many women are victims of nervous exhaustion, and do not know it. They suffer from indigestion and dyspepsia, nervous headache and sleeplessness, and drag themselves about the house feeling languid and tired but. The slightest mishap tired but. The slightest mishap causes them to worry, and they feel gloomy and despondent.

Some women seem to think this a part of woman's existence. Not at all. You can be healthy and vigorous if you follow the advice of Dr. Chase, the famous Receipt Book author. He would not deceive you, and his treatment never disappoints. Dr. Chase's Nerve Food is intended for just such

ases as are here described. It is above all a common sense treatment, which is approved of by physicians and laymen alike. By supplying to the thin, watery blood and veak, exhausted nerves the very materials of which nature constructs new nerve tells and new bodily tissue it gradually and certainly reconstructs and revitalizes the weakened and debilitated nervous system, cures nervous headache and dyspepsia, and permanently overcomes the weakesses and arregularities from which women suffer so much.

Mrs. Chas. H. Jones, Pierceton

Que., writes:"For years I have been a great sufferer with my heart and nerves. would take shaking spells and a dizzy, swimming feeling would com over me. Night after night I would never close my eyes, and my head would ache as though it would burst. At last I had to keep my bed, and though my loctor attended me from fall until spring his medicine did not

help me.
"I have now taken four boxes of Dr. Chase's Nerve Food, and it has done me more good than I ever beleved a medicine could do. fail to express my gratitude for the vonderful cure brought about by this

reatment." Dr. Chase's Nerve Food is immensely popular among women, because it restores them to perfect, vigorous womanhood, and does so by naturally and gradually toning up and invig-orating the system, gently regulating the bowels, and strengthening the action of the heart. Fifty cents a box; six boxes for \$2.50. (At all dealers, or Edmanson, Bates & Company,

A man can always stave off a quarrel with his wife by telling her some about her.

PAIN-KILLER IS JUST THE REM-EDY needed in every household. For cuts, burns and bruises, strains and sprains dampen a cloth with it, apply to the wound and the pain leaves. Avoid substitutes, there's but one Pain-Killer, Perry Davis'. 25c. and

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