CHATS WITH YOUNG MEN

A VISIT TO THE BLESSED SACRAMENT

- I take my leave, with sorrow, of I look my last upon His small and
- radiant prison-cell; O happy lamp! to serve Him with never ceasing light!
- O happy flame ! to tremble forever in
- I leave the holy quiet for the loudly human train, And my hears that He bad breathed
- upon is filled with lonely pain. O King, O Friend, O Lover, what sorer grief can be
- In all the reddist depths of hell than banishment from Thee ? But from my window as I speed across the sleeping land
- I see the towns and villages where in His houses stand.
- Above the roofs I see a cross out-lined against the night, And I know that there my Lover dwells in His sacramental
- Dominions kneel before Him and Powers kiss His feet :
- Yet for me He keeps His weary watch in the turmoil of the street The King of Kings awaits me where-
- ever I may go. O who am I that He should deign to love and serve me so? -JOYCE KILMER

ONLY HUMAN

When we have lost our undue fear and awe of others, their wealth, their learning, their position, by remem bering that down under it all they are "just folks," it is well to try the same treatment on ourselves. Our opinions, wishes, prejudices are entitled to no ruling power; we are only on the common level — just

HE NEVER GOES WRONG The chief of the St. Louis detective force is a keen observer. He says: "I am frequently asked what is the type of the man who goes wrong. The answer is that there is no particular type. There is a clear type of man, however, who never is This is the man who lives within his means, who saves a part of his earnings each day and week and year. It does not matter how much, he lives within his income and saves."—The Transcript.

THE EVILS OF GOSSIP We heard a clergyman say in a sermon that, in his opinion, there were criminals in our State prisons who were saints, compared with many "respectable" people outside, who deliberately slander others, or peddle goseip about them, which tends to injure their reputation; or to hurt them in the opinion of

perfectly true Much gossip is actually sinful and, taking as charitable a view as possible, we must admit it is cowardly to say unkind things about a person behind his back, when he has no chance to defend himself.

When the absent are spoken of," says Henry Ward Beecher, "some speak gold of them, some silver, some iron, some lead; some always speak dirt; for they have a natural attraction toward what is evil. I will not say that it is not Christian response.—The Tablet. to make beads of other's faults and tell them over every day; I say it is how the devil feeds, you do know it if

ill of a person, he always asked: "Is there not a fair side also to the character of the person of whom you are speaking? Tell me what good qualities you have remarked

Some of the worst sins are com mitted in the home, where little children frequently get their first lessons in gossip and scandal. The neighbors' characters are hauled over the coals, their weaknesses and shortcomings enlarged upon, in the presence of innecent little minds and

thus the ball is started rolling.

"It were better for him that a millstone were hanged about his neck, and be cast into the sea, than that he should offend one of these

What a paradise on earth if we all would form the habit of thinking and saying only the good and pleasant

things about everybody! NO WORK UNDIGNIFIED

Most people desire to choose the kind of work upon which they expect to found their life success. And this is all well enough. One should have a fixed purpose, energy and aptitude to apply to any selected employment. But multitudes fail in what they attempt to do. There are many reasons for these failures. We need not stop to enumerate them here. The fact is obvious that the man who might have made a good tailor does not necessarily succeed as a lawyer or merchant, though some men have succeeded in both vocations.

Few of us desire to engage in socalled menial service. The professions, the art, the vast majerity To of business occupations are styled 'dignified," while manual toil is all

too generally regarded as undignified. | ing the week. labor can truly be said to be undignified. Scarcely a worth while man lives today who has not engaged, at one time or another, in the plainest and hardest kind of work-in socalled menial labor. They have not been ashamed to do it - would do it

It is true, perhaps, that there is more of artifical dignity in the labor of preparing and delivering a speech, "Something when you or putting over a big business deal than, in distributing fertilizer over a muggy field on a raw March day. But the distinction is artificial. The one-class of labor is as truly dignified as the other, and, elementally a great

deal more valuable to the race.
Still, none of us wishes to remain

is the prevailing notion among too many men that it is the proper thing to perform any work with the least possible effort and receive therefor the maximum of pay. The notion is a mistaken one. The happiest people in the world are honest people — people who are engaged in dignifying all labor by honest effort and who are rewarded in full measure for such service. After all, the world is just a big household, and its members must keep it in order. Some of the duties required to insure this orderly arrangement may be unpleasant, but they have to be done. None of usshould be ashamed to do them. If we are employed on the so-called higher levels it is our duty to make it as pleasant and durable and profitable as possible for those who are striving to work forward from the so-called lowness of neces-sary toil.—The Tablet.

OUR BOYS AND GIRLS

THE SACRED HEART

A Heart that hath a Mother, and a treasure of red blood,
A Heart that man can pray to, and feed upon for food! In the brightness of the Godhead is

its marvelous abode A change in the Uncharging, creation touching God! Ye spirits blest, in endless rest, who

Salute the Sacred Heart with all your worshipful amaze, And adore, while with ecstatic skill the Three in One you scan, The Mercy that hath planted there that Blessed Heart of Man!

All tranquilly, all tranquilly, doth that Blessed Vision last, And Its brightness o'er immortalized

creation will It cast Ungrowing and unfading, Its pure essence doth It keep In the despest of those depths where

all are infinitely desp; Unchanging and unchangeable as It hath ever been As It was before that Human Heart

was there by angels seen, So It is at this very hour, so will It their neighbors. A pretty strong ever be, statement, but we have an idea it is With that Human Heart within It

beating hot with love of me! -FATHER FABER

EVERYBODY LAUGH The girl who laughs because she is sunny hearted, and finds things to enjoy as she goes along, adds enjoy ment to others as they go along. There is something in a smile that calls out a smile, and spontaneous

GOOD FOR EVIL

return good for evil. I'll make you a scent opposition afar off, they fall to nice jally roll and you must take it to compromise and call it prudance,

sented. The next evening he weturned in a worse plight and sobbed:

CORRECT THINGS IN CHURCH To always be in time for Mass and

other services in the church. To remember that the church balls merely to keep the sexton busy, and that it would be well, therefore, to obey their call.

To take Holy Water upon entering the church.

To make the sign of the cross upon the person and not in the air.
To genufiect on the right knee and

have it touch the floor.

To remember that the King of Kings is present on the altar and to order one's conduct accordingly. To walk gently up the aisle if one is unavoidably detained until after

the services have begun. To make a short act of adoration on bended kness before entering the

To be devout and collected at the different parts of the Mass.

To remember that mere bedily presence in church with the mind

wandering in temporal concerns doss not fulfill the precept of hearing To pay attention to the sermon

and make it the subject of one's thoughts during the day as also dur-For pew holders to offer seats in

their paws to strangers. UNCLE PHILIP'S STORY

"Tell us a story, Uncle Phil," said Rob and Archie, running to him.
"What about?" said Uncle Phil, as

"Oh, about something that hap Something when you were a little

said Archie. "Once when I was a little boy," said Uncle Phil, 'I asked my mother to let Roy and myself go out and play by the river."

"Was Roy your brother?"
"No, but he was very fond of play-Still, none of us wishes to remain ing with me. My mother said yes, so a hewer of wood and a drawer of we went and had a great deal of water, and comparatively few of us sport. After a while I took a shingle have to do that, except in the degree that every human unit should contribute something to such service.

One great trouble in this country with a stick. Then I told Roy to go deep water, where I couldn't reach it with a stick. Then I told Roy to go and bring it to me. He almost always did what I told him, but this time he did not. I began scolding

"Then I was angry. I picked up a stone and threw it at him as hard as I could. 'Oh. Uncle Phil!" cried Archie

"Just then Roy turned his head, and it struck him Oh, Uncle Phil!" said Rob.

"Yee. He gave a little cry, and lay down on the ground. But I was still angry with him. I did not go to him, but waded into the water for my But it was deeper than I thought. Before I knew it, I was in a strong current. I screamed as it carried me

down the stream, but no men were near to help me. "But as I went down under the deep waters, something took hold of me and dragged me toward shore. It

was Roy. He saved my life."
"Good fellow! Was he cousin?" asked Rob. "No," replied Uncle Phil.
"What did you say to him?" asked

"I nut my arms around the dear fellow's neck and asked him to forgive me. What did he say?" asked Rob.

He said, 'Bow, wow, wow!'"
Why, who was Roy, anyway?" asked Archie in great astonishment.
"He was my dog," said Uncle Phil -"the best dog I ever saw. I have never been unkind to a dog or to any

THE DRIFT TO EVIL

will never be."-The Bulletin.

other animal since, and I hope you

The Rt. Rev. Philip M. Rhinelander of the Protestant Episcopal diocese of Philadelphia, recently spoke these very plain but equally obvious words

to his clergy : 'As for amusements, immodesty in dress, looseness in sexual relations, bestiality and crime as the chief attractions in theatrical shows and photo plays, unbridled license and extravagance in all things are so much the established order of the day that the most respectable among us have ceased even to shrug our shoulders.

"Apply these tests of literature. amusements and education to our world, that is, the world as we know it, and see how in each case there is evident a definitely anti-Christian drift, which seems to be increasing

in rapidity of force and movement. Undoubtedly that is a most excellent diagnosis, but what about the remedy? As usual, there is none, and, as a consequence, the Bishop like so many other men of intelli gence, is beating the air in vain. Everybody knows the evils of the day : they fester on the surface of o make beads of other's faults and ell them over every day; I say it is nfernal. If you want to know now the devil feeds, you do know it if you are such a one."

It is told of Peter the Great of Russia, that when anyone spoke ll of a person, he always asked:

"No, no" she said. "You must day: fine feets of the enemy and defend Christian principle. As soon as they are the great of the enemy and defend christian principle. As soon as they are the great of the enemy and defend christian principle. As soon as they are the great of the enemy and defend christian principle. As soon as they are the great of the enemy and defend christian principle. Billy and say, 'Mother says I must whereas in reality it is the basest return good for evil, so here's a jelly cowardice! Meanwhile the enemy scorns compromise; he continues to Tommy demurred, but finally con- strike the structure of civilization which fairly totters under the blows. Will it fall? Assuredly, unless "I gave Billy the jelly roll and told | Christians find their souls once again him what you said, and then he and put them into action to save the blackened my other eye, and says home and the school. For just here you're to send him another jelly roll is the crux of the problem; both homes and schools are godless. Children are perverted at the hearthstone and in the classroom, and the poison of their souls soon corrupts the commonwealth. Every same man knows thir, and every same man are rung for a purpose and not knows that the remedy lies in the reformation of homes and schools. Why then do they not say so, and, having said so, devise ways and means to ratorm first the echools and through tham, the homes? Because they fear the ensmiss of God, and so the devil will continue to be king of

WHY THE LEAGUE HAS FAILED

In the course of an address, read before a large meeting in the Sor-bonne at Paris in favor of the League of Nations, Cardinal Ametts voiced the hops for a league which would prevent future wars.
"In the designs of Providence," he

wrote, "narrower are the bonds which unite the members of a family or of a nation, but just as families cannot remain isolated, so must nations be united. Such union, how-ever, must be founded on two laws justice and charity. Justice pro-claims to the people as well as to the individuals: 'Render to all men their dues.' Charity adds... 'Love one another.' Such are the nesseary foundations of a genuine

society of nations.
"Let justice first of all reign again if necessary. It was necessary for many during the recent War.

Rob climbed on his right knee and Archie on his left.

Make Your Will Today

and appoint the Capital Trust Corporation your Executor. You can then rest assured that your wishes will be carried out, faithfully and efficiently, with profit and protection to your heirs. Correspondence invited.

Capital Trust Corporation

Authorized Capital, \$2,000,000

BOARD OF DIRECTORS: President: Hon. M. J. O'Brien, Renfrew. Vice-Presidents: Hon. S. N. Parent, Ottawa; R. P. Gough, Toronto; J. J. Lyons, Ottawa; A. E. Provost, Ottawa.

g, Montreal.

J. J. McFadden, Renfrew,
cr. K.C., Montreal.
J. Brown, Toronto,
Gordon Grant, C.E., Ottawa.
J. Brown toronto,
Gordon Grant, C.E., Ottawa.
J. B. Duford, Ottawa.
J. B. Duford, Ottawa.

Managing Director - B. G. Connolly. Assistant Manager - E. T. B. Pennefather

Head Office: 10 Metcalfe Street, Ottawa

the reparations of the rights that respect of every one's rights and may have been violated. And once through the reparations of rights justice has been assured, let charity, let mutual good will bind nation to nation as they bind man to man. On these conditions the world will enjoy peace.

"Since the men working for its realization have called upon me for an expression of my thought in this solemn gathering, may I be permitted to formulate the wish that the future Society of Nations provide a place worthy of Him for the Supreme Representative of the highest moral authority which exists on earth; of that authority which, speaking in God's name, has the greatest powers to bring men to the practice of mutual justice and of

What a pity that those who drew up the covenant of the league of nations influence in the world for peace was at Paris did not take into account | kept out of the these conditions for obtaining world any wonder that their plans to secure peace! "Let justice, first of all, peace turned out to be only a hollow

through the reparations of rights that may have been violated." stead of this, they set about to perpetuate the injustices that had been done and bind tighter the shackles on subject peoples. is why the league they formulated is already a failure. Ireland is only one example of their refusal to make reparations for rights violated by Great Britain. And until justice has been done to Ireland and to other nations held in bondage by superior military force any league of nations must be a failure. A league founded on injustice is bound to fail.

And at the peace conference in Paris the representative of the Prince of Peace was carefully excluded and ignored.



FREE TO ALL

Dominion Rubber System

Products

The Best Shoe Stores

Sell Fleet Foot

Dr. Norvall's Stomach and Tonic Tablets

nended by Doctors and Druggists to relieve Constipation, Biliousness and Sick Headache. They will act as a gentle laxative and tone up the system in general.

This statement the Manufacturers feel confident is correct, but the reader may doubt it, and in order to convince you, if you will cut out the coupon below and mail it with ten cents (stamps or money) to cover cost of mailing and advertising, we will send you, free of charge, one of our regular size boxes containing treatment for two months.

Cut out and mail to the following address:

Dr. Norvall Medical Co. Ltd. 168 Hunter St. Peterboro, Ont.

--- COUPON DR. NORVALL MEDICAL CO. LTD.

DOMINION

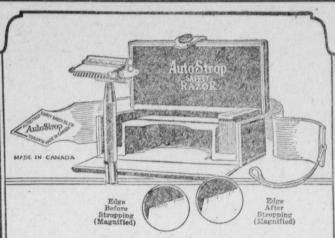
RUBBER

168 HUNTER ST., PETERBORO, ONT.

Enclosed find ten cents, for which please send me one of your regular Boxes of Dr. Norvall's Stomach and Tonic Tablets.

Address

This Coupon Good Only to July 12th, 1920



XPERIENCE shows that only a sharp blade can give a perfect shave, also that a blade cannot remain sharp without stropping. Couple these facts with the further fact that the AutoStrop Razor is the only safety razor that sharpens itself, and you will be in no doubt as to which safety razor to use.

Any dealer will gladly demonstrate the AutoStrop Razor to you, guarantee satisfaction, or refund of purchase price.

Only \$5.00-complete with strop and twelve blades in an attractive assortment cf cases to suit any purpose.

AutoStrop Safety Razor Co., Limited

Auto Strop Razor -sharpens itself

New Volume of Verse by Rev. D. A. Casey

\$1.25 Postpaid **Catholic Record**

'At The Gate of The Temple'

ATHER CASEY writes with sincere and deep feeling. His uplifting heart-songs carry many cheery winged messages to the earth-worn weary children of men. Many chords are touched 40 which the heart strongly vibrates; tender chords of Erin's love and sorrow; chords of patriotism and chords of piety; chords of adoration and homage that lift the soul to the very Throne of the Most High.

"More convincing than Synge and Lady Gregory, perhaps because the poet knows better and sympathizes more deeply with the people of whom he writes," was the comment of Joyce Kilmer in "The Literary Digest."

In the pages of this book religion and art are mingled with happiest results.

Church Decorating

COLOR SCHEMES AND ESTIMATES SUBMITTED

We make a specialty of Catholic Church Interior Decorating, and we are in a position to handle any contract. Correspondence invited. Write

CONLIN BROS.

INTERIOR DECORATORS



Canadian National Railwa

Industrial Department Toronto and Winnipeg will furnish full particulars regarding land in Western Canada available for farming or other purposes.

