= Conducted by Helene.

Do not be too ready to take of-fense at a friend's letter. Remember that things written do not seem as if they were spoken. It is foolish to allow your feelings to be hurt over what your friend writes with a twinkle in her eye, the little joke you would laugh over if it had been spoken in your ear, instead of comyou would laugh over if it had been spoken in your ear, instead of coming by mail. Misunderstandings are comparatively simple if they occur when you are face to face with your friend, and a word can set them right. But it is a very different matter when the explanations must travel over many miles. Be careful that your letters contain nothing which can hurt the feelings of the the to whom you are writing. Be areful how you interpret anything. whom you are writing. Be how you interpret anything spondent writes as unkind. a correspondent writes as unkind.
The most hopeless misunderstandings are those which take place where triends are widely separated.

### FOOLISH GIRLS.

It is enough to make one's heart ache the way foolish girls will pass by splendid, hard-working men and choose insignificant little nobodies for their life's partner's, and all because they won't take the trouble to look below the veneer of fine drass.

dress.

The man who has an aim in life can't spend all his time in running after girls and going to dances.

He has something better to do. He has to make a name and place for himself in the world.

The young men who are lounging around street corners and saloons will never be anything better than they are now. The chances are they will be such worse.

Look around at the married women of your acquaintance. Some of

of your acquaintance them married honest them married honest, hardworking men. Others married loafers. Some of them are happy wives, other mis-erable wrecks

of them are happy wives, other miserable wrecks.

Look forward a few years and imagine yourself in the place of either and then marry a good-for-nothing loafer if you dare.

Marry the worker and help him build up a successful career. Let him come home at night and find a cheerful home and a happy, smilling wife

ful home and a happy, smiling wife who is proud of his successes and ympathetic in his reverses, But don't deliberately walk into a

life where failure is bound to come.
Don't tie yourself to a man for
whom as time goes on you will be
able to feel neither love nor re-

The real old-fashioned mother is becoming rarer and rarer as the many new-fashioned ones rise up to take her place. Sometimes one finds her in the midst of a group of grownup daughters utterly unlike herself, taking a tender pride in talent and qualities which were unknown to herself and her contemporaries. lities which were unknown to herself and her contemporaries. Occasionally she tries to accept these new ideals or to adopt her own to them, especially in conversation with elderly women inclined to criticize the more modern daughters of their sex. Affection and principle may have been at war, but affection always wins the day. When the daughters happen to be bachelor women en-Affection and principle may have been at war, but affection always wins the day. When the daughters happen to be bachelor women engaged in definite callings her admiration of their attainments is often mingled with a sentiment of pity as if she felt they had been deprived of something which used to be considered the crowning success of woman's life. Yet they do not seem to be concious of any loss themselves and are, she is sure, "the best girls in the world." Such mothers are delightful, because in their case to be old-fashioned does not mean to be old-fashioned does not mean to be intolerant and they can preciate the present without untrue to the past.

them with a solution made of water and a little alcohol. First brussh them straight up towards the hair and then straight down, and the line will be the straight down, and the line

### BELTS OF SUEDE.

Each season brings forth something new in suede articles, either gloves, shoes, belts or handbags. Just now the belts attract considerable attention, for they are deserving of it, since they are neatly made, not too wide, and are finished with beautiful oval buckles, rather flashy, it is true, yet nicely adapted are numerous, so one has no difficulty in selecting a shade to exactly match or nicely harmonize with the dress skirt.

HOW TO SAVE LINING OF LA-

To save lining under arm of ladies' jackets cut heart shaped piece of velvet, same color or harmonizing with lining, and sew under arm with fancy silk stitch (upper edge to fit into arm-hole) before sewing in sleeve lining. This saves relining.

For restoring gray hair to its natural color and boauty for of dandrull, in a word for preserving and restoring the hair Li-

The summer girl is now frantically trying to get rid of her freckles, which the July and August sun brought forth in all their glory. One of the best and certainly the cen most harmless remedies for freckles are with water. A young southern girl who was noted for her beautiful complexion was at one time annoyment of the patch of freckles across her nose, which she said she resumment of the complexion was at one time annoyment of the indistances of the task. Those among us her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles across her nose, which she said she resumment of the patch of freckles a

Nearly all infants are more or less Nearly all infants are more or less subject to diarrhoea and such complaints while teething and as this period of their lives is the most critical, mothers should not be without a bottle of Dr. J. D. Kellogg's Dysentery Cordial. This medicine is a specific for such complaints, and is highly spoken of by those who have used it. The proprietors claim it will cure any case of cholera or summer complaint.

### "THE LAST HOPE.

ob.

do.
place

do of the most charming pianists of this city having observed—the ladies observe everything—that Gotts-chalk never passes an evening without executing, with profound religious sentiment, his poetic reverie, "The Last Hope," asked of him his reason for doing so. "It is," replied the, "because I have heart memories, and that melody has become my evening prayer." These words seemen the inquirer dared not question the inquirer dared not question the artist further. A happy chance has given me the key to the admirable planist's reply to his lovely questioner.

planist's reply to his lovely questioner.

During his stay at Cuba, Gottschalk found himself at S— where
a woman of mind and heart, to
whom he had been particularly rèd commended, conceived for him at
once the most active sympathy, in
one of those sweet affections almost as tendèr as maternal love.

Struck down by an incurable mael lady, Madame S— mourned the absence of her only son, and could
alone find forgetfulness of hèr sufferings while listening to her dear
planist, now become her guest and
her most powerful physician. One
evening while suffering still more
i than usual—"In pity," said the
making use of one of the ravishing
idioms of the Spanish tongue—"in
pity, my dear Moreau, one little
i melody, the last hope!" And Gottschalk commenced to improvise an They Advertise Themselves—Immediately they were offered to the public. Parmelee's Vegetable Pills became popular because of the good report they made for themselves. That reputation has grown, and they now rank among the first medicines for use in attacks of dyspepsia and billiousness, complaints of the liver and kidneys, rheumatism, fever and ague, and the innumerable complications to which these ailments give tries.

They Advertise Themselves—Immediate, most powerful physician. In the most powerful physician powerful physician. In the most powerful physician powerful physician powerful physician.

obliged to leave his friend, to fulfill an engagement in a neighboring
city. When he returned two days
afterwards, the bells of the church of
S— were sounding a slow and solemn peal. A mournful presentiment
froze the heart of Gottschalk, who,
hurrying forward his horse, arrived
upon the open square of the church
just at the moment when the mortal
remains of Senora S— were brought
from the sacred edifice. This is why
the great pianist always plays with
so much emotion that piece that holy
memories have caused him to name
"The Last Hope," and why, in replying to his fair questioner, he
called it his "Evening Prayer."—
Extract from La France Musicale, by
Gustave Chouquet.

## EYEBROWS REQUIRE MUCH

The eyebrows should receive The eyebrows should receive as much attention as any other part of the body. With a little cold cream on the finger tips rub the eyebrows gently, so as to remove, any possible dandruff, since they often have a little in them. Then wash

Cultivate a little more sentiment, indulge 10:v and then in a wholesome romance, open the window of your soul to the east and let the morning sun gild your ideas; it will not harm you, and it will make you an infinitely more pleasant companion than you now are."

\*\*Buttonary politic and the reverend gentleman attempted to show his appreciation by remarking that wished that he might have of the gates of heaven, to which the colored man replied: "II did I would be more particular than I am now."

TIMELY HINTS.

In making a crust of any kind do not melt the lard or butter into the flour or your crusts will be spoiled. Scrambled eggs will be made creamy if cooked in a double boiled and philanthropic enterprises.

An appetizing flavor can be given to brolled beefsteaks by rubbing a cut onion over the hot platter with the butter.

Apple pies are improved in flavor by adding three tablespoonsful of freshly made tea and a bunch of nutmer.

Sugar added to the water used for basting meats improves the flavor. This is especially true of veal, the most tasteless of meats.

Wipe tarnished or fly-specked gas and lamp fixtures with a damp cloth; let dry, then cover with a coat of white paint; when this is dry regild.

When making coffee, add a pinch of stat after placing the coffee in the pot. The flavor will be much improved.

KEEPING IN TOUCH.

The district visitor went about her work with the same indiscriminating enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enthusiasm which carried her through her other social and philanthropic enterprises.

At the close of one of her

# IGED BLUE RIBBON

THE MOST DELICIOUS OF SUMMER DRINKS. BREW IT THE SAME AS IF YOU WERE GOING TO SERVE HOT TEA, THEN POUR IT OFF THE LEAVES INTO A PITCHER AND PLACE ON THE ICE. WHEN QUITE COLD SERVE WITH A SLICE OF LEMON (DO NOT USE MILK) AND ADD SUGAR ACCORDING TO TASTE. THE MOST REFRESHING AND WHOLESOME SUMMER BEVERAGE KNOWN

## FUNNY SAYINGS.

A STINGING REBUKE.

A STINGING REBUKE.

A certain physician living in the northern part of Nebraska recently sent a bill for services rendered, and a few days after received his bill back, indorsed as follows:

"Dear Sir,—This notice was put in my box and opened by mistake. The party has been dead for about three months and is no relation to me whatever. It is strange how a doctor's conscience will allow him to dun the dead. You must live a better Christian life, and live and let live, and try and meet the lady in heaven, which is worth more than \$41.50 to any doctor.

People who came safely through

People who came safely through the boat rocking season now have a chance to be mistaken for bear or other game in the woods.

When Mark Twain-"Dr. Twain"was returning from England, he took part in a concert give aboard ship, and among other contributions of-fered a very appropriate story of a. New York friend who reached his home late one night with blind staggers and an inability to climb the stairs.

stagers and an inability to climb the stairs.

The world was going round and round for him, and as he stumbled from stoop to pavement a second time he cried out:

"God pity poor sailors out at sea on a night like this."

## A Familiar Face.

That of Mary Cunningham Will b on all New U.S. Coin.

'My model!"

"My model!"
The great sculptor St. Gaudens sat back in his chair. He gazed enthusiastically at the wondrous serving maid who was bringing him his plate of vegetable soup.
Summed up in her his artist's eye caught everything—the classic profile, the absolutely pure features which the Greeks once loved, the curving lips, the correct nose, the splendid forehead, the well-set eyes. He knew he had found what he had sought so long—the perfect face which he needed for the new set of American coins which are soon to be issued.

issued.

And she merely a waitrees!

But what cared the sculptor for that? He wanted a model—in fact, he was in sore distrees for one. And here she was, serving soup and asking him whether he'd have beef or chicken, in the little country town of Cornish, near Windsor, Vt. where the artist used to spend his summers.

mers.
St. Gaudens forgot his meal. All he cared about was that he had found the ideal face for the new series of United States coins which the The world was going round and round for him, and as he stumbled from stoop to pavement a second time he cried out;

"God pity poor sailors out at sea on a night like this."

Pains Disappear Before It.—No one need suffer pain when they have avail.

\*\*E.\*\* Sailors of the cared about was that he had found the ideal face for the new series of United States coins which the Government had commissioned him to design.

And soon now—though the hand that he made the designs is stilled in place and that he made the designs is stilled in place and the sailor of his model.

Mary Cunningham has a fresh, place and the face has been preserved by St. Gaudens' wondrous skill—in a design.

# WITH THE POETS

the heart, And thrill it with their sympathe tie tone, But die ere spoken, fail to play their

part,
And claim a merit that is not their own.

The kindly word unspoken is a sin-A sin that wraps itself in purest guise, and tells the heart that, doubting, looks within, That not in speech, but thought, the virtue lies.

But 'tis not so; another heart ma For that kind word, as Hagar in the wild—
Poor banished Hagar!—prayed a well might burst
From out the sand to save her parching child.

nd loving eyes that cannot the mind Will watch the expected movement

of the lip
can ye let its cutting silenc Around the heart, and scathe it like a whip?

Unspoken words, like treasures in the mine, Are valueless until we give them birth: like unfound gold their hidden beau ties shine, Which God has made to bless and gild the earth.

How sad 'twould be to see a master's hand
Strike glorious notes upon a voiceless lute! what pain when, at God's

own command, A heart-string thrills with kindness Then hide it not, the music of the

soul,
Dear sympathy, expressed with
kindly voice,
But let it like a shining river roll
To deserts dry—to hearts that
would rejoice.

Oh! let the sympathy of kindly yords
Sound for the poor, the friendless, and the weak;
And He will bless you—He who struck these chords
Will strike another when in turn you seek. you seek.

—John Boyle O'Reilly.

A PATHWAY TO GOD.

have wandered through the mea dows When the first faint gleam of morn

ing
Fressed on flow'ret and on forest
Its reviving, sweet'ning bliss.
I have watched the sun of evening
Bending down, in gold and crimsor
Firing grass and trees and waters
With a kiss.

And I marveled much, and waited For the light to shine within me, Flinging darkness from the kingdom He had stolen in my heart.

UNSPOKEN WORDS.

I have waited, not unpitied,
For the Light has come in splendor,
the heart,

I have waited, not unpitied,
For the Light has come in splendor,
and the glory of the Presence
Is my part.

It has kissed my soul to waking,
And the morning's warm and cherry.
It has filled my life with beauty
As when blooms the barren sod.
In the glory of the noonday,
In the solemn fire of evening,
It is lighting straight a pathway
To my God.

—Rev. Francis C. Kelley, in New
World.

AUTUMN SONG.

Close the door and drop the latch,
Light the log and mend the thatch,
Look no more to see the shadow
Of the beech tree on the meadow.
Sit you by the hearth to-day;
Come in, come in, for the swallow's
away.

away.

No more piping round the eaves, Housed are all the golden sheaves, Like to birds of brilliant feather Scarlet leaflets fly together, Drip and drop like hopes foregone; Come in, come in, for the swallow has flown.

Misty woods look far from home, Playful streams look quarrelsome. Now your eye will gladly follow Smokewreaths curling in the hollow, Strong of heart and sweet of mouth, Come!—and the swallow may stay in the South!

—Ledy Gilbert.

POET AND KING.

Out of a desolate night,
Into the pride of the court
Flooded with color and light,
A wandering singer was brought.
And there at the foot of the throne—
A weary and pitiful thing
That begged for a crust or a bone—
He sang at the nod of the king.
The king and his couriers are gone;
Clean out of mind is their fame;
The fields where their glory was

won
Are only a date and a name.
The singer, alone of the throng,
Lives on through the death of the
years—
For men still remember his song
And sing it, with love and with
tears.
—Scribner's Magazine.

### THE VIOLET

God does not send us strange flowers every year; When the Spring winds blow o'er the pleasant places The same dear things lift up the same fair faces— The violet is here.

It all comes back-the odor, grace, and hue—
Each sweet relation of its life repeated;
No blank is left, no looking for
is cheated;
It is the think we knew.

So, after the death-winter, it must

be,
God will not put strange signs in
the heavenly places;
The same old love shall look out
from the old faces—
Veilchen! I shall have thee.
—Adeline Dutton Train Whitney.

try.
"You must pose!" was the artist's final fiat, and Mary Cunningham

and mar hat, and Mary Cunningham did.

And when it was over she wont back to the table and started serving soup and lamb and the apple pie and coffee—this girl of the wonderful face which is soon to be known wherever Uncle Sam's copper and gold goes.

With such material to work from, St. Gaudens worked fast. He had before him just what he wanted. The face of Mary Cunningham is—as it was when she posed for the dead sculptor—clearcut and classical. Its contour reminds one of the faces of the old-time partriclan belies.

"A modest and unassuming little."

them straight own, and the line and the straight own, and the line will be thin and well shaped. If constantly treated in this manner the sysbrows will soon be a beautiful shape. The brushing up of the outward tip gives a coquettish expression to some faces.

\*\*\*See \*\*\*

WORK AS A MEDICINE.\*\*

One of the most noticeable things anong the unemployed is the rapid ty with which they age. The more dealy adjusted a piece of machiner and constantly seed the state of the mind is not healthly employed and constantly seedings. The state of the mind is not healthly employed and constantly seedings. The state is the seed to design them. It was eary lightly to take cognizance of physical face in both they were with the seeding of the seed of



## St. George's **Baking Powder** if only for the reason that it is whole-some and healthful." "The knowledge that you are NOT

eating alum, lime, ammonia and acid in your food—should count for a great deal."
"ST. GEORGK'alis made of 99,995 pure Gream of Tartar." Try it.
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Miss McLeis, 182 Centre st., Pt. St.
Charles.
Mrs. McNally, 845 St. Antoins st.
H. McMally, 845 St. Antoins st.
H. McMally, 846 St. Desis st.
E. Wedder Etches, 44 Bleury st.
Miss White, 680 St. Desis st.
C. J. Tiemey, 149 Craig st, west.
M. Shaw, 739 St. Catherine st. west.
Mrs. Ryan, 1025 St. James st.
A. W. Mulcahey, 825 St. Antoine st.
Mrs. Levat, 1111 St Catherine cest.
C. A. Dumont, 1912 St. Deals st.

He can scamper a mi ball field. And he never feels th But. oh, it's so far stere— So far for his aching in,
And stand and watch
But the post office bu
far away,
And there might come

BOYS A.

He can get up at 5 of July—
It's really no trouble
But 8 is too early on a
And his mother may He can sit up all hour

not Get sleepy or tired a But if there's a lesson do, He goes fast asleep Oh, Johnny, dear Joh ny you are! And when will gro

And when stand

That hard things seasy ones hard.

To youngsters all over YOUNG HEI

Seven-year-old Ary
while playing in F
Brooklyn, forgot all a
ley cars, so eager was
being tagged. One so
and the child was lost
the crowded open car.
The passengers pour
panic. Strong hands
the mangled form out
the car, and Policeman
ing, lifted him in his a
had been cut off and the
ed shapeless.
"Please get a docto

ed shapeless.

"Please get a docto
boy, scarcely above a
tell him to sew my fo
mamma comes, so she
Then he became unc other foot was amput hospital, where it was would probably die New York World.

# KING I

CHAPTER VIII.-CON A NARROW ESCA

The cause of the out follows: Hilda and I follows: Hilda and a themselves, had quickly friendly. Indeed it we be anything else wi had a way of saying plattering things which she did not always me the moment, but whis seem particularly charren and rather shy six seem particularly charricularly charricularly charricularly and Hilda, who often fo hashfulness about sayif they feel most deeply, ever, was so deeply cherself that she almost people to be the same the time she had told names of the dozen or people who made up the Stanley, and had poin

names of the dozen or people who made up the Stanley, and had poin of the white dots acrowas the house owned by hadpraised Hilda's hair mantle, and made herse santgenerally, Hilda ha into talking in her turtelling her new friem her home in England, a she disliked leaving it out to the colonies. Uncle Charles was, of own brother, and Engli lonial aunt, who was in-law, couldn't ever be as other annts;" an opi Meta sympathized so Hilda was then draw out all her foolish pregrievances against colon to forgetting the harding no maid to wait o nothing but "nasty oridge with milk and bref of the properties of the form uncle's own dish, ways had in London;" made to sleep with the had in London made to sleep with the "horrid, bare, whitewa

# "WHAT IS DYSI

There is no form of dis-valent than dyapepia, peculiar to the high liv-eating of the present day Among the many ay Variable appetite, faint, is at the pit of the stomach fied craving for food; has of weight and wind in the breath, bad taste in the spirits, headache and con-

BURDOC BLOOD BITTER