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ment one ounce of spirits of turpentine. To be used for bruises, sprains, strains, callous, swellings, corns, &c.

CANCER BALSAM OR PLASTER.—Boil a strong decoction of red clover heads in a brass kettle, down to the consistence of tar, without burning it; it is then fit for use. It cures cancers in the first stages, sore lips and old sores. Or see cancers, page 23.

STRENGTHENING PLASTER.—Take of burdock and mullein leaves bruise, and put them into a kettle of water; boil them well, strain, and press all the juice out of the leaves. Boil down the liquor till half as thick as molasses, add three parts of resin, and one of turpentine, simmer them together till the water is evaporated; then pour it into cold water and work it with your hands; if too hard add more turpentine. Spread it on thin leather and apply to the part affected. It is good for lame back, sides, sprains and rheumatism.

WINE BITTERS.—Take of golden seal, two ounces; bitter root, one ounce; nerve powder, one drachm; balmoney, two drachms; black poplar, the inner bark, two drachms; cayenne, half a drachm. One ounce of these reduced to a fine powder may be added to a quart of wine; from half to a wine-glass may be taken three times a day. Port or claret wine is best.

These bitters cause an agreeable warmth through the system by increasing the circulation of the blood. Good in dyspepsia, nervous weakness and costiveness; they increase the appetite, give tone to the stomach, expel faint torpid feelings and headache occasioned by cankered stomach, chronic debility, or sudden cold. These bitters are harmless and may be used by young or old. Good to strengthen weak patients, &c.

EYE WATER.—Take of white pond lily root, marsh rosemary root, witch-hazel, and red raspberry leaves; make a strong tea of all or either of them, add one-third as much of No. 6 and a little of No. 2. Bathe the eyes four or five times a day, keep your eyes at the same time as much as possible from the external air, and immerse your face every morning in cold water, shutting and opening your eyes till well washed.

VOLATILE SALTS.—Take of crude sal-ammoniac one ounce; pearl ash two ounces; pound the ingredients separate, mix them well together, bottle close for use; damp it with spirits or essence; this applied to the nose is good for faintings, and to remove pain in the head.

STEAMING.—Steaming is of the utmost importance in cases of suspended animation, such as drowned persons, and in many cases of spotted fever, when they fall apparently dead. In this case place the body over a moderate steam, shielded by a blanket from the external air till you can raise the internal heat so as to