## Earth needs help

## by Alexandra Milner

Too many people go through life trying to be better caterpillars, according to Lindsay Rawlings, spokesman for Genesis, an international 'new age' consciousness group.



"It's important to enjoy where you're at or things will go wrong," he told the newly formed Art of Living Club on campus Tuesday.

"Caterpillars are born to be butterflies," Rawlings said.

Rawlings said he was working to establish an effective worldwide network of individuals and communities dedicated to providing a point of control for Spaceship Earth.

> "The world is in a pretty grotesque state," said Rawlings, "but the world out there is a reflection of the people in it."

A millionaire before he was forty, Rawlings illustrated his speech, Freeing the Magnificent You, with personal anecdotes.

'It only takes one person to break with tradition, some communication, and suddenly things are happening really fast."

"Where you put your attention is where you go," he said. "Be the author of your own experience."

Rawlings suggested that people relate to the good things in life and "get off" on every experience they have.

The Art of Living Club is an informal "new, organic living" group which is changing with the times and hopes to change the times with, club spokesman Sherry de Bruyn said.

The club can be contacted at 483-8519.

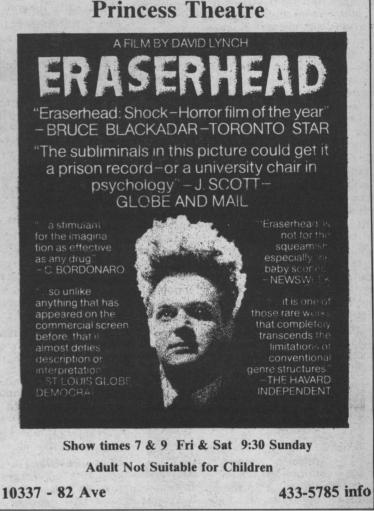




Keith

Brad

Another winter campus scene (they told me this paper was only going to be 12 pages long).



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