

## APPENDIX No. 3

## IN THE MATTER OF

A test of a certain food, known as 'Hatch's Protose' upon soldiers of 'A' Battery, R.C.A., and others, at the city of Kingston, made pursuant to request of the Director General of the Medical Staff of the Militia of Canada by Francis E. Devlin, M.D.

Questions propounded by Dr. F. E. Devlin.

Answers made by O. V. Williams, subject of test.

Q. What is your name and age?—A. Owen Vaughan Williams, age 23 years.

Q. How long have you been in Her Majesty's service?—A. One year and 1 month.

Q. What is your rank?—A. Acting bombardier, 'A' Battery, R.C.A.

Q. What do your duties bring you in contact with?—A. Hospital orderly.

Q. Have you recently at the instance of the Director General Medical Staff, offered yourself as a candidate to undergo a certain test in food?—A. Yes.

Q. Have you reported your condition regularly to the medical officer on his daily visit?—A. Yes.

Q. You were at liberty to discontinue the test at any moment, were you not?—A. Yes.

Q. Have you fulfilled all the requirements of the test as explained by Dr. Devlin?—A. Yes.

Q. What has been the nature of the solid food you have taken for the last thirty days?—A. Two tablespoonsful of Hatch's Protose coarse powder to a meal except breakfast which was four tablespoonsful, two fine and two coarse with three slices of Hatch's Protose bread or biscuit and one pound of butter in thirty days.

Q. What has been the nature of the fluid you have taken every day?—A. Beef tea  $\frac{1}{2}$  pint, 3 cups of tea without milk or sugar, and  $\frac{1}{2}$  an ounce of milk every morning with the porridge made from the coarse powder.

Q. Do you swear that you have taken no other kind of solid food during the last 30 days?—A. Yes.

Q. Have your duties in consequence of taking the powder, biscuit or bread been in any way, shape or form neglected or excused?—A. No.

Q. Have you commenced taking as yet any solid food other than the diet above mentioned?—A. No.

Q. State as clearly as possible how you have felt since the beginning of the test and how you feel at the present time?—A. I felt the same all through the test, strong and in good condition.

Q. Do you, at any time, feel weak and unable to do your work?—A. No.

Q. Have your bowels been regular?—A. Yes.

Q. Have you suffered from Diarrhoea?—A. No.

Q. What is your height, and what was your weight prior to the test?—A. 5 feet 9 inches. Weight 170 $\frac{1}{2}$  pounds.

Q. Have you gained or lost weight?—A. Gained, 4 pounds.

Q. Do you believe this to be to your advantage or disadvantage?—A. To my advantage.

Q. Are you tired of the present diet, or do you experience any dislike to this powder, bread or biscuit?—A. No.

Q. Do you feel able judging from your physical condition for the last 30 days, and from what you now experience, to continue the test for another 30 days if asked to do so by your superior officers?—A. Yes.

Q. Having carefully read the preceding questions and the answers you have given thereto, and knowing fully and realizing that in consequence of this sworn testimony Her Majesty's troops of the different parts of the Empire might be sent on active service for a period of 25 or 30 days with no other food than the diet you have taken for this last 30 days, do you swear that your answers contain the truth and nothing but truth?—A. I do.

(Signed) O. V. WILLIAMS.