

thoroughly the "laws of life," and there would not be the pampered appetites that now exist and that pave the way for strong drink. There is a "sin of gluttony" as well as sin of intemperance, and I sincerely trust that the department of "dress and hygiene" will have your most careful attention.

One of the duties of our President, laid down in our By-laws, reads: "She shall also superintend the work during the year." This can only be done by correspondence. Where a new Union has been reported by the Secretary, I have written and given what assistance I could by letter. This correspondence has been a great pleasure to me — giving me an insight into the *innermost* of so many earnest workers. Over eighty letters have been written to the different Unions during the year, more would have been added had it not been for a painful accident in the winter that deprived me of the use of my right hand for many weeks. All plans of work for the coming year will be prepared by the Executive Committee and submitted for your approval. May each one have the work assigned her for which she is best fitted.

"We each have a work no other can do!
Why tarry? The harvest is white;
Go forth while 'tis day
And gather bright sheaves—
To carry the Master at night."

In conclusion let me tell you how your letters, with their tender words of sympathy, have strengthened me for the work. How the assurance of an interest in your prayers has lightened many burdens and how the reports of your good work have cheered and encouraged me—stimulating me to renewed activity and fresh devotion to our beloved cause. I can truly say: "I thank my God, through Jesus Christ, for you all, that your faith is spoken of throughout the whole world."

WHITE CROSS WORK — MRS. TURNBULL.

Dwellers by the Nile cast their seed into the waters, waiting in patient trust; knowing that when the waters shall subside, their bread will be returned to them after many days.