

When Your Joints Are Stiff

and muscles sore from cold or rheumatism, when you slip and sprain a joint, strain your side or bruise your back, Perry Davis' Painkiller will take out the soreness, and fix you right in a jiffy. Always have it with you, and use it freely. **USE**

Painkiller

**JUST A COLD
SETTLED IN THE KIDNEYS,
BUT IT TURNED TO DROPSY.**

IT WAS CURED BY

DOAN'S KIDNEY PILLS.

Read of This Wonderful Cure.
It May Do You or Your Friends Some Good to Know About It.

Miss Agnes Creelman, Upper Smithfield, N.S., writes:—About 18 months ago I caught cold. It settled in my kidneys, and finally turned into Dropsy. My face, limbs, and feet were very much bloated, and if I pressed my finger on them it would make a white impression that would last fully a minute before the flesh regained its natural color. I was advised to try DOAN'S KIDNEY PILLS, and before I had used half a box I could notice an improvement, and the one box completely cured me. I have never been troubled with it since, thanks to DOAN'S KIDNEY PILLS.

Price 50c. per box, or 3 boxes for \$1.25; all dealers, or The Doan Kidney Pill Co., Toronto, Ont.

Not Only Relief; A Cure.

ASTHMA

Many discouraged Asthmatics who long for a cure or even relief lack faith to try, believing a cure impossible. HIMEROD'S ASTHMA CURE is truly a grand remedy and possesses a virtue unknown to other remedies that not only instantly relieves but cures.

The late Sir Dr. Morrell McKensie, England's foremost physician, used HIMEROD'S ASTHMA CURE constantly in his private practice. If you are discouraged send for a generous free sample. It will not disappoint you.

HIMEROD'S ASTHMA CURE is a standard remedy prescribed by many eminent physicians and sold throughout the world for over a quarter of a century. A truly remarkable testimonial in itself.

HIMEROD WFFO CO.,
14-18 Years Old. New York.
For sale by all druggists.

Mothers

who have not yet used that English Home Dye of high quality, Maypole Soap, can save time, money and patience, by discarding the old-fashioned, powder dyes and buying Maypole Soap, sure, brilliant, fadeless. It washes and dyes at the same time.

Maypole Soap Dyes

Sold everywhere
in one color, 25c. for Black.



CHURCH BELLS

Chimes and Peals,
Best Register Copy and Title, and other prices.
M. SHANE BELL FOUNDRY

When answering advertisements please mention the Messenger and Visitor.

**A GUARANTEED CURE
FOR DYSPEPSIA OR MONEY
IS FOUND IN K.D.C. REFUND**

K.D.C. CO. 100 N. 1st St. N. S. C.

The Home

PRAISE YOUR WIFE.

Praise your wife, man; for pity's sake, praise your wife when she deserves it! It won't injure her any, though it may frighten her some from its strangeness. If you wish to make and keep her happy, give her a loving word occasionally. If she takes pains to make you something pretty, don't take it with only:—

"Yes, it is very pretty. Won't you hand me my paper?"

It will take you only a moment's time to kiss her and tell her she is the best wife in town. You will find it to be a pay-investment—one which will yield you a large return in increased care and willing labor for your comfort. Loving praise will lighten labor wonderfully, and should be freely bestowed.

I called on a friend one day and found her up to her eyes in work. "Oh, dear," she said, "this is one of my bad days; everything goes wrong, and I haven't got a thing done!"

"Let me help you," I said.

"No, no," she replied, gently pushing me into the sitting-room, "I'm going to leave everything and rest a while; but I must just wipe up this slop first," pointing to an ugly spot which disfigured the pretty oil-cloth.

Just as she stooped to do it her husband came in; he didn't see me, but he went straight to his wife. One quick lift, and he placed her on her feet, and, taking the cloth from her hand, wiped up the spot himself.

"There, busy-see," he said, "you have done enough today. You tired yourself all out getting my favorite dinner. Now I think I'd leave the rest till tomorrow."

I spoke to him then, and he sat with me a few minutes before going down town. Shortly after, my friend came in, looking very much amused.

"I guess I was in the dumps," she said, laughing, "for I've finished; and everything has gone swimmingly since E— came in."—Common People.

MOVING TIME.

In choosing the wall papers for renovating the application of some of the simple rules of form and color will be of value. It has come to be pretty well understood that sunny rooms do not need yellow, or red, or tones or them, in paper or carpet. On the contrary, greenish and bluish greys keep the room bright but restful. For the north room just the opposite scheme is observed: Plain colors increase the look of space and give an idea of extent, but large patterns diminish space. For a small hall or entry use paper and carpets of a plain color, or certainly very small patterns. Sometimes a room is narrow but high, and is then improved in proportion by a deep frieze of small-pattern paper, with plain paper below. Paper should be chosen, too, with an eye for the light and shade in the room. The upper half of the room is darker than the lower half; bearing this in mind, a low room is brightened in effect with a light frieze and ceiling. Conversely a high-studded room can be made more cosy with a dark frieze and slightly tinted ceiling.—Ex.

BUYING A STAIR CARPET.

It is always worth while to get an extra half yard when buying a new stair carpet—the extra piece to be folded underneath either end. Every month the carpet should be shifted up or down, so that the piece that has been trodden one month will be against the back of the stair the next. In this way the whole carpet is worn evenly, and not just at the stair edges.—Ex.

THE BEST WHITENASH.

Slake half a bushel of quicklime with boiling water keeping it covered during the process. Strain it, and add a peck of salt dissolved in warm water, three pounds of rice which has been previously boiled to a thin paste, one-half a pound of powdered whitening, and one pound of clean glue,

dissolved in warm water. After mixing all these ingredients, let stand for several days. If this wash be kept in a kettle and heated very hot before being put on it will be found to have the brilliancy of paint, and if tinted with some of the paint powders it can scarcely be told from paint and is almost as durable. It is wonderful what a little paint or whitewash adds to the looks of a place and its healthfulness, too. It is indeed too bad to neglect using them where needed.—Ex.

EDUCATING WIVES.

As a mother of both boys and girls, interested in all that tends to bring about the best results for both sexes, I have been wondering if the educational pendulum has not swung one way far enough. Fifty years ago, as soon as a girl had finished her 'schooling,' she turned her attention to things concerning the home. She improved her knowledge of cooking and sewing, prepared her linen and began to look forward to a home of her own.

How is it now? No girl must think of getting married—that may happen, but it is of secondary consideration. She must be ready to preside at club meetings, to lecture or to teach. Even before she leaves the grammar grade she must be on committees, and belong to numerous societies. When she enters college so many duties of a social nature claim her that little time is left for the home, and the wonder is when she does her studying. Is it strange that health gives way and many young women sooner or later find their way to sanatoriums, or have nervous prostration?

Another thing—our boys find it a struggle to earn a livelihood, and if they delay marriage until they have a large income, they lose years of blessedness in a home of their own. And if they marry with small means they certainly need a wife who knows something of the laws of running a house. So while we are striving to shield our girls and prepare them for life, let us not forget the boys, and let us prepare the girls to be 'helpmeets' then we shall have happy homes.—Congregationalist.

Nasturtium vinegar is also delicious for salads. To make it, fill a fruit jar with nasturtium blossoms and add to it a shallot, one-third of a clove of garlic and a red pepper, all chopped very fine, and cover with cider vinegar. At the end of two months strain and filter.—Ex.

A WARNING TO MOTHERS.

Ask any doctor and he will tell you that the "soothing" medicines contains opiate and narcotics dangerous to the health of infants and children. Every mother should shun these so called medicines as she deadly poison. Baby's Own Tablets is the only medicine specially prepared for children sold under an absolute guarantee to contain no opiate or harmful drug. Every dose helps little ones and can not possibly do harm.

No other medicine has been so warmly praised by mothers everywhere. Mrs. J. R. Standen, Weyburn, N. W. T., says:—"Baby's Own Tablets are valuable in cases of diarrhoea, constipation, hiccups, or when teething. I have never used a medicine that gives such good satisfaction."

These Tablets will promptly relieve and cure all minor ailments of children, and may be safely given to a new born baby. Try them for your child and we know you will use no other medicine. Sold by druggists at 25 cents a box or sent by mail on receipt of price by writing direct to the Dr. Williams Medicine Co., Brockville, Ont.

By the first of October there will be added to the plant of the Dominion Iron and Steel Company three mills for the manufacture of finished products, a plate mill and machinery mill. Five hundred additional men will be employed by the company during the construction of the mills, and when in operation they will add three hundred men to the permanent force of the company. In addition to three new mills the company are making many other improvements to their plant. Two hundred and fifty coke ovens are now in course of construction. Two hundred of these are being built by the United States Coke and Gas Company and the steel company is building fifty of them.

Abbey's Effervescent Salt

The best Tonic and System Regulator for Spring

It purifies the blood and improves the tone of every organ in the body.

A teaspoonful in a glass of water in the morning after breakfast.

Sold by all druggists.

MILBURN'S

LAXATIVE PILLS

Are a combination of the active principles of the most valuable vegetable remedies for diseases and disorders of the Liver, Stomach and Bowels.

CURE CONSTIPATION

Sick Headache, Jaundice, Heartburn, Catarrh of the Stomach, Disinclination, Blisters and Pimples.

CURE BILIOUSNESS

Dyspepsia, Sour Stomach, Water Brash, Liver Complaint, Sallow or Muddy Complexion.

CLEAN COATED TONGUE

Sweeten the breath and clear away all waste and poisonous matter from the system. Price 25c. a bottle or 2 for 50c. All dealers or THE T. MILBURN CO., Limited, Toronto, Ont.

\$25 { APRIL, MAY and JUNE

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