FEBRUARY 26. 1002.

It is a select company that gathers here. Those who sneer at Christians stand upou a lower plane than they. Of the two the Christian belongs to a nobler type of manhood -- a type that has its source in God. The humlbest member which it includes has a place in the kingdom of heaven.

We are Brought near to the patient sufferer We more than the emblems on yonder table; we behold the cross, and the bruised body, and the blood dripping to the ground. We come into the presence of the mystery ofredemption, and hear the pleading cry, "Pather forgive them." What is the world to us after such a vision i Can its vain shows deiight us more? Can we go from that sacred place to pursue our own selfish ends? Do we not rather say, "We also die; we are "crucified with Christ, and to the world, and the world is crucified to us. Henceforth our joy shall be to live for him who died for

He who brings a clear vision, and a sincere and loving hear to this simple service will find it a means of spirit-ual refreshment. It is not to the most of us what it ought to be, nor what it might be, but the fault is with ourselves alone

It is said that Prince Albert on one of his visits to the Highlands of Scotland drank from a spring by the wayside, and that its owner erected a monument to commen orate the incident, and also a cistern through which the water might flow for the refreshment of weary travellers It keeps ever green the memory of "Albert the good," and is a constant benediction to all the country round. The Lord's Supper is a mounment placed by his own direction It has seen his witness through all the ages: it has contributed to the preservation of the knowledge of the great gospel facts, it helped the faith of believers, and sent them on their way with a song in their hearts.

If here we can discern the Lord's body in the true spiritual sense the place becomes one of privilege and We discern a "real presence" more real and blessings. blessed than what Romanist ever knew.

UNIVERSAL OBLIGATION.

The observance of the Lord's Supper is a matter of obligation as well as of privilege. It was given to the eleven disciples, but also to all believers to the end, and yet it is habitually neglected by many who profess to be the followers of Jesus.

The conduct of some hinders their appreach to the table of the Lord. Conscious that their life is wrong. and having a sense of the fitness of things, they cannot persuade themselves to partake of the emblems of the Lord's body and blood. But why not make their lives The remedy is with themselves.

Some plead their unworthiness. It is well to have a tender conscience, bat it is not well to cherish morbid sentiments respecting ourselves. No person's natural fitness qualifies him for gospel ordinances. When God justifies a sinner he does not take his worthiness into the account. It is wholly a matter of grace

There is a passage however, already adverted to, that makes them afraid. "Whoseever shall eat the bread and drink the cup in an unworthy manner, shall be guilty of the body and of the blood of the Lord." The apostle is The apostle is the body and of the blood of the Lord." The apostic is reproving them on account of certain disorders in con-nection with their feasts. The more opulent brought their portion, leaving their poorer brethren unsupplied Rach was intent on his own eating and drinking to ex-Each was intent on his own eating and drinking to ex-cess, while others were left to go hungry. Whether the Lord s Supper came before or after such a feast, they were is no condition to observe it with becoming solem-nity and reverence. The passage certainly gives no ground for discouragement. The sincere believer need not worry on account of his own unfitness. Let him claim gospel promises and enjoy its privileges.

ال ال 38 The Mid-Week Discovery.

BY JOHN H. MASON.

I had been feeling for some time that something might be done for our midweek meeting. It was large, strong, devotional and in many ways satisfactory already. But I wanted to see the attention of my people more con trated and more sustained on the word of God. Further, I believed that a new emphasis upon the divine word would draw in some who had fallen by the way.

The Epistle to the Ephesians was the Scripture chosen for the experiment. The time given to the book extended from September to January In September a printed slip was distributed in the form of a bookmark, upon which the schedule was laid ont. The passage for each week was designated and a topic for each Scripture was

drawn from the passage. Every student of the Bible knows that the Epistle to the Ephesians is not easy reading ; and further that in this, as in other Pauline epistles, the harder and therefore more discouraging part is at the beginning. I knew that my people were just verage men and women. There were few college graduates among them and few who had learned to study or to think in the thorough-going method of to-day. Yet I was not moved to select an easier epistle or one that would lend itself to a more simple analysis. I was convinced that my people were fully equal intellectually to the humble saints at Rphesus to whom P al primarily wrote At last I determined to try them. I suggested that every attendant should read

MESSENGER AND VISITOR.

the entire epistle every day from September to January. That provoked a smile, but some of them thought it worth trying.

The first meeting was not altogether encouraging. Syme who had taken my word for it that there were pro found depths which were worth plambing, but which were sure to be missed by the easy gliding average reader, put their minds on it. They worked hard. And they were staggered by that first overwhelming sentence following the salutation. Good Bro. A admitted that he was altogether in the fog. The Scripture had never troubled him like this before. Brother B. was greatly encouraged by the confession of Deacon A., for he had attempted the same deep waters and had lost his footing, too. Sister C. had got more, to be sure; but somehow her search had been unsatisfying. At the close of the meeting the brightest and most thorough Bible student in many counties told me that I had made a large mistake. One might venture the gospel story in that way, but not one of Paul's epistles ; least of all the Epistle to the Ephesians.

Of course I went right on. The second meeting was better. The fogs began to clear a little. Some who had read the epistle seven times in the interval began to see Streaks of dawn We were on the second half of the first chapter. A few felt that the eyes of their understanding were beginning to be enlightened and the vision of the glory of their inheritance was beginning to The people went home with brighter face take shape.

By the third week the attendance was growing, and some whose faces had become unfamiliar were straggling There was a more cheerful and confident note in hack. this meeting. A few had read the epistle fourteen times this meeting. A few had read the epistle fourteen times now They were getting fairly excited. They would have agreed with Coleridge had they known that he said, "This Epistle to the Ephesians is the divinest composition of man" The thought of God's great love wherewith he loved us was getting a new hearing, and the warm streams of that love were quickening. The thought of a new power, yea, even of new life, out of the old dead sterility became real and pregnant. There were more voices in the meeting to night. Somehow s new spirit seemed to be among us. The words that were spoken were more thoughtful and more meaningful. Those stereotyped phrases which were com spring seem to be going out of fashion with us. common

It is the last week. We have just closed our final meeting. What a meeting it was for the last night of the year. A meeting of experience, gratitude, contrition, confession, consecration. The face of Deacon A. was shining. He had read the book at least three score times. He referred to-night to that first meeting in September and to the darkness in which his spirit struggled. He has not solved all the mysteries, b heart is flooded with sunshine. And the mysteries do not trouble him. Sister C. has read the book seven God's word (not merely this little fragment) means so much more to her now, God means more. Christ means more. Life means more. The cumulative effect we had not thought of that.

Again to-night, as at the first meeting, the pastor referred to Paul's method, elsewhere as well as here ; first a mighty foundation in Christian doctrine, as men call it, then upon this the noble structure of an earnest Christian life. The second part, which is practical, appeals more directly to this practical age of ours. without the superb foundation of Christian truth reach-ing back to deepest eternity and into the very heart of God (and yet involving every humblest human soul) there would be no overmastering motive for the Chris-tian life toward which Paul is urging us. Without that his appeal might be stirring, but it would not be con wincing

To-night we are looking backward. Naturally, for the year is dying. No, not that. We are looking back-ward along the way by which Paul has been leading us. We have concluded that he knew what God's world and Christ's church were going to need in the first years of the twentieth century. We rather like Paul's method now that we understand it better. We rejoice in the grace of God as we never did before. Christ has made his way deeper into our hearts. The cross is a mighty fact after all. We are going forward into the new year with one new resolution at least, viz. : to know God better through his word.

The boys and girls are home from college for the holidays; and some of them were with us to-night. At the close of the meeting a Vassar senior sought out the pastor and with eyes and voice filled with soul, said : "That it the kind of meeting I believe in. "-The Standard.

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Negro Baptists in the United States. BY H. L. MOREHOUSE.

Phenomenel has been the growth of Negro Baptists in the United States since 1860 Then they numbered a scant 400 000; now about 1,800 000 are reported. Mak-ing allowance for laxness in revision of lists of church

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A Purpose is a Power.

REV. C. R. CRUIKSHANKS.

Our purposes exercise a strong, controlling influence Our purposes exercises a strong, controlling infinence in the formation of our character. Abraham, in obedi-ence to the God of his life, purposed in the heart to offer his only son, Isaac, upon God's alter; and this straight of the state, upon God's alter; and this interaction of literal and implicit obedience to God, and immortalized him as the lather of the faithful loseph purpose of affaithy to principles of purply or all restraint. Daniel purposed in his heart that he interaction of the state of the faithful provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and his provide the distance with the mistress of sin, and the provide the distance with the mistress of sin and the provide the distance with the mistress of sin and the provide the distance with the distance with a time of the midst of evil and domestic strift and in a time of the midst of evil and domestic strift and in a time of the midst of evil and domestic strift and in a time of the the mame of the Lord his God. Although God did provide the the way for his son, bo erect the fast to prove the distance with the distance and power of the restricted and controlled by a subling purposed in his restricted and controlled by a subling purposed in the missing to God and do something for the world. Any rest is a latensely and distances and power on the hord mining the they are borne upon the boom of the incoming the toward the ocean of externity. A life without a restricted the screen of externity. A life without a restricted the screen of externity. A life without a restricted the screen of externity. A life without a restricted the screen of externity. A life without a rest more in the formation of our character. Abraham, in obedi-ence to the God of his life, purposed in the heart to