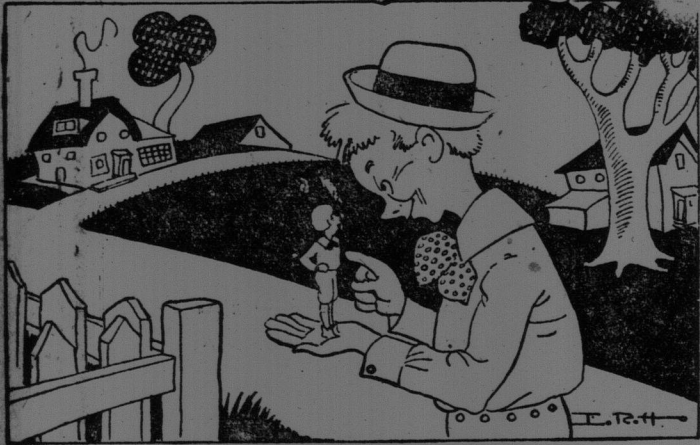


EVENING TIMES-STAR MAGAZINE PAGE FOR THE HOME

ADVENTURES OF THE TWINS

By Olive Roberts Barton

THE LITTLE GIANT BOY.



"Where did you come from?" he giggled.

The next person the Twins met in Beanstalk Land was a little boy for Beanstalk Land, but a very big boy for any other place. The Twins were not half way in his shoe tops.

"What's the matter, little boy?" called Nancy as loudly as she could. But whether it was because she was

TRY MAGNESIA FOR STOMACH TROUBLE

It Neutralizes Stomach Acidity, Prevents Food Fermentation, Sour Gassy Stomach and Acid Indigestion.

Doubtless if you are a sufferer from indigestion, you have already tried pepsin, pancreatin, charcoal, drugs and various digestive aids and you know these things will not cure your trouble—in some cases do not even give relief.

But before giving up hope and deciding you are a chronic dyspeptic just try the effect of a little Bismarck Magnesia—not the ordinary commercial carbonate, citrate, or milk, but the pure Bismarck Magnesia which you can obtain from practically any drug-gist in a teaspoonful of the powder or two compressed tablets with a little water after your next meal, and see what a difference this makes. It will instantly neutralize the dangerous, harmful acid in the stomach which now causes your food to ferment and sour, making gas, wind, flatulence, heartburn and the bloated or heavy, lumpy feeling that seems to follow most everything you eat.

You will find that provided you take a little Bismarck Magnesia immediately after a meal, you can eat almost anything and enjoy it without any danger of pain or discomfort to follow, and moreover, the continued use of the Bismarck Magnesia cannot injure the stomach in any way so long as there are any symptoms of acid indigestion.

body would have thought there was a fire somewhere.

"But still the boy didn't hear. 'Climb up and shout in his ear,' suggested Nancy. 'Perhaps we can help him.'

"So up climbed Nick, with the help of his little green stick. He did it so quickly and the little boy was crying so hard that the Beanstalk boy never noticed that he had a visitor until he heard a voice right beside his ear wanting to know what the trouble was.

"Who—who are you?" cried the Beanstalk boy. "Are you a fairy or something?"

"No, just me," laughed Nick. "I mean, just I. And the other half of me is down there on the ground beside you."

"Oooo! I'm afraid to look," shivered the boy. "How can you be alive if there is only half of you?"

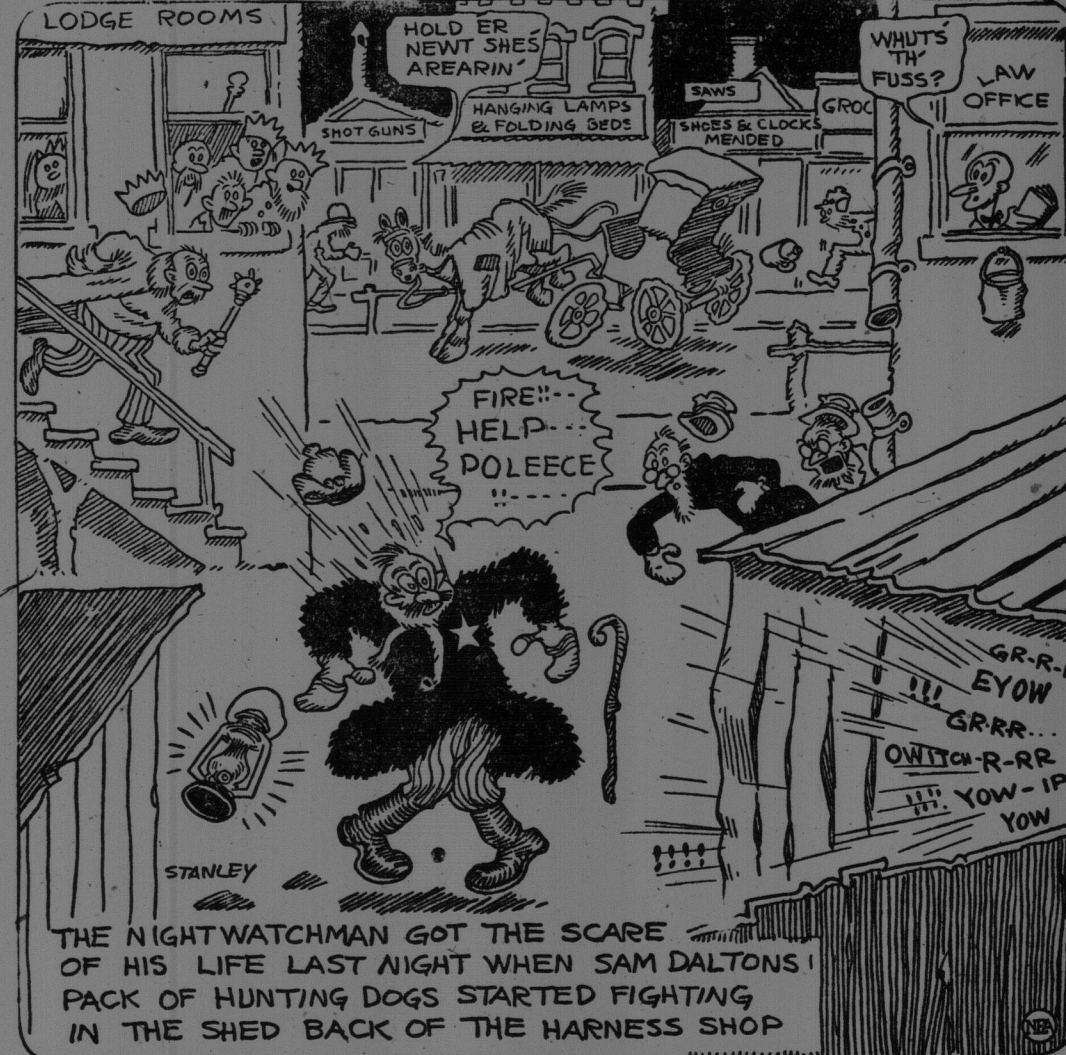
"Don't be afraid," Nick assured him. "We're twins, you see."

"So the Beanstalk boy peeped first shoulder with his huge hand, looked at him, too. 'Where did you come from?' he giggled. 'You're awfully cute! Are you fairies, or boys come to life, or what? I never saw anything like you before.'

So Nick told him as loudly as he could how they had played a magic trick on him like Jack's, and when a big beanstalk grew suddenly to the sky, they had climbed it as quickly as they

THE OLD HOME TOWN

By STANLEY



THE NIGHTWATCHMAN GOT THE SCARE OF HIS LIFE LAST NIGHT WHEN SAM DALTON'S PACK OF HUNTING DOGS STARTED FIGHTING IN THE SHED BACK OF THE HARNESS SHOP

could. And that was how they happened to be in Beanstalk Land.

"What were you crying for?" asked Nick suddenly.

"Crying? Oh, I forgot, so I was," exclaimed the boy. "Boy, hoo, hoo! I have to go to the dentist's and have a tooth fixed at 10 o'clock, and I don't want to." And he started to cry all over again, so hard that Nick thought he was going to be drowned.

"Where do you live?" shouted Nick.

"O-ver there!" sobbed the boy. "Over there in that red house, and it's nearly 10 o'clock now."

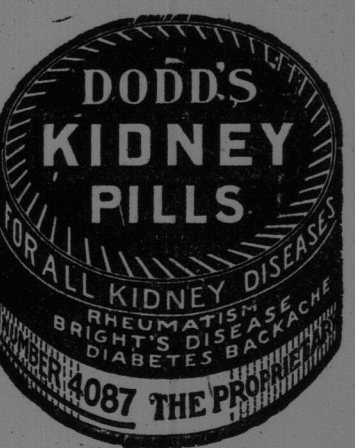
Nick slid down to the ground, where Nancy was waiting. "Say," he declared, "I don't blame him for yelling. I don't like to go to the dentist's either. Perhaps we can do something to help him. What do you say if we go over to the red house and see what can be done?"

"But Nick wasn't so sure. 'We fellows have to stick together,' said he. 'And I'm going to do something. You can come along if you like.'

So poor Nancy had to go whether she wanted to or not. (To Be Continued.)

Sure Way to Get Rid of Blackheads

There is one simple, safe, and sure way that never fails to get rid of blackheads, that is to dissolve them. To do this, get two ounces of peroxide powder from any drug store—sprinkle a little on a hot, wet cloth—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads, little blackheads, no matter where they are, simply dissolve and disappear. Blackheads are a mixture of dust and dirt and secretions that form in the pores of the skin. The peroxide powder and the water dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition.



W. A. Pins Presented To Junior Members

The annual meeting of the Junior W. A. of St. John's (Stone) church was held yesterday afternoon. Mrs. Hammond J. Evans and Mrs. Noel Sheraton are the leaders for the branch and were in charge of the programme. The minutes of the last meeting were read by Phyllis Shearton, who made a very dignified and capable little secretary.

The collection at the meeting and the amount in the thank-offering boxes amounted to a total of \$4.92. A missionary game was played. Mrs. A. L. Fleming presented W. A. pins to seven of the members who had won these awards by good work in the branch. Refreshments were served after the programme.

Your Health

BY DR. CLIFFORD C. ROBINSON

BOTULINUS POISON.

Bacillus botulinus is one of the forms of food poison which often and fatally. It is formed by the action of bacteria on nitrogenous matter. It is found or formed in canned meat, fish and vegetables.

Heat will destroy the bacillus, but sometimes the poison will remain and will take the time and trouble to boil canned vegetables, such as beans, peas, corn, asparagus and beets for half an hour before serving, the poisoning will be avoided.

In the acid fruits such as peaches, plums, cherries and raspberries, this botulinus poison has practically no danger.

In the commercial products put out by large canning companies there is rarely any danger owing to the extreme care and sanitary conditions under which these products are produced.

There are cases recorded of this food poisoning, where there was no evidence of toxic influence, and others where the food was spoiled and yet had no poisonous effect. One reason for the high death rate from this poisoning is that many physicians are unable to cope with botulinus, even after the symptoms have been diagnosed.

The condition brought about by the poisoning is a true intoxication, being formed in the food and absorbed by the gastric-intestinal tract. The toxic condition causes marked thrombus, (clot) formations in both arteries and veins with hyperemia and severe hemorrhages in the meninges (membranes of brain and spinal cord) and central nervous system. Death usually results in from eight to 88 hours.

Every housewife should take the precaution to boil home canned vegetables before eating. It is better to be safe than sorry.

Rich American Girl Has Appendix Removed

Stricken With Appendicitis While In London

A special newspaper dispatch states that the young American heiress, Miss Rosemary Burr, was stricken with appendicitis while in London. She was operated on by the best surgeon in England and her recovery is expected.

A Treacherous Disease.

Appendicitis attacks at any moment even persons seemingly in good health. Usually, however, it is preceded by so-called stomach trouble, constipation or similar disturbances. Often when there is a warning feeling of uneasiness in the abdomen, appendicitis can be guarded against in the same manner in which one guards against the spread of throat infection, because that is just what appendicitis is—an infection in the intestines spreading to the appendix. When one has sore throat, one can often prevent further trouble by using an antiseptic wash or gargle to fight the germs and a laxative to carry off the poisons from the body. The same procedure is necessary to fight the intestinal germs and to guard against appendicitis. But instead of an antiseptic wash for the throat, an INTESTINAL antiseptic is necessary.

Intestinal Antiseptic.

There is now offered to the public a preparation having the DOUBLE action of an intestinal antiseptic and a COMPLETE system cleanser. This preparation, known as Adlerika, acts as follows:

It tends to eliminate or destroy harmful germs and often a magical action in the intestinal canal, thus guarding against appendicitis and other diseases having their start here.

It is the most complete system cleanser ever offered to the public, act-

ing on BOTH upper and lower bowel and removing all matter which poisoned the system for months and which nothing else can dislodge. It brings out all gases, thus immediately relieving pressure on the heart. It is astonishingly effective in cases of constipation, as it is a powerful laxative. Try it right after a natural movement and notice how much more foul matter it brings out, which was poisoning you. In slight disorders, such as occasional constipation, sour stomach, gas on the stomach and sick headache, one spoonful Adlerika ALWAYS brings relief. A longer treatment, however, is necessary in case of obstinate constipation and long standing stomach trouble, preferably under direction of your physician.

Reports From Physicians.

"I found Adlerika the best in my entire 31 years' experience." (Signed) Dr. C. Eggers.

"I use Adlerika in all bowel cases. Some require only one dose." (Signed) Dr. F. M. E. (Name given on request.)

"I have found nothing in my 60 years' practice to exceed Adlerika." (Signed) Dr. James Weaver.

"After taking Adlerika I feel better than for 20 years. Haven't language to express the AWFUL IMPURITIES eliminated from my system." (Signed) J. E. Puckett.

Adlerika is a constant surprise to people who have used only ordinary bowel and stomach medicine, on account of its rapid, pleasant and COMPLETE action. It is sold by leading druggists everywhere. Sold in St. John by J. Benson Mathony, druggist, 2 and 4 Dock street, and other leading druggists.

FRECKLES AND HIS FRIENDS—KEEPING LATE HOURS



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By CAP HIGGINS



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By Swan



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THE J. L. MATHIEU CO., Props, SHERBROOKE, P.Q.

Makers also of Mathieu's Nerve Powders the best remedy for Headaches, Neuralgia and Febrile Colds.