

SHORT PRAYERS FOR CONFESSION AND COMMUNION.

PRAYER BEFORE CONFESSION AND EXAMINATION OF CONSCIENCE.

Behold me, O Lord, prostrate at thy sacred feet, in order to declare unto thee in the person of the minister all the sins of which I am guilty. Grant me grace to know them, to confess them all with sincerity and to detest them with my whole heart.

PRAYER AFTER CONFESSION.

I am no longer thy enemy, O, my God. By the virtue of the sacrament which I have just received, thou hast healed the wounds of my soul; thou hast received me into thy favour, thou hast revived the merits of my good works, which were dead through sin, and thou hast changed into a temporal punishment the eternal damnation which my sins deserved. Grant me, O God, the gift of perseverance in thy service. Ah! let me rather die a thousand deaths than offend thee again.

PRAYER BEFORE COMMUNION

Divine Jesus, although thou art not visible to the eyes of my body, I believe it is thyself, thou art about to give me. Alas I am very unworthy of so great a favour, after having dishonoured thee so often, but thy infinite goodness overcomes my rebellious, obdurate heart, makes me weep over my sins, and fills me with love for thee, and with the most ardent desire of receiving thee. Come then, O Saviour of the world, purify my soul from all its stains and establish thy throne therein for ever.