

R/

Morphine . . . . . grain 1.  
 Sodium or strontium bromide . . . . . drams  $1\frac{1}{2}$  to 2.  
 Tr. hyoscyamus . . . . . drops 10 to 20.  
 Tr. capsicum . . . . . drops 5 to 10.  
 Syrup of tolu or simple elixir q.s. . . . . ounces 2.

M. Sig.—A teaspoonful every fifteen to twenty minutes to effect.

I think this combination acts very similarly to very small repeated doses of H.M.C. I used it twenty years before H.M.C. was suggested, and have recommended it in hundreds of cases, and its influence is highly satisfactory, as it is difficult to get too much of a morphine influence or any other unpleasant effect upon the stomach. Those who cannot otherwise take morphine can take it with only goodly results in this combination.

General pain or local pain, either of uncertain cause, is greatly benefited by hot applications, if the surfaces are cold and the temperature of the body is low. This should always be borne in mind. Intense and persisted heat will not only help restore normal conditions and relieve pain, but will prevent its recurrence.

#### ACUTE POLIOMYELITIS.

According to Dr. Schreiber (French correspondence, *Medical Press and Circular*) the prophylactic treatment consists in isolation of all contaminated patients; and in times of epidemic, every person in touch with the patient should be isolated. As the olfactive mucous membrane is loaded with the medullo virus, this region should be disinfected by the introduction into each naris of a pomade such as:—Solol,  $\frac{1}{2}$  dr.; menthol, 5 grs.; vaseline, 1 oz. Rest in bed, quinine for fever, aspirin or salicylate of soda for pain, calomel, and hot baths. In the meningitic form, lumbar puncture may be useful. When the case enters on the period of repression, vicious attitudes must be corrected, and massage—at first very light rubbing—as the muscles are often sensitive; later on heavier pressure, the muscles completely relaxed by flexion. Gymnastic movements are good against ankylosis and muscular atony. Later the galvanic current will often be found useful, the negative pole being moved over the different paralyzed muscles. General treatment salt baths, friction, and general tonics.