

should add to their armamentarium a more extensive use of the out-of-door, rest-in-bed treatment.

6. The space devoted to administrative and laboratory purposes should be greatly increased, if Ontario is to take full advantage of her vast material for clinical and research work. We are all earnestly looking for the day when we shall have a psychiatric clinic or clinics, but if these institutions are to have the confidence of the profession and of the general public, they must avoid that great defect in the corresponding institutions in Europe—neglect of their patients in a misdirected zeal for science.

While we saw many things in these foreign countries worthy of our admiration and emulation, it must not be inferred that this country has been laggard in its treatment of the insane. Nowhere did we see so good a system of clinical records as in Ontario, nor do the medical staff place themselves so constantly and intimately into relationship with their patients. Our training schools for nurses have a much more comprehensive curriculum than that of the British Medico-psychological Association, whose examination is taken after an average of only forty lectures, spread over a period of three years. Nowhere is hydrotherapy so perseveringly employed, though its merits are universally acknowledged. Our diet system for acute cases is better than that of any of the public institutions visited. In the matter of nursing we are well abreast, if not in advance, of the best of their hospitals. Everywhere we found a very fair appreciation of Ontario asylum men and methods, and a disposition to regard us as worthy rivals in the race of scientific progress in this and other branches of medicine.

In closing this hurried and imperfect account of a delightful visit, we feel it our pleasure and privilege to record our heartfelt appreciation and thanks for the many courtesies extended to us by the gentlemen connected with the various institutions visited; and if the perusal of this paper awakens the desire in any of our Ontario confreres to visit and examine the system