

A few drops of this mixture is frequently placed in a light oval respirator. Other similar agents have all had their advocates. To be of use they must be employed faithfully, and over a long period of time. The earlier in the disease the better.

Fourteen or fifteen years ago I called attention to the value of arsenic in phthisis. During the years that have elapsed since, I have had no reason to change my opinion. As a means of arresting tissue waste, it is of undoubted value, especially in young patients.

Generally speaking coughs and night sweats call for attention. Cough mixtures should be avoided as much as possible. It is necessary, however, to do something for the excessive irritative cough of many of these patients, and the preparations of opium must hold first place. By relieving the cough the night sweats are often also greatly modified. For these many remedies have been suggested. My own preference is for some dilute mineral acid, as aromatic sulphuric, or hydrochloric, with small doses of quinine or digitalis or both: or picrotoxine. This latter has on many an occasion given me the utmost satisfaction.

Frequently we are called upon to treat hæmoptysis. My own practice has been to rely almost entirely on the following measures. The head of the bedstead is elevated some. This may be considerable in severe cases. A hypodermic of morphine, of sufficient amount to color the system, more particularly the circulation. Then the administration of frequent doses of a saturated solution of magnesium sulphate until the bowels move freely. Lastly, the placing round the arms and legs elastic bands to lessen the pressure on the internal vessels, is an agent of much importance.

Preparations of iron, especially the alkaline hypophosphite, have always held a high place, with experienced clinicians.

For some years past, a vast amount has been written and said upon the use of creosote and its allies. For my own part I have satisfied myself that they are of undoubted value. Where some have been disappointed is in the fact that they expected too much from them.

Then comes Cod liver oil. Care must be taken not to over do a good thing and induce indigestion through its excessive use. I have found the combination of iron, creosote and Cod liver oil, as emulsified in Ferrol, a very satisfactory means of administering these agents.

I have not attempted to cover all of the other phases of the disease. One thing I might state, however, is that in my opinion quinine and some mineral acid holds first place in the management of the fever.