

Therapeutic Efficacy of a Mineral Water.

THE constancy of the remedy employed being such a necessary condition of therapeutic efficacy, it is worth considering that medical or scientific supervision has not sooner been employed in the bottling of the natural aperient waters which have come into such general use—for it has been stated that the aperient waters offer the one sole exception in regard to this constancy among the natural mineral springs, so that in the case of these aperient waters an inconstancy of the chemical constituents has been observed. It is therefore of interest that the Apenta Hungarian Aperient Water, introduced not long since into this country and England, is under the absolute control of the Royal Hungarian Chemical Institute. The *British Medical Journal* and the *Lancet* have recommended Apenta not only because of the constancy ensured by the guarantee of the Chemical Institute, but also for its specially favorable combination of sulphate of soda and sulphate of magnesia, the quantity of the latter being the greater, as shown by the various analyses. Professor Oscar Liebreich, University of Berlin (*Therap. Monat.*), and Dr. Althaus (*Brit. Med. Jour.*, Sept. 26th), have written to the same effect, giving Apenta preference to other purgative waters.

The water has been used to considerable extent with good success in hospital and private practice in this city and Montreal.

Meetings of Medical Societies.

The Chatham Medical and Surgical Society has reorganized with Drs. Duncan and Bray, jr., as President and Secretary respectively. It will meet on the first Wednesday of each month.

The meeting of the Niagara District Medical Association will be held in St. Catharines, Wednesday, January 13th.

The Lambton Medical Society meets in Wyoming, February 10th.

The Toronto Medical Society was called off, as usual, on Christmas and New Year's week. The meetings during the past term have been of unusual interest. The membership now numbers about 130. Any medical man in or near the city who would like to join, should apply at once for proposition to any of the members.