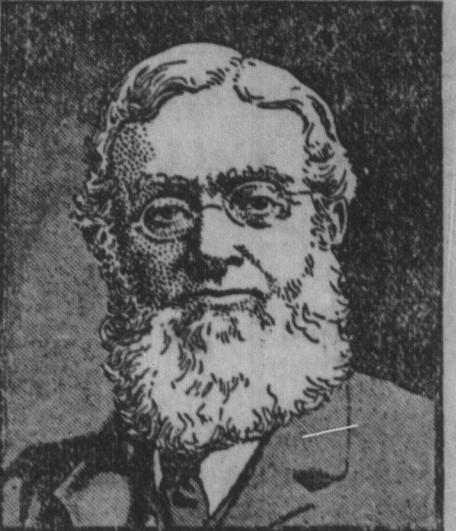


Kidney Disease For Years

This Well Known Gentleman Strongly Recommends "Fruit-a-tives" to all Sufferers.



JAMES DINGWALL, Esq.

"I have much pleasure in testifying to the almost marvellous benefit I have derived from taking 'Fruit-a-tives.' I was lifelong suffered from Chronic Constipation, and the only medicine I ever seemed to do me any real good was 'Fruit-a-tives.' This medicine cured me when everything else failed. Also, last spring I had a severe ATTACK OF BLADDER TROUBLE WITH KIDNEY TROUBLE, and 'Fruit-a-tives' cured these complaints for me, when the physician attending me had practically given me up."

I am now over eighty years of age and I can strongly recommend "Fruit-a-tives" for chronic constipation and bladder and kidney trouble. This medicine is very mild like fruit, and "Fruit-a-tives" cured these complaints for me, when the physician attending me had practically given me up.

(Signed) JAMES DINGWALL.

Williamstown, Ont., July 27th, 1908.
See a box, 6 for \$2.50—or trial box, 25¢—at dealers or from Fruit-a-tives Limited, Ottawa.

RELEASED FROM PENITENTIARY.

TORONTO, February 4.—Charles McGill, former general manager of the Ontario Bank, was released from Kingston penitentiary today, and arrived in the city this afternoon with his brother. McGill was sentenced to Kingston in February, 1907, for falsely returning to the government. His term was five years. McGill was a little thinner, a little stooped, but not so nervous as when he left Toronto three years ago. He smiled as he recognized the reporters.

"Yes, I am glad to be back," said the former banker. "I am glad to be free. If I have done wrong, I have paid the penalty. If others could say the same, there might be another story. Now, boys, I don't want to say much; when I get used to things a bit and look around, I may have something fuller to say."

"He is nervous," said the brother. On leaving the train from Kingston, the McGills walked to a street car, and boarded it and proceeded to their destination.

A casual scrutiny inclined one to the opinion that McGill was enjoying greater peace of mind, notwithstanding the excitement of his return to Toronto, than he did during his trial three years ago.

What says C. H. Purdy of Bear River Warden of Digby County.

I was a complete cripple with Rheumatism, saw

EMPIRE LINIMENT

advertised and tried it, after every known Liniment and rheumatic cure. Here I am today sound and well after using only a few bottles. I recommend it to all sufferers. Don't be without it.

C. H. PURDY.

Bear River, Dec. 27th, 1906.

TOLEDO, O., February 4.—Unable to effect an organization because of the deadlock over the admission of the miners' delegates from Illinois, the joint wage conference of the bituminous coal operators and miners of Ohio, Indiana and Pennsylvania, adjourned to-night sine die. No provision was made for another meeting. This it is declared does not mean necessarily a suspension of work.

THEY ACTUALLY CURE RHEUMATISM**Gin Pills Prove It**

It is one thing to claim to cure Rheumatism. It is quite another to do it. Gin Pills bear out every claim we make for they are not a "favorite prescription" or a "marvelous discovery" or a "wonderful secret preparation."

They are a simple, common-sense, scientific combination of medicines that have proved their value in Rheumatism and Bladder Troubles, and Disorders of the Liver.

Ogden, N. S., July 1st, 1909.

"I have been troubled with Rheumatism so bad that I could not work. A doctor tended me and advised me to go to the hospital but all of no good until a friend told me to try Gin Pills. I did so and after using a few boxes, I am perfectly cured. I am recommending Gin Pills."

D. J. LAWLER,

There is no reason why Mr. Lawler's case should be any different from yours. He took Gin Pills and cured himself of Rheumatism. Why don't you take them and cure yourself?

We will let you test them free. A sample of Gin Pills will be sent you, absolutely free, if you write the National Drug & Chem. Co. Limited Dept. N. S. Toronto.

STARVING IN AFRICA**DR. KUMM'S GREAT JOURNEY ACROSS DARK CONTINENT.**

Head of Soudan United Mission Returns From Remarkable Trip From the Niger to the Nile, in Which He Suffered Severe Hardships—Famished Followers Boiled and Ate Their Sleeping Mats.

Dr. Karl Kumm landed at Dover, Eng., the other day on the conclusion of one of the most interesting and important African journeys undertaken of late years. Dr. Kumm is the head of the Soudan United Mission, an organization whose staff consists largely of university graduates, with representatives from South Africa and America, and which has already established a line of posts through the less known parts of Nigeria bordering on the Central Soudan, and has penetrated as far into the interior of Africa as that region were British, French and German possessions meet on the edge of the Sahara.

Accompanied by a number of missionaries who were to be left at the various stations en route, Dr. Kumm started on his great journey in the autumn of 1908. When, on the completion of his purely missionary work, he found himself 900 miles in the heart of Africa, he determined to push on through little known and entirely unexplored regions with the ultimate object of reaching the Nile.

Dr. Kumm summed up the results of his journey as follows:

The opening up of a new high road across the Soudan.

Obtaining valuable information about the frontier line between Islam and paganism.

Steps taken to intercept and cut off the last great high road for the slave traffic.

Dr. Kumm brings with him a fine collection of butterflies, many of them new, a mineral collection, plants and ethnological specimens, a new giraffe, a new buffalo, and specimens of gold, silver, tin, and copper, the source of which he found considerable deposits.

In conversation with Reuter's representative, Dr. Kumm said the French warned him that he would not be allowed to pass through the country controlled by the Chief Senussi, but he was.

"Senussi," said Dr. Kumm, "is today doubtless the most powerful independent Central African chief, and is said to be inimical to Europeans. A while ago a French Government expedition had been cut up by him, and two French traders had been killed a few months previously. I was received with every show of perfect friendliness. We were in severe straits, for I had lost all my oxen and also my best horses."

"Senussi afforded me every assistance, provided me with an escort and carriers, and supplied me with food. He is a stern, stern man, and possesses a large number of modern rifles, probably several thousands. I had many interesting conversations with him, and found him to be intelligent and well informed. His palace is strongly fortified, and is situated at the head of a great and beautiful gorge in his capital town of Ndeli. Some of his people are troglodytes, living in the surrounding caves. Senussi has devastated the whole country round for 200 miles, and one continually comes across ruined villages, the results of slave raiding.

"Possibly the worst experience of my journey was on the Kotto River, the main northern tributary of the Mombanghi Congo. When I arrived on the bank of this river towards the end of the rainy season the stream was in full flood. The food supply for the two hundred people who were with me had come to an end, and for five terrible days we struggled as we were endeavoring to cross. We tried every means, and at last succeeded in getting everything over to an island in mid-stream by means of a bridge we built of creepers.

The hang of the new skirt is an important factor. If short, it escapes the ground with an easy swing; if long, it trails gracefully and, while

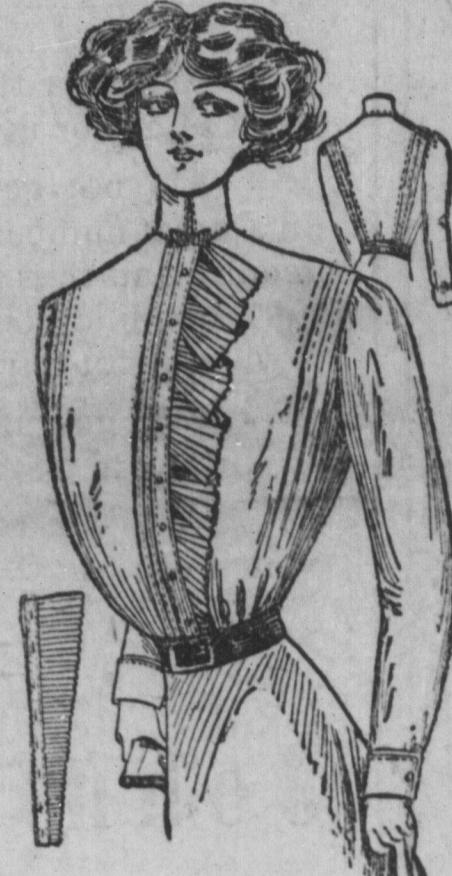
MIDWINTER FASHIONS.**White Fur Hat Crown Popular—A Sensational Turban.**

White fox crowns are used extensively for hats with black fur and velvet brims. Animals' heads and tails are liked for trimming.

A sensational turban effective, but hardly modest and retiring, is made of red velvet, with a handsome black alget fastened with a large rhinestone buckle.

Elastic belts come in Dresden patterns, and the dainty pinks and blues, with gold and silver buckles, are most attractive.

White dogskin gloves are considered smart for wear with street suits and



WAIST WITH SIDE PLAITED FRILL.

are often chosen for semi-tailored costumes.

There seems little desire on the part of women to relinquish the short skirt or even to talk it down, and it is likely to figure prominently in spring styles.

Short waists made in tailored styles, but finished with a frill at the left side, are smart. The waist illustrated has this frill, but it is removable. The tucks over the shoulder are arranged close to the armhole seams in conformity with the latest style. There are two tucks either side of the box plait.

JUDIC CHOLLET.

This May Mantua pattern is cut in sizes from 32 to 42 inches bust measure. Send 10 cents to this office, giving number, 6554, and embroidery design, 478, and they will be promptly forwarded to you by mail.

If it is desired an additional ten cent stamp for letter postage, which insures more prompt delivery.

THE TOP OF FASHION.**An Evening Frock of Grace and Simplicity—Points of the New Skirt.**

A simple and becoming little frock for a fair haired damsel is of green chiffon embroidered at the hem in a stunning Egyptian design in dull metals. The sleeves and bodice of the embroidery and the tucker of lace.

Braiding upon coats has lost none of its vogue, and all manner of original results are gained by its combination with silk cordings, rat tail buttons and made ornaments.

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