

A PAGE OF GENERAL INTEREST TO WOMEN READERS







No housewife could be more critical than we in her selection of baking materials. Highest grade flour, pure shortening, sweet whole milk, pure sugar, and June creamery butter—these are the things that account for the purity and wholesome-

JERSEY Sodas Sc, 10c and 25c packages

Daughters of the Empire



As a mark of their esteem of the Imperial Order of the Daugh. ters of the Empire will wear, for one week, a purple mourning badge 'n hon-

or of the late Earl Kitchener, lost on June 5, when the Hampshire

Contents of bales packed and shipped Queen's Canadian Military Hospital, 184, 196 towels; bale 185, 102 towels, 48 Canadian Military Hospital, Shornkit bags, hospital handkerchiefs; bale cliffe: 186, 9 suits pyjamas, 12 hospital shirts, 13 bed shirts, note paper; bale 187, 17 grey flannel shirts, 2 dressing gowns, me that you have shipped us twelve scarves; bale 188, 60 pairs socks, one box of comforts from shower.

The supply committee acknowledge the following contributions from Dawn to do what you can to send us the supplier I mentioned in a previous letter. We really need such things more

packages tobacco, 17 cakes soap, gum. Sir John French Chapter, I. O. D. E., Sebringville.—47 pairs hand-knitted French hospitals, and among the ar-Lord Roberts Chapter .- 14 grey flan- number sent in by your chapters.

met at the residence of Mrs. Carney, Maitland street, on Monday afternoon in the absence of the regent, Mrs. Cal- wounded in the French hospitals. With lard. Mrs. Walker, first vice-regent, presided. Among the other items of Sincerely business transacted a grant of \$25 was made to the returned blind sol-

The 7th Regiment Chapter is now de- Mrs. voting all its energies to the work of London, Ont.

A Business-Like Way.

page today I see where "Elizabeth

I have only two or three but will send

them in, and if anyone else sends some

for her just slip them in for her.

which I will exchange for flags.

advance. I remain,

THE NEIGHBOUR.

some flags in answer. Your envelope was

sent on to "True Patriot" at the time;

Twenty-One's Socks.

if she did not reply, I am sorry.

raising money for the purchase of an ambulance for the London camp. The fund is steadily growing, and tag day, June 17, will doubtless bring it up to high water mark.

The Campbell Becher Chapter met on Frid last in their rooms, city hall. last in their rooms, city hall. It was decided to subscribe for the city papers, to be sent to the mem-bers of the Pioneer Battalion, St. An-drews by the Sea. An informal dance will be be held at the pavilion, Spring-bank, on June 16. Proceeds for the blind soldiers' fund.

CANADIAN WAR CONTINGENT The following has been received from the secretary of the C. W. C. A., London, England, acknowledging the no-Shorncliffe, England, June 9: Bale tice of shipment of bales to Queen's

> LONDON, MAY 25, 1916.
>
> Dear Mrs. Campbell,—I have just received your letter of May 6, notifying cases of hospital supplies.

It is wonderful to me how much you Owing to the meeting of the synod next week, Cronyn Hall will not be available for the chapters usually meeting there.

It is wonderful to me now fluch you contrive to do, and in addition to what you send us, to look after your sick and wounded at home must mean a tremendous amount of work.

I am very grateful for your promis-12 helpless shirts, 48 kit bags, 12 pillowcases, 32 towels, 3 boxes writing paper, 1 package absorbent cotton, 23 delighted to tell you that we were able to send out a very fine consignment ticles forwarded were a considerable nel shirts, 3 pairs socks, 3 suits pyja-mas, 1 pair bed socks.

think myself it is nice to feel that the name of the Daughters of the Empire Trafalgar Chapter, I. O. D. E., will go all over France and will always be thought of in connection with the

> Sincerely yours, ELEANOR McLAREN BROWN, Honorary Secretary Ladies, Committee, C. W. C. A. Campbell, 327 Queen's Avenue,

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible

to give replies within a stated time, as all letters have to be answered

In turn. No letter can be answered privately.]

This Bush Yields only 21/2 ozs. yearly.

very small yield considering the size of the bush. It takes about $6\frac{1}{2}$ bushes to yield a pound of ordinary tea-and about 10 bushes to yield a pound of Red Rose Tea, as only the tender shoots and buds are used to produce the distinctive flavor and richness which characterize this high-grade tea. In sealed packages only. Try it.







FOR MOTHER'S GIRL 1712-This style has deep yoke secions, lengthened by plaited skirt portions. The sleeve is cut in one with the voke and is in kimono style, with an added undersection, which may be omitted, or may be made of contrasting material. The closing is at the yoke in front. The low neck is trimmed with a smart collar. As here shown linen was used. Serge, voile, mohair, rep, poplin, taffeta, gabardine, gingham and chambray are also nice for Dear Miss Grey,-Kindly tell me where linen was used. Serge, voile, mohair, am and chambray are also nice for

> The pattern is cut in 4 sizes: 8, 10 12 and 14 years. It requires 3% yards of 44-inch material for a 12-year size. A pattern of this illustration mailed o any address on receipt of 10 cents n silver or stamps.

ADVERTISER PATTERN DEPT. Please send above-mentioned pattern, as per direction given below, to Name

Measurement: Bust..... Waist..... Caution: Be careful to inclose the caution: Be careful to his soft pat-tern wanted. When the pattern is bust tern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

in regard to your amusements. Keep

NOTES. "Carrie Nation."-Your address is desired by a soldier's wife, who signs herself "A New One."

"Patriotic."-You're a dear to send those songs on to me; before this you will have received "Blue Eyes" letter with pieces inclosed. Shall look for

RECOLLECTIONS

After an absence from my home town of many years' duration, my return was ccompanied by pleasing sensations, ningled with sadness. It was a pleasure that throughout the long years so nany had borne me in kindly reme brance, while an aching pain marked he absence of others once so familiar. Memory's Search.

ENRIGH THE BLOOD

Hood's Sarsaparilla, a Spring Tonic-Medicine, Is Necessary.

Hood's Sarsaparilla relieves all these ailments. It is the old reliable medi cine that has stood the test of forty years-that makes pure, rich, red blood that strengthens every organ and builds up the whole system. It is the all-the-year-round blood purifier and my getting my complete outfit for all-the-year-round blood purifier and health-giver. It embodies the careful training, experience, and skill of Mr. Hood, a pharmacist for fifty years, in its quality and power to cure.

The New Whole Wheat Food with the Delicious Flavor originated by the Kellogg Toasted Corn Flake Co.
BATTLE CREEK, MICH. and TORONTO, CANADA

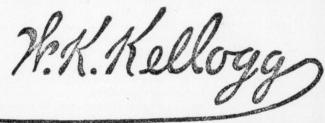
OST everybody has known for years that Wheat is the most perfectly balanced grain food in the world-but nobody knew how to make it delicious to eat until the discovery of KRUMBLES.

Krumbles is the first wheat food that gives you all the delicious flavor of the wheat-a sweetness that grows richer and richer the more you chew it.

Krumbles is all-wheat-the whole of the wheat, with all the starch, all the protein, all the mineral salts and phosphates, and all the bran that people need so much.

Made in Toronto, Canada.

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W. K. KELLOGG CEREAL CO., Toronto,

Children like

All Wheat

Ready to Eat

Chocolates When you were courting, your sweetheart got Moir's every week. Now that she is your wife, is your memory still as good? Take home a box to-night. Halifax

Gloves Cleaned Free!

cleaning sent to our head office, or any of our branches, one pair of gloves, any length, will be cleaned free of charge for each dollar's worth of work.

PARKER'S DYE WORKS, Limited



at the better class of grocers.

A refinement of the celebrated "Century" Salt DOMINION SALT COMPANY, LIMITED

THE RESIDENCE OF THE PARTY OF T

A choice dustless coffee, sold only in sealed tins — 45c per pound; smaller tins 25c.

Gorman, Eckert & Co., Ltd., London and Winnipeg

If this coupon is inclosed with an order of dyeing or

475 RICHMOND STREET, LONDON, ONT.

Be sure it's Let that be part of your next

message to your grocer if you want something different, something better for table use. It always remains free-running, even in the dampest weather, never clogs the shaker, never hardens under any condition.

In handsome dust-proof cartons

Sometimes a Success-Sometimes a Failure.

~ London onservatory Music

354-6 Dundas St. Phone 1101.

Pupils of equally good ability should always make an equally great success with their musical study. The fact is, however, that they do not. The reason is that many students fall into the hands of incompetent teachers. The only sure way is to study at an institution such as the L. C. M., where teachers must be competent in every respect.

Dear Miss Grey,—In reading your have some idea as to the size, so "T.-O.", please let us know whether your friends are small, medium or large-Anne" was asking for tobacco coupons. then a "fit" will be easier guaranteed. Cheer for the "Lonely." Dear Miss Grey,-I felt sad when I

names. I also thought that we should

read a "Soldier's Lonely Sister's" let-Has anyone got any more white satin ter, and wished I could be a help and flags? I would like very much to get a comfort to her; there are so many them, and as many as possible. In re- temptations for girls alone. If Miss turn I have embroidery pattern in Grey will send her address will write grapes for an oval centrepiece; a rose to her, and let her feel she has an grapes for an oval centrepiece; a rose with scroll and edging for pillow slips, and a large waterlily with two leaves suitable for corner of a square lunch suitable for corner of a square lunch slips.

But, dear girl, don't be in a hurry to find a soldier friend.

PRIMROSE.

For those that prefer crocheting I can Ans .- I hope "Soldier's Lonely Sis end insertion patterns suitable for corset cover tops, with directions, or I ter" will send her address so I may have a few narrow edgings which are forward it to "Primrose"; another real pretty. I have a few readings also reader of our column has also asked which I will exchange for flags. Will for it, with the wish to bring some those wanting embroidery paterns, in-sertion patterns or readings, please send you let me have it, "S. L. S."? Am at least one dozen flags for each pattern? I will leave my address with Miss

Grey. If readers will pay postage to me on flags, I will pay postage back on patand to whom application should be rep, poplin, taffeta, gabardine, ging-I saw where someone was asking how when registering with the made to take ring left by gasoline out of Women's Emergency Corps, also if the this model. application must be personal. My comgoods. I had a light colored skirt and got it soiled so I tried gasoline, and it mercial course was limited to three eft a ring, so I got some wood alcohol months, and have had a few months' and damped the ring with it, then experience in office work. Do you conscraped on pipe clay until well covered sider it possible to secure a position in and damped with turpentine. Leave until dried and then brush off. It sometimes

Please give your opinion and criticism helps to put on twice. It took all the ring off mine, and is fine to remove of my writing. Ans .- Send in your name and qualifipots. It is best to try it on a sample cations to Mrs. S. F. Lawrason, secre first, as it may not be so good for ome cloth as others. Thanking you in don. Am sure they will be pleased to receive your name and to give you all Town the particulars possible.
You write an excellent business hand Ans.—You are to be commended for your business-like way of offering to exchange, and should surely receive

-neat, graceful and legible. Will Exchange Songs.

"Echo" can give any of the following songs in exchange for "A Little Bunch of Shamrock": "Flower Song," "Cana-Dear Miss Grey,—I'm sending my ad-ress for the soldiers' names who need From Mother's Grave," "A Little Bit socks. If you will send me two names I think I can manage them—or rather, of Heaven," "Shure, They Call It Ireland," "Fiddle and I," "The Charming cocks for them. As "Twenty-One" is "mere man," I don't suppose it ocurred to him to mention whether the Young Widow I Met On the Train, "On the Road to Happiness," "I'll Not Complain," "My Heart's With My Norah," "The Lone One by the Sea," men were large or some of our boy soldiers. It really is rather necessary to have an idea of their size to knit "Tripping O'er the Hills," "When the socks that they could wear. If he has sent any particulars would you You," "Tostis," "Good-bye," "The Old please send them on to me, too? If Folks Are Gone," "Scenes of Child-"Jet" wants to knit for the whole hood," "Sally in Our Alley," "Spring our of these soldiers (I'm convinced Song," "My Native Land," "Two the is frightfully energetic), whose Grenadiers," "My Ideal," "John Andernames "Twenty-One" sent in, why I'll son, My Jo," "Just A-wearyin' for wait for the new contingent of names. You," "Each Tear That Falls," "Mother I'd hate to see anyone overloaded with o' Mine," "The Kerry Dance."

I missed "Twenty-One's" first letter, An Economy Recipe. may I ask if he wanted cookies Dear Miss Grey,-As a lady asked for just as all good (?) little boys like remedy for whooping cough and Just as all good (f) little boys are reinedy for whooping could all a reinedy for same, and a reinedy for same, and a reinedy for same, and a reinedy for whooping could all a reinedy for same, and a reinedy for same, and a reinedy for whooping could all a reinedy for same, and a reinedy for whooping could be reinedy for same, and a reinedy for whooping could be reinedy for whooping could be reinedy for the reinedy for for I think "Twenty-One" is a brick, be of use to others also. and I'm glad that at least I have one thing in common with him—21 the 2nd.

As meats are so expensive, I think this is a good change for dinners some As meats are so expensive, I think

Ans.—I understand that it is "Jet's" time as it goed change for dinners some time as it goes a long way: Hamburg Loaf.—Get 1 pound hamburg steak, season with salt and pepper, take 1 cup bread crumbs, 1 tablespoonful vinegar, bread crumbs, 1 tablespoonful vinegar, "Twenty-One" supplies two more I tablespoon butter, work all together well with the hands, and form in a loaf, roast in the oven for one-half or three quarters of an hour; I sometimes put a few spoons of tomatoes over top befor roasting, is enough for seven or eight

> Whooping Cough. - Keep dressed warm and keep in doors all you can Take wine of ipecac one drachm, carbonate of ammonia one scruple, tincture of seneca three drachms, syrup of squills two drachms, water five ounces, mix well. Dose one to two teaspoonsful every two or three hours. I will sig. MRS. McB.

Ans.—These "economy" recipes are always very welcome, so thank you.
Also for the clippings inclosed, which will come in most useful. Words and Music.

"The Armada" wants words and music of "Where River Shannon Flows" and "I Don't Want to Play in Your Yard." Afraid I do not know what will clean your pique tam. Is it a white one? Then it might help to rub French chalk into the material and leave for a few hours before brushing it out. The watch case may be cleaned with vaseline, though this is apt to darken

You are a wise girlie to obey mother

white enam-elled with gold ornaments and Any girl in the land would be proud of such a carriage.

it up.

A ladies' meeting being in session the

Everybody is troubled at this season with loss of vitality, failure of appetite, that tired feeling, or with bilious turns, dull headaches, indigestion and other stomach troubles, or with pimples and other eruptions on the face and body. The reason is that the blood is mpure and impoverished.

Ask your druggist for it today,



Write us to-day, and you'll get free, package of "Fairy Berries," together with the beautiful doll carriage, just as despited above; a big handsome life-size doll over 25 inches tall, with two baby dolls, and the pretites real china doll's tea set that comes all the way from Japan, and is beautifully decorated with rich roses and ornamented with gold, it has a lovely tea pot, sugar bowl, cream jug and six cups and saucers, altogether 17 pieces. Besides all these grand prizes, each girl can get a real Paris Beauty dressed doll—that's she in the carriage, and she's worth \$3.50 at any store. Girls, is took at the picture above, read the description of this grand doll's carriage, note the lovely big life-size of this grand doll's carriage, note the lovely big life-size of this grand doll's carriage, note the lovely big life-size of this grand doll's carriage, note the lovely big life-size of the picture above, read the beginned in the picture above, read the beginned in the picture above, read the description of this grand doll's carriage, note the lovely big life-size of this grand doll's carriage, note the lovely big life-size of this grand doll's carriage, note the lovely big life-size of the picture above, read the beginned in the picture above, read the description of this grand doll's carriage, note the lovely big life-size of the picture above, read the beginned in the picture above, read to expend the picture above, read the beginned in the picture above, read the beginned in the picture above, read the beginned in the picture above, re

THE REGAL MANUFACTURING CO. afternoon of my arrival, I was prompted some confidence in yourself and you'll to attend and slip into a quiet corner, amount to something. If you have in order to observe, without attracting faith you can move mountains.

Lazy Luke-Oh, well!

ERSE--New

ONLY A PANSY BLOSSOM.

Than all in earth's fair bower;

Bringing me back the June-time

Oft from this pale, dead blossom

From out of its faded heart.

Than all in earth's fair bower:

That made that summer sweet.

From under the churchyard grasses

Bringing me back the June-time

The fairest, sunniest summer

'Tis only a pansy blossom, Only a wither'd flower,

Of a summer long ago, The fairest, brighest summer

I see a fair face start, A face like a sweet wild flower,

That I shall ever know.

Only a pansy blossim,

Only a wither'd flower, Yet to me 'tis dearer

Of a summer long ago,

That I shall ever know.

I gathered at her feet,

Still in this pansy blossom

Her tender face I see,

Bringing her back to me

Only a pansy blossom

Faded, unlike the love,

Yet to me 'tis dearer

and Old

attention, the faces about me. Being peculiarly apt at remembering features, I was able to place many of those pres-'em moved, anyway? ent. That dignified matron with silver hair and clear grey eyes—a prominent physician's wife, I learn—is to me just Polly Allan, the most satisfying school chum giri ever had—a veritable friend in childhood's need. In the dainty little body nearly opposite, with pathetic brown eyes and childlike dimpled chin, I trace Pansy Blair-not so pathetic as her appearance would imply in those days, but a fun-loving elf who played havoc with the affections of boy riends through her confiding manner.

Dale, gentle, timid Lucy, who a month since laid away her millionaire husband whose idol she was. There were Nancy Lee, the best dancer in town, and Clarice Jones, who, it was told, received three proposals of marriage during one evening, and Anna Brown, with whom I tumbled into the brook-oh, so long ago! Also Bell Stair, who could outrun all others on the playground, whose eyes still sparkle with mischief, although a grandmother. Thus incidents attached to each of

Another, in widow's weeds, is Lucy

and in fancy we are again a merry bunch, rebelling at the irksomeness of school tasks, or laughing away our girlish trials. With the closing of the meeting, of which I have heard not a word, I am recalled with a sigh from the past to meet these earnest women who are bearing the burdens of today as wives, mothers and grandmothers—the past but a beautiful remembrance.

these former associates crowd upon me

COMMITTED. [Judge.] Wife-You believe in being prepared,

on't you? Husband-I certainly do. Wife-Then I know you'll approve of

summer before the hot weather sets in Milwaukee News.1 Mr. X. Pounder-Brace up and have THE CARE AND FEEDING OF For the use of mothers and children's nurses. Revised and enlarged edition. 75 CENTS POSTPAID. THE MALLAGH BOOKSHOP, LTD., 183 Dundas Street. zwt



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for Burns What would you do if your child had a bad burn today? Quickness is necessary to stop the pain and heal the burn-so be ready.

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Your name in Gold on Pearl let a bottle today. Bracelet, Free for selling 20 pkgs. Postcards at 10c. Write today and you

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