

FOUR

BEAUTY CHATS

Hard work and premature old age show first upon the hands. Hundreds of women write to me, asking for face creams, for massage to eliminate wrinkles, for the type of corset to make the figure young, for tonics to wand off old age in this way.

teeth, a woman's age and social status by her hands. Rouga, full-veined, red hands belong to the woman who has worked hard-or are the inheritance of her daughter. The chief difference stween those women who have leaped to high social station and those who were born to it through generations of folk who never worked, is not in their manners nor their tastes, but in their bands.

Give up a few moments a day-no matter what duties you neglect-and tend to your hands. Protect them in rough work-dish-mops and rubber gloves will keep them dry through dish washings; andless brushes come with long handles and ickets have side arrangements to wring out the mop that comes on a handle so even scrubbing need not soak the oils in your fingers.

Keep the nails filed to a rounded point, clip away the pieces of skin that collect under the edges and cut away the cuticle that grows down over the nail itself. Rub the hands with cold A cream when dry from immersion in water and rub them with glycerine and

dainty. A little care will keep your hands always fit.

Questions and Answers

FODAY'

Women's G Park, will

shing. I have been th by this miserable habit.-Mary wrinkles will disappear. steaming slightly, followed by cold

ply Blushing comes from self- cream massage and an ice rub, will ss, and its cure is to over- smooth out some wrinkles and at the the same self-conscious habit. same time reduce those large pores yourself entirely when in com-. The sagging bust will also become think only of those about you firmer as you gain flesh. Rubbing is a interested in them. .Then you with ice will help wonderfully.

DAY'S EVENTS	ter, I.O.D.E., at 230 at patriotic rooms; Mizpah chapter, O.E.S., at Erickson's, Tenth avenue and Se
omen's Guild of Christ church, ark, will meet at 3 p.m. in the * * * onthly meeting of the W.M.S. lew Methodist church will be p.m. at Mrs. Jarrett's, 1811	

er's, 308 Sixth street west. street west. The Mission Band of St. Paul's Pres-byterian church will meet at 4.15 p.m. at Pleasant Benevolent bet at 2.30 at Mrs. J. B. Jant 1 Four-A street northwest today. - * * * # # # The Women's Patriotic society of the Sacred Heart parish

ET RID OF YOUR FA

PAYMENT until reduction has taken place.

ands have gotten rid of theirs WITHOUT DIETING OR EXER-CISING, often at the rate of a pound a day, WITHOUT

accompany overstoutness.

READ WHAT A FEW OF MY PATIENTS SAY-

Iowa r. R. Newman;-I am reduced bout 50 pounds. My waist mea-ire is 5 inches smaller than be-ire taking the treatment. I can tand to work much better. Mrs. W. F. Lindermann

Dr. R. Newman, Dear Doctor:--I weighed 178 lbs. before I took your treatment and I now weigh 128 lbs. You may print

bhis if you like. Mrs. Anna Schmidt.

Dr. R. Newman, Pennsylvania Dear Sir:-From 180 I have re-

Dear SIT -- From 180 I nave re-duced to 145, and am glad to say my health is greatly improved. When I began taking your treat-ment my health was wretched. Now

ment my health was wretched. Now I feel like a new person—all that old thred feeling is gone. You may

print this if you wish. Mrs. Ethel M. Gill.

1 am a licensed practising physician and per-

duce not only a loss of weight harmlessly, but which

a card party and social academy at \$45 o'clock. will be trom c 9 to 112 o'clock. War Next-of-Kin ll meet in the city hall at 8 p.m. ewell address will be given

Dr. J. W. Robertson's address arewell address will be given Bleaken who is leaving to take residence in Camross. Mr. Stutchbury, of the Military ' commission, and also Mayor conference with the citizens of Calgary on food problems takes place at a o'clock in the Central Methodist church



Calgary from Toronto for the purpose of opening a studio. Many well known amateurs will also take part. Those lining at the cabaret that evening may expect attractions quite out of the ordinary. Tables may be reserved in ordinary. Tables may be reserved in advance by telephoning to the manager at the restaurant.

Mr and Mrs Coughlin and Miss Mar holding a whist drive and dance this evening at Hickman hall, the proceeds for the Prisoners-of-War fund. Whist garet Coughlin formerly of Montreal, who have been living on their canch at Nanton, arrive in the city the first will be from 8 to 10 and dancing from of the month to spend the winter and have taken Mr. Scott Dawson's house, and * * *

Mrs. F. C. Clark of Saskatoon, is spending a few days in the city hav-ing been called here by the death of her brother, Mr. Malcolm McLean.

Miss Ruth Inwin and her guest, Miss fennie Mather of Banff, have returned from Irricans, where they were visit Miss Dorothy Leonard at the eonard ranch. Miss Costello of Everett, Wash., has

arrived to spend the winter with her sister, Mrs. H. W. Lunney. Mr. Lunney who has been quite ill for the past few days is somewhat improved. * * * Mr. T M. Tweedle returned last

sonally select the treatment for each individual case, thus enabling me to choose remedies that will pronight from a trip to Montreal and other eastern cities. * * *

will also relieve you of all the troublesome symp-toms of overstoutness such as shortness of breath. Mr and Mrs. J. Bleaken leave shortly palpitation, Indigestion, rheumatism, gout, asthma, kidney trouble and various other afflictions which for Camrose, where they will reside. Mrs. Marfleet of Innisfail, is spending a few days in the city and is stay-ing at the Empress hotel. My treatment will relieve that depressed, tired,

sleepy feeling, giving you renewed energy and vigor, a result of the loss of your superfluous fat. Mr. and Mrs. J. R. McLaren have re-You are not required to change in the slightest from your regular mode of living. There is no dist-ng or exercising. It is simple, easy and pleasant to moved from the Huntley apartments to Thirteenth avenue west near Four-

teenth street. . . . Mr. and Mrs. J. Kennedy have left for Cleveland, where they will spend some time. * * *

Mr. C. B. Reilly has returned from few days' visit in Edmonton.

Captain Bayfield, M.D., has returned o the city from a two weeks' trip in Peace River.

Mrs. H. H. Sharples and the execu-tive of the Women's Musical club is entertaining Mrs. Reese-Burns, director of expression of Alberta college, Ed.

monton, at tea Monday afternoon next at the Hudson's Bay. A very pleasant evening was epent at the home of Mra Venini, Fiftgeh-A street east, Monday evening, when the young ladies of the office staff of the legal firm of Clarke, McCarthy, Carson and Macleod, were entertained by the hostess in honor of Miss Rhea Fick, who is leaving shortly for Vancouver to enter the training school of the General Hospital. During the even-ing Miss Fick was presented with a box of handkerchiefs by the guests among whom were Miss Greta Playtor, Mrs. McKerns, Miss A. M. Cummer, Miss Burland, Mrs. L. S. Walker, Miss Bur-goyne, Miss S. Blackburn, Miss Mabel

DR. R. NEWMAN, Licensed Physician State of New York 286 Fifth Avenue, New York, N.Y. - Desk J-306

Stevens, Miss Payne-Le Sueur and others.

funds.

The remainder of the program included vocal selections by Miss Halliday, Miss * * * Mrs. P. D. McLaren who has been spending the past three weeks in Winwaniston, Miss Argo, Mrs. Alfred Harris, Miss Doris Gilbert and Lance Corporal Jackson of the 113th Battalion. nipeg, is returing home this week. Readings were given by Miss Jone * * \$ Mr. W. S. Kickley has returned from

113th Battalion, and a cornet solo by Toronto and the east, where he spent the past three weeks. Mrs. McElroy. * * *

Miss Ethel Leginska opens her first Canadian tour in/Winnipeg next Tues-Miss Ethel Leginska opens her first Canadian tour in/Winnbeg next Tues-day night, in Central Congregational church, under the management of the Western Canada Concert bureau. The Calgary Musical agency announces that children under 12 will be admitted to the Ethel Leginska concert on Nov. 1.

guild despite the many drawbacks.

valescent home in city for a few days.

Captain Oglivie-Wills of the con-

the Ethel Leginska concert on Nov! rived in the city and, will be at the at half price. for all seats. Any profits resulting from the "artists course" of 10 concerts being conducted by the All men who joined the 56th battalion

their wives, mothers, sisters, fathers and Calgary Musical agency, will be donat orothers are eligible to become members ed at the end of the season to patriotic of the 56th society, which has for its object the care of returned boys, comfort o those still in the trenches, and of their families in the city or district. The St. Mark's guild, South Calgary was visited yesterday by Archdeac It is hoped that there will be a large Dewdney, who gave a talk dealing with the spiritual side of the dally life. The speaker emphasized the fact that a woman's life had three great attendance at the meeting Thursday, the

25th inst., at 8 p.m., in Paget lower hall. purposes: the bile of service, of love and of sacrifice and also paid a com-pliment to their determination as a LOUSANA RED CROSS **RAISES \$640 IN THE**

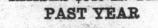
Iorrigan, Lieut. J. W. Mitchell, all com

Horrigan, Lieut J. W. Mitchell, an com-plimenting the corps on the success which had attended its work since its organization. A few introductory re-narks were made by Miss McLean, the

captain of the corps and medallions and diplomas for first aid and other work were presented to the successful

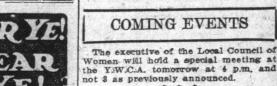
andidates by Colonel Macdonald, D.S.O.

The 56th Society Meeting



cent home in Edmonton, is in the The annual meeting of the Lousana branch of the Red Cross society was held Friday last when the treasurer reported receipts during the year of \$640.67 and 500 exticles sent to the pro-vincial branch of the Red Cross. The The members of the Women's Volun-teer Reserve corps held a very enjoy-able evening in Paget hall last evening when the members and their freinds spent a few social hours. Refreshmenti ranch has at present seven life members, 16 annual and 10 associate. The officers elected were: President, Mrs. were served during the evening and a musical program was also given for which Captain Allison Day was chair-John Little; vice-president, Mrs. man. Brief speeches were made by his worship the mayor, Major Fitzaron, and secretary-treasurer, Miss

Margaret G. Angus.



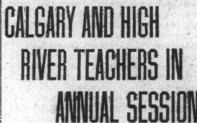
not 3 as previously announced.

ented to change the date of his lec-We beg to announce that STATUE ture to the Theocophical society on "The Abolition of Capital Punishment," and will now give it on Oct. 31, at 8 p.m. in the public library instead of

> The Ladies' Aid of the First Con-gregational church will hold a sale of nome cooking, candy and aprons and also serve refreshments Thursday, Nov. l, at 8 p.m. in the church pa

The Girls' Hospital Aid will meet at 7.20 p.m. tomorrow at Miss Lawson's, 504 Fourth avenue west.

YUKON IS CONSERVATIVE Dawson, Y.T., Oct. 23 .- The Yukon Conservative association at its annual meeting at Dawson endorsed the Borden government, especially its war policy, and ratified union government. It adopted resolutions, and continued confidence in Lt.-Col. Dr. Alfred Thompson, present member for the Yukon who was elected on the Conservative



nd Private James Rennie, also of the Dean Howes of Alberta Un-

Speakers

iversity and Dr. McIntyre of Winnipeg Among

The annual convention of the Calgar and High River Teachers' association opens in the Central Collegiate institute

tomorrow and continues all day and Friday. Sessions will be held at 9 a.m. and 2 p.m. daily and will include conferences or rural teachers, primary teachers, inermediates, seniors, high school and manual and household arts teachers. The rural section will be in charge of the chairman, J. A. Smith, B.B.; the primary of Miss A. Creighton; intermediates, Dr.

A. A. Scott; senior, A. E. Torrie, B.A.;

high school, G. S. Lord, M.A.; manual and household arts, C. W. Fairn. A splendid array of speakers in the various departments has been arranged. Tomorow morning the president, T. E

A. Stanley, B.A., will give an address and Rev. C. E. Bland, D.D., will speak on "National Ideals." On Friday morning the annual business will be transacted and addresses given by Dean Howes, University of Alberta, on "The place of Agri-

ulture in Alberta's Scheme of Education;" by Dr. W. A. McIntyre. B.A., D.B., principal of Winnipeg Normal school, wh will also speak again on Friday afternoon Officers for the present year are ornicers for the present year and and president, Hon. J. R. Boyle, minister of education: - president, T. E. A. Stanley, Sunalta high school; vice-president Miss E. C. Hopkins, Normal Practice school; secretary-treasurer, H. J. Spicer, Sunal school; committee, F. D. B. Johnson, R. Young, Miss A. Creighton, Miss H. son, R. J Fair, Miss E. Shrimp, Sister Crotty; In-spectors Smith and Torrie; superintend-ents Scott and MacDonald.

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OVERSEAS MAILING

Xmas packages for overseas mail ing now ready at the BOND STREET SHOP. Big selections at special prices. Don't delay. Mai yours today.

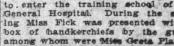
STEAK DAY Robert Burns & Co., Ltd. STORES T-BONE STEAKS 30c 28c Delivered Cash and carry. Per 1b. Per 1b. SIRLOIN STEAKS 28c 26c Delivered Cash and carry. Per 1b. Per 1b. STEWING STEAKS Cash and carry. 16c Delivered 18c Per 1b. Per 1b. A saving of 8 to 12 per cent. Surely worth your consideration TODAY ONLY At All Our Stores Robert Burns & Co., Ltd. "South West Market" 2203 Fourth Street West "First West Market" 709 First Street West "City Hall Market" 240 Eighth Avenue East "City Public Market" Stalls 9 and 10, Fourth Street East "Central Market" 1603 Fourteenth Street West

Dr. R. Newman :--- I am getting along very well. Have lost 45 lbs since I began taking your treatment. My health is good in every way, My measure: Hip 57, now 49. Walst 45, now 38. Chest 45, now 37. Addie Barton. Dr. R. Newman, Oklahoma. Dear Doctor:-I received your letter a few days ago and in reply will say that I have been reduced from 169 to 131 pounds, and am so glad to be rid of so much of the fat. Evadna Travis.

Dr. R. Newman, Idaho. Dear Sir:-Have taken your treatment and it is wonderful how it reduces. It does just as you say. I have reduced a pound a day and I feel fine. Mrs. E. Bateman

Texas

If you are overstout do not postpone, but sit down right now and send for my FREE TRIAL TREATMENT and my plan whereby I am to be PAID ONLY AFTER REDUCTION HAS TAKEN PLACE if you so desire.



FOR CONCERTS, DANCES. BANQUETS, MEETINGS, ENTERTAINMENTS. ETC.

For particulars apply to the ecretary-CHAS. E. LANE

281a Eighth Avenue East-hone M1573, Evening, M4263



the date previously announced.

The Rev. William Irvine has con-