

After Every Meal

WRIGLEY'S



Most of us eat too hastily and do not chew our food enough.

If people realized how much more good their food would do them if properly masticated, and followed up with a bit of WRIGLEY'S to assist the digestive process, we'd have far better health.

Keep teeth clean, breath sweet, appetite keen and digestion good with WRIGLEY'S.

WRIGLEY'S is the perfect gum, made of purest materials, in modern, sanitary factories.

Wax-wrapped and sealed to bring it to you fresh and full-flavored



The Great Canadian Sweetmeat

FOR BETTER DIGESTION

D30

LADY LAURA'S RELEASE

THE STORY OF A SPOILED BEAUTY.

CHAPTER VII.

"You are tired, mamma," she said. "Let me ring for Newsham. Oh, mamma," she cried suddenly, "I hope it is true! I do hope Captain Wynyard will marry Miss Rane; then he will not come here so often, and I shall have my darling mother all to myself again. I have been jealous of him ever since he kissed your hand. I hope he will marry her, for I am sure he loves her, and she returns his love. Good-night, mamma. I will send Newsham to you."

But Lady Rooden sat long after her daughter had left her, the words she had spoken ranking in her heart. "I hope he will marry her," was the wish she had expressed. "If he does," thought her ladyship, "the remainder of my life will be blighted."

When Doris Newsham, the maid, entered the room, she was dismissed almost immediately. Lady Rooden wanted to be alone, to have time to think. She had been so sure that Captain Wynyard loved her and would ask her to be his wife that not one doubt had assailed her. It was merely a matter of time, she had believed, and she attributed his not pressing her to the fact that he did

ITCHY PIMPLES ALL OVER FACE

And Shoulders. Burned Badly. Cuticura Heals.

"My trouble started with pimples breaking out all over my face and shoulders. The pimples were large and red and featured, and itched and burned so badly that I could not sleep. They were very sore and my clothing aggravated them."

"I read an advertisement for Cuticura Soap and Ointment and sent for a free sample which helped me. I purchased more, and after using four boxes of Cuticura Soap and three boxes of Cuticura Ointment I was healed." (Signed) William C. Brown, 29 Parkside St., Buffalo, N. Y.

Use Cuticura for all skin purposes.

Solely Sold Free by Mail: Cuticura, Soap, Ointment, 146 1/2 East 24th St., New York, N. Y. Send 10c for sample. See the Original Trade Mark. Cuticura Soap shaves without soap.

comfort and consolation in the thought.

When Lady Rooden rose the next morning, she pondered what she should say to Captain Wynyard. She was determined to know the truth, and, if he loved Miss Rane, she would—

But her thoughts never went beyond that. All happiness in life would end if that were the case.

It was noon when the ex-captain called: it was an early visit; but he wanted to persuade Lady Rooden to go to a flower show. He made many apologies for his early call, but he could not help seeing that it was welcome enough to Lady Rooden.

She was looking her best, in an exquisite morning-dress of cream-colored silk and white lace, a knot of cream colored roses at her throat, and another in the gilt belt that was her sole ornament. Beautiful, stately, in the very prime of her loveliness, love shining in her blue eyes and softening her whole face and manner, her ladyship looked like a woman whom any man might be proud to woo and win.

So Vance Wynyard thought when his eyes rested on her. The pity of it was that he did not love her, that he never would love her, because his whole heart was given to another. With all her natural charms, in spite of the love that shone in her eyes, it was only for her money he cared, it was only for her money that he wished to marry her.

No one would have guessed this who saw his handsome face, so full of admiration or heard his pleasant words, so full of tenderness. As the two stood together in the drawing-room, with its pale blinds and rare flowers, they made a handsome pair.

"I heard some news about you last evening," said Lady Rooden, with a bright smile—a loveless smile she tried to make it, but he was clever enough to see beneath the surface. "News of me?" he questioned. "I should hardly have thought there was any news left to be told. I should think more stories have been told of me than of any other man in London."

"The cost of popularity!" she remarked. "The news I heard surprised me just a little."

"What was it, Lady Rooden?" he asked, calmly. He was prepared to hear anything, and was much relieved when she answered:

"I heard last evening for the first time of your great admiration for a beautiful woman named Gladys Rane. Is it true?"

Now was his opportunity—here was the chance he had waited for. He must not lose it.

"It's perfectly true," he replied, "that I both admire and love the most beautiful woman in the world; but the lady I love is not named Gladys Rane."

Lady Rooden's face flushed, and her eyes dropped before his glance. She knew now what was coming; the very desire of her heart was attained.

"The lady I love is far above me. She is lovely beyond compare; she has every gift and every grace. In my eyes she is a queen, and I am her most loyal knight. The name of this most sweet and gracious lady is Laura Rooden."

Her ladyship dropped her face upon her hands; the victory was won.

(To be continued.)



A Well Doer

DR. SLOAN'S LINIMENT does more to drive away pains and aches than any other known remedy; that is why thousands of people the world over call it "Liniment's enemy."

Rheumatism, sciatica, stiff neck, sore and tired muscles, lumbago, neuralgia, neuritis, sprains and bruises are instantly relieved by SLOAN'S LINIMENT. These liniments without paraben and signature of Dr. J. C. Sloan.

SLOAN'S LINIMENT OPIUM FREE

SOLD BY ROYAL STORES, LTD.

BEFORE MY BABY CAME

I Was Greatly Benefited by Taking Lydia E. Pinkham's Vegetable Compound

Sydenham, Ont.—"I took your medicine before my baby was born, and it was a great help to me as I was very poorly until I had started to take it. I just felt as though I was tired out all the time and would have weak, faint spells. My nerves would bother me until I could get little rest, night or day. I was told by a friend to take Lydia E. Pinkham's Vegetable Compound, and I only took a few bottles and it helped me wonderfully. I would recommend it to any woman. I am doing what I can to recommend this good medicine. I will lend that little book you sent me to any one I can help. You can with the greatest of pleasure use my name in regard to the Vegetable Compound if it will help others take it."—Mrs. HARVEY MILLIGAN, Sydenham, Ont.

It is remarkable how many cases have been reported similar to this one. Many women are poorly at such times and get into a weakened, run-down condition, when it is essential to the mother, as well as the child, that her strength be kept up.

Lydia E. Pinkham's Vegetable Compound is an excellent tonic for the mother as well as the child. It is prepared from medicinal roots and herbs, and does not contain any harmful drugs. It may be taken in safety by the nursing mother.

Oldest in The World.

By AN ANTIQUARY.

The oldest manufactured articles in the world are probably some chipped stones found on the Kentish Weald.

Far back, countless centuries before any attempt at civilisation, men were chipping stones into tools and weapons.

Knives, axes, hammers, scrapers, spear-heads, arrowheads, even awls for piercing skins, and roughly notched saws for cutting bone, were made of flint or chert or obsidian—any stone that would chip to a cutting edge hard enough to stand wear.

Some are clumsy things, some beautiful in design and finish, and their varying workmanship indicates far greater differences between the men who made them than exists between an Egyptian King of 1400 B.C. and an English citizen of A.D. 1923.

Solutrean "laurel leaves," or "shouldered points"—spearheads from Solutre, in France—are exquisite things, graceful in shape and finished in a manner which would be a credit to any modern craftwork. Yet they were probably made over 20,000 years ago.

Earlier still, Mousterian implements from the cave of Le Moustier, varying in shape and size, all have the businesslike way cutting edge distinctive of their period. Centuries before these the ruler Chellean and Streppan implements were made, their unworked butts still showing the natural surface of the stone. And away back beyond them, thousands and thousands of years ago, in the very dawn of human life, were made the "Eoliths" of the Kentish Weald.

First found by the late Mr. Harrison, a chemist, of Ightham, for many years they caused fierce disputes in antiquarian circles, one party agreeing with Mr. Harrison that they were artificial and another insisting that they had been chipped by natural forces such as landslips or streams in flood.

They are mere shapeless lumps of flint, but they show here and there some clumsy attempts at chipping to an edge. These chippings are generally slight and so difficult to recognise that there is some excuse for believing them accidental.

But it is a curious and significant thing that these Eoliths all "come to the hand," as a workman would say. When one is held in the hand so that it fits most comfortably to the grasp of palm and fingers the chipped edge will be found in the right place for striking a blow with the maximum of effect, and this is hardly likely to be accidental.

Whether their makers were men more or less like ourselves, or some ape-like, more distant relation of the human race, none can say; but beyond all doubt these are the oldest manufactured articles in the world.

Brown Eggs Best.

One of the perennial subjects of discussion between producers as well as consumers of eggs was the matter of choice between white and brown eggs. In some markets, New York, for instance, the brown egg is greatly in disrepute and the white egg brings a premium price. In Boston, however, brown is the prevailing color in eggs.

Lately the United States Government investigated and have settled the question by a scientific analysis. They have found that the brown shell is firmer and less porous and, therefore, the egg inside of the brown shell is in a much more sanitary package than that contained in the white shell. In other words, the egg of the Plymouth Rock is less susceptible to contamination than that of the White Leghorn.

Toasted sandwich-makers' delicious and are especially nice for cold weather luncheons. Many purifications are possible, such as toasted bread with bacon, or a toasted roast beef sandwich.

THE JOY OF A RECORD

That is Virtually Noiseless.

To-night put on your Phonograph any of the Records you enjoy most. Does the surface noise intrude and prevent you from completely enjoying the music? To-morrow come in to see us and let us play for you a few of the new

Columbia RECORDS

Instantly you will notice that the disconcerting surface noises which have always annoyed you are absent.

COLUMBIA NEW PROCESS RECORDS will make your Phonograph what it should be, a musical instrument of the highest, purest type.

U. S. Picture & Portrait Co. GRAFANOLA DEPARTMENT.

Pig Jowls!

To-day ex. S.S. Rosalind, a Small Shipment of

Strictly Fancy Light Jowls

with Tongue. These Jowls are specially prepared and packed in Toronto—average 3 1/2 to 4 lbs. each and are guaranteed positively the finest quality procurable.

F. McNamara, 'Phone: 393 Queen Street.

JUST ARRIVED

A Shipment of

Fish Hooks

14, 15 and 16 Bultow.

Small, Medium, and Large Quarter, Kirby and Round. Extra Large Hake and Jigger; 5 & 6 Square Bultow.

SELLING AT LOWEST PRICES

Bowring Brothers, Ltd., HARDWARE DEPARTMENT.

Feb 8, 22

ASK YOUR GROCER FOR—

HOWARDS EDINBURGH BORAX SOAP

Specially suited for Winter use, as it not only makes clothes white and soft, but protects the hands.

Sold by Messrs. Ayre & Sons, Ltd., Bowring Bros., Ltd., Royal Stores, Ltd., James Baird, Ltd., J. D. Ryan, C. F. Bennett & Co., T. & M. Winter, J. J. Mulcahy, East End Broadway Store, W. J. Murphy, T. Walsh, W. E. Brophy, Steer, Store, & Co.

Also well known in the principal Outports.

Jan 2, 22

Did you ever notice how a New Tie adds to a man's appearance? Maybe you need a new Suit but cannot afford it now. But one thing is certain, you cannot afford to miss the opportunity offered in our GENUINE FANCY SILK TIES. Worth \$1.20. Now 87 cents each to pull trade to



Wonderful Offering!

Georgette SILK CREPES

at \$1.50

yard

FOR TWO WEEKS ONLY

Regular Price \$2.75 yard

These come in three shades of Brown; two shades of Grey; also in White, Rose, Prune, etc.

ALSO OFFERING a quantity of

White Silk Crepe-de-Chine

Regular \$3.00 yard

SPECIAL SALE PRICE

\$2.00

yard.

Note these prices will only stand for limited time.

HENRY BLAIR

Feb 8, 22

Forty-Four Years in the Service of the Public—The Evening Telegram

LADIES' FANCY SILK TIES
MISSES' FANCY SILK TIES
INFANTS' FANCY SILK TIES
CHILD'S SILK TIES
MISSES' FANCY SILK TIES
LADIES' FANCY SILK TIES
BOYS' ROMAN SILK TIES
LADIES' FANCY SILK TIES
LADIES' COLORED SILK TIES
etc.

Cape Breton Tied

Steel Workers Follow—All Turkish Harbors Doubts of F

OTHER STRIKE AT SYDNEY
Immediate and complete cessation of whole steel and iron industry of Nova Scotia is the result of a strike of more than 10,000 workers employed at the Empire Steel Works. At first about 5,000 men, but the strike has since rapidly increased to more than 10,000 men. The possibilities of all kinds of concluded alliance between workers and miners, Secretary-Treasurer, Vice-President, and the United Mine Workers already in conference with the Steel Workers. The strike has been pronounced a success. Not the least of the strike is its character. No strike of the men simply

Help Your Health

