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There's a deal to know about wheat. If I didn't select the wheat I couldn't guarantee the flour. Cream of the West Flour comes from Cream of the West Wheat. And it certainly does make good bread!

Cream of the West Flour

the hard wheat flour guaranteed for bread

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ALL FOR RICHES.

CHAPTER X. Belle Mellen's Marriage.

"Never mind, Christy. If she is married, it will do no good to scold them; and if she is not married, they will only laugh at you for giving credit to the story. Wait and see," urged May.

Christy demanded the truth, and Belle replied haughtily. Angry words followed, Christy blaming Grant for his rash action and Belle for her lack of respect for the dead. It ended by Grant Whitney and his bride taking their departure from the farm and going at once to the village hotel.

The next day they drove out to the farm in a carriage, hired for the occasion, and Belle collected her effects, and bidding her friends a cold "good-by" returned with her husband.

Grant Whitney was dependent upon the bounty of his uncle, Major Grant, for his living, and having lately received a bountiful supply of money for his use during vacation—felt as rich as a lord. He was one of those easy, dissipated men who never seem to understand the value of money, but, while they have a dollar in their pocket, think they have money enough to last forever, and when that dollar is gone they are ready to commit suicide because of their poverty.

Grant, being well supplied with money, lavished it upon his wife with imprudent liberality, and, before he was really aware of it, he was bankrupt.

"What shall I do now?" he asked himself, as he paced the floor of his private room. "Ah, I have it! I'll write to my uncle and tell him of the beautiful young wife I have married, forgetting to mention her name, and given him to understand that she belongs to a grand family. I know him."

Suiting the action to the word, he wrote as follows:

"My Respected and Indulgent Uncle: You will doubtless be surprised to hear from me so soon after having received your last remittance, but the fact is, I have met with a great change since then, and improve the earliest moment to inform you of it. Dear uncle, I am a married man! I hope you will not think me rash and impulsive in taking this step. Could you see my wife, and know how lovely she is, in disposition as well as person, you would forgive me that I failed to ask your advice. She is the

It Took Less Than A Box of Dr. Bovel's Herb and Gum Salve to cure this Bad Case of Piles

Box 44, Tamworth, Ont.
The Bovel Manufacturing Company, Montreal, Que.

Dear Sirs:—

"I read of your Herb and Gum Salve, being a sure cure for Piles. I obtained a box and used it as directed. The first application gave me relief, and after using not quite a box I am completely cured.

The relief of the pains which I had suffered for years prompts me to write you, and to recommend your Salve to all other sufferers."

Yours truly,
MRS. MARY E. NEVILLE.

This Salve has become renowned as a cure for piles, because it brings instant relief from the dreadful pain. It stands alone as a guaranteed cure for all forms of piles—itching, bleeding or protruding.

Dr. Bovel's Home Remedies are sold by all dealers. Ask for them. If not obtainable through your dealer within a reasonable time, send 25c. (postage) to us for any article you require. Bovel Mfg. Co.'s, St. John's, Nfld.

daughter of a noble house, and I hastened to make her all my own before the possibility of events could separate us. In consideration of her station in life, I have been obliged to use all my funds, and now anxiously await your answer to my request to take her to your country seat on the Hudson.

"This place will well sustain the impression given her friends that she has not married beneath her, and as I have taken the liberty to use the name of 'my uncle, Major Grant,' to forward my connections with the family, I hope you will not disappoint me. Meanwhile, I shall take the liberty to proceed to Laurel Glade and obtain the necessary articles for housekeeping, relying upon your unvarying kindness and liberality. However, should you refuse to let us remain there, you have but to give the order, and we will descend to a life of toil, for my bride is so devotedly attached to me that she would not for one moment hesitate to follow me to a life of daily labor. She sends her best love to you, and wishes you to write to her when you answer this.

"Your loving nephew,
"GRANT WHITNEY."

After this letter had been posted, Grant Whitney left the hotel for his uncle's country seat upon the banks of the Hudson, called Laurel Glade, and one of the finest estates to be found in the State. The house was already furnished in good style, and Grant found no difficulty in obtaining provisions and servants. He was well known as Major Grant's nephew, and all dealers in the city knew Major Grant. So Bell commenced housekeeping in far different style from that anticipated when she married. She felt a triumph in marrying Frank Whitney's young brother after Frank had discarded her, and, being both proud and ambitious, she played the lady to perfection. The answer to Grant's letter was characteristic of his uncle. It gave him the free use of Laurel Glade, and a draft upon a banking house in the city which placed the extravagant young couple above want, or the danger of it, for a while.

CHAPTER XI. GOLDIE'S REVENGE.

Early in May, at eventide, a figure stole quietly into the farmyard at the Home Farm and approached the kitchen window. It was Goldie, whose feet had involuntarily sought her old home, where she had left father and mother and all kind friends. She meant to look upon them all as they gathered around the supper table or the fireside, and then go away and drown herself in the pool. But the love of life is strong in the human heart, and Goldie was little more than a child; and, although the sight of the little group within that kitchen but added to the depth of her misery, she could not bring herself to give up a life so utterly worthless and repulsive to her.

She leaned her weary head upon the window casement and looked in. Although the weather was warm, a bright fire glowed upon the hearth, and Farmer Mellen sat in his accustomed place. Goldie saw her own little rocking chair drawn close beside him, where she used to sit of an evening, and his arm rested lovingly across the back of it, as if she were really there.

Tears came to her eyes as she saw how thin and wan he had grown, and she could scarcely suppress a sob when she looked at her mother's chair and saw that it was vacant. Belle, too, was gone. Only May and Christy remained, and Christy looked pale and troubled, while upon May's face were the traces of recent tears.

"I have broken poor father's heart, and mother must be dead!" she moaned softly. "Christy is not like his own merry self, and May is but a shadow. Oh, if I could die!"

Then a wild desire to lift the latch and throw herself at her father's feet took possession of her heart, and pressing her pale face close to the window, she tried to cry out.

Her voice refused to obey the command of her will. She thought she must be dying. A faintness seized her, and only a sudden remembrance of her situation gave her strength. She resolved that they should never know how near to them she had been bending one yearning, wistful look upon her mother's empty chair, and another upon her father's face, the wretched girl seemed to be taking a last farewell of the loved objects in her old home.

At this moment the old man chanced to look up, whether from the influence of that wistful glance from the wanderer outside or by mere accident, it is not for us to say; but his eyes fell upon her white face.

She saw the glance, and started back into the shadow. She heard his startled cry.

"Lord save us! Goldie is looking in at us!"

Christy and May both came and sat down near their father, the young man touched his forehead significantly.

Mr. Mellen had never been quite right in his mind since that fearful morning when he had fallen beside the pool with Goldie's shawl in his hand.

The physicians had agreed that the stupor following his long illness would eventually end in absolute madness, and his friends had been long expecting the breaking out of insanity. Christy and May had often talked of the probability of this, and now his sudden start and excited words led them to believe that the dreaded hour had arrived.

Christy sat near his father and endeavored to draw his attention to something else, and May sat down in Goldie's little rocking chair.

"I tell you, children, that I was no mistaken! I saw Goldie's face as plain as I see yours now. Her face was as white as any other dead, and her pretty golden hair was blowing everywhere about it. She looks wistful, and I thought she smiled at me. Do you know what it means to have a dead person come back and smile at you? It means that the person looked at will follow soon."

"Goldie came here to-night to warn me that my time was drawing nigh! I shan't be with you long, children. Dear little Goldie has come for me; she put her pretty face agin' the glass, and she looked as though she'd like to say, 'Come, father; I'll take hold of your hand, and we'll have a run across the fields.' We shall go out together some day, and I shall never come back no more. Christy, you move my armchair over to the window, and set Goldie's rocking-chair alongside of it."

"You will be more comfortable here by the fire, father," said May.

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When weak and run down DR. CHASE'S NERVE FOOD will help you back to health.

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Mrs. D. Stott, Cobourg, Ont., writes: "After recovering from typhoid fever I was left in a very low state of health. I was weak, nervous and not fit to do any work. A friend of mine, Mrs. G. M. Brown, had used DR. CHASE'S NERVE FOOD and told me of its benefits. I bought a box, and took courage and began the use of the medicine. After taking the first box I began to feel an improvement in health, and now after using four boxes I am completely cured. I now feel like myself once more and believe that I can attribute the cure to Dr. Chase's Nerve Food."

Life is too short to spend weeks or months dragging out a miserable existence of weakness and suffering. Dr. Chase's Nerve Food cures by forming new rich blood and building up the system. You can depend on it to benefit you, 50 cents a box, 6 for \$2.50, at all dealers or Edmanston, Bates & Co., Toronto.

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is the force that keeps the nerves well poised and controls firm, strong muscles.

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ALL DRUGGISTS

"But I shall be nearer Goldie when she comes again," he returned. "She will not come again, father!"

"Then I shall go soon," was the mournful answer of the old man, who relapsed into silence, evidently cherishing the belief that Goldie had appeared to him in the spirit.

Meanwhile, where was Goldie? She was walking wearily up the hill toward the old house in the wood, pausing now and then to get breath, then pushing ahead faster than before.

Finally the old house was reached, and the tired girl lifted the latch of the rickety door and went in. The noon was up now, and it shone brightly in at the uncurtained window, resting on the moldy, straw-littered floors.

With a shudder Goldie crossed the empty room, and was about to ascend the stairs, when something rushed from beside the chimney corner, and with an unearthly shriek, fled through the door, slamming it violently.

This object was a dark body, and if Goldie had not recollected the many tales of the haunting spirits inhabiting the old house that had been told her, she would have said it was a man who had fled shrieking from the place.

As it was she quickened her footsteps, and in a moment stood beside the head of straw in the attic. Frightened, tired, and heart-sick, the poor girl threw herself upon the musty straw, and in spite of ghosts or haunting memories, soon fell into a dreamless sleep, which was broken only by the warm sun shining through the attic window upon her face.

(To be continued.)

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The Evening Telegram

By RUTH CAMERON



found Mrs. Allen just returned from all the busy idleness of the morning, and was immediately greeted with a 'Well, my dear, here you are'—a truth which she had no greater inclination than power to dispute.

—Jane Austen.

How astonishing many conversation counterfeits there are in the world. Do you know what I mean? The people who continually offer the counterfeit coin of obvious statements and absurdly trite remarks as good conversational speech. Real thoughts, real facts, actual opinions and feelings are the genuine coin of conversation.

Statements of the obvious—current expressions and penny-in-the-slot remarks; by which I mean, the remarks which are produced when a subject is brought up as mechanically and inevitably as the penny-in-the-slot machine brings forth its tune. In response to a penny of conversation, the counterfeit currency of obvious statements and absurdly trite remarks is too lazy to earn real money, tries to live by passing counterfeit money, so the person who is too lazy to have original thoughts, tries to pay his way conversationally with this counterfeit money. Only the former kind of counterfeits are the exception, the latter almost the rule.

During a half hour sleigh ride last winter, my companion assured me

Women's Secrets

There is one man in the United States who has more women's secrets than any other man in the country. These secrets are not secrets of guilt or the secrets of suffering, and they have been known to R. V. Pierce in the hope and expectation of advantage. That few of these women have been disappointed expectations is proved by the fact that ninety-eight all women treated by Dr. Pierce have been altogether cured. Such a record would be remarkable cases treated were numbered by hundreds only that record applies to the treatment of more than a million women, in a practice of over 40 years, it is entitled Dr. Pierce to the gratitude accorded specialists in the treatment of women's diseases.

Every sick woman may consult Dr. Pierce's charge. All replies are mailed, sealed in perfect any printing or advertising whatever, upon them, out fee, to World's Dispensary Medical Association, Buffalo, N. Y.

DR. PIERCE'S FAVORITE PREPARATION
Makes Weak Women Strong

Household Notes.

If table silver is placed in hot soapsuds immediately after being used, and dried with a soft, clean cloth, much of the work of polishing will be saved.

To make a tough steak tender rub it on both sides with vinegar and olive oil, thoroughly mixed, and allow it to stand for two hours before cooking.

A tasty salad is made of chopped celery, seasoned with chopped mint and mayonnaise. Put between slices of bread it makes a dainty supper sandwich.

To revive root vegetables that have