

ALBERT VARNER

Buckingham, Que., May 3rd, 1915.

For seven years, I suffered terribly from Severe Headacks and Indigestion. I had belohing gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nausés and vomiting, and had chronic Constipation. I went to several doctors and wrote to a specialist in Boston but without benefit. I tried many remedies but nothing did me good. Finally, a friend advised "Fruita-tives". I took this grand fruit medicine and it made me well. I am grateful to "Fruita-tives" and you will get well". "Fruita-tives", and you will get well". "Fruita-tives", and you will get well".

"Fruit-a-tives", and you will get well"
ALBERT VARNER. 50c. a box, 6 for \$2.50, trial size, 25c At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Woman's Christian Temperance Union first organized in 1874. Atta.—The-protection of the home, the abolition of the liquor traffic and the tri-imph of Christ's Golden Rule in custom and in law. Morro—For God and Home and Na-tive Land.

BADCE -A knot of White Ribbon,

WATCHWORD-Agitate, educate, or OFFICERS OF WOLFVILLE UNION. President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Cutten.
2nd Vice President—Mrs. G. Cutten.
2nd Vice President—Mrs. Reid.
3rd Vice President—Mrs. Geo. Fitch.
Recording Secy—Mrs. W. O. Taylor
Cor. Secretary—Mrs. L. E. Duncan

Treasurer- Mrs. H. Pineo.

Labrador Work—Mrs. H. Pineo.

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Labrador Work—Mrs. Fielding.

Lumbermen—Mrs. J. Kempton.

Willard Home—Mrs. M. Freema

Temperance in Sabbath-schools—

byn, Brown.

Evangelistie—M—.

br.) Brown.
Evangelistic – Mrs. Purves Smith.
Peace and Arbitration — Mrs. J. Read.
Pess — Miss Margaret Barss.
White Ribbon Bulletin — Mrs. Walter Mitchell.
Loyal Temperance Legion—Miss

The Bitter Made Sweet.

Just to give up and trust All to a Fate unknown

All to a Fate unknown,
Plodding along life's road in the dust,
Bounded by walls of stone;
Never to have a beart of peace;
Just to be still when sorrows fall—
This is the bitterest lesson of all.

Just to give up, and rest All on a Love secure,

Out of a world that's hard at the best,

Out of a world that as hard at the bess, Looking to heaven as sure; Ever to hope, through cloud and fear, In darkest night that the dawn is near, Just to wait at the Master's feet— Surely, now, the bitter is sweet, —Henry Van Dyke,

An Appeal.

FROM CITIZENS OF THE UNITED

'We, the citizens of the United We, the citizens of the United Kingdom, appeal to the Government to put the nation in its iull strength. Now that the nation has followed the example of our Allies in enrolling its full manhood, we appeal that we may range ourselves with our greatest Allies and put on the whole armour of Britain. The power exerted by alcohol cuts through the efficiency of the nation; it weakens our fighting forces and must lengthen the war. These facts stand out concerning this power-leafs stand out concerning this power-leafs stand out concerning this power-

It hinders the Army; it is the cause GIRL COULD of grave delay with munitions; it keeps thousands of men from war work every day, and makes good, so-

Doing One's Bit.

Out of war conditions and experiences in Eugland comes a little phrase that seems suggestive in a wide range of applications. It is the phrase, 'Doing one's bit,' and it is to be heard everywhere. The young man enlists in the army. If you ask him why you are not likely to hear any high-flows apeech about patriotism or about the asweetness and propriety of dying for one's country. In a mpder and more direct speech he will prehably tell you. falling into the current form of expression, that he wants to do his bit for England. The society dame, turning from her frivolities to give her womanly energies to relief work, hospital nursing, what not states her new creed and purpose of life in the same terms—rhe wants to do her bit. It is pathetically told that in answer to a question a brokenhearted mother the other day-responded: 'No, I have no children now.' I had three sons; great, strapp ng boys they were, too, but they're goon. But, thank God, each did his bit for his king and his country!'

Advice For Albertans From A Gaigary-Moving the commendation of the speaker of the country in the commendation of the speaker of the more interested in getting the Joe done than in taking care of the finish that is the supported of the speaker of the speaker of the suppose of the speaker of the suppose of the speaker of the suppose of th his king and his country!'



NOT WORK

WASHING AUTOMOBILES

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the
Bignature of Cachillation
South the Signature of Cachillation
South Seed is one of the most important factors in potators by which they are easily audient at any susption as to the order other causes have lost a great deal of their original character. The white of order causes have lost a great deal of their original character. The contempt of a warlety are really of the second of their original character. The white part of the court fine, or a healthy pounceling from some pedestrian whom you have contempt unously disregarded.
Sometimes a driver says his magneto always misses when it rains. A magneto may be short-circuited in the short conduction in the magneto before looking for some piece training of any wires. Spark plug cores may be cracked. It no faults can be discovered outside of the magneto, put a leather over over it and end your troubles.

A good and inexpensive polish for highly being and many and the same ground, and under the leather over over it and end your troubles.

A good and inexpensive polish for highly being and many should be to difference the recover over it and end your troubles.

A good and inexpensive polish for highly being and many should have been reasonable to the cover of the magneto before looking the same ground, and under the leather over over it and end your troubles.

A good and inexpensive polish for highly being and many should here of the proper than the same ground, and under the leather over over it and end your troubles.

A good and inexpensive polish for highly being and the same ground, and under the lamburg and the same ground, and under the same



BEES GOOD FOR FRUIT

leather cover over it and end your troubles.

A good and inexpensive polish for brightening ensement body party can be made by mixing three concess of citronellal, one pint of kerosene, one gallon of turpentine, and one and one half one of treatment with a soft cloth and them rather the mixture with a soft cloth and them rather the greater with be the lustre.

Our sons and grant-ons will pass judgement upon us. By our works will they jurge up. They will concern that a number of great with a cloth of the men who saced saff-ring and death in the renches of F anders, and will say that it was good.

A Profitable Method

The more rubbing afforded the past the greater with be the lustre.

Our sons and grant-ons will pass judgement upon us. By our works will they jurge up. They will concern the server of the s

THIS is the first of a series of bloom a quarter of a century and over in harness. These mon, principally freight office, in May he was put in charge of the quarter of a century and over in harness. These mon, principally freight office, in May he was put in charge of the type in charge of the type in charge of the type in charge of the canadian Pacific Risilway. In March of the type in charge of private secretary to Mr. Van Horne. In August he was in charge of purchases, with was in charge of purchases, with the was incharged of purchases, with the was incharged of purchases, with the was in charge of purchases, with the was incharged of purchases, with the was inchar

of grave delay with musitions; it keeps thousands of men from war work every day, and makes good, so but workness excord rath.

It hampers the Navy; it delays transports, places them at the mercy of submarines, slows down repairs, and congests the docks.

It threatens our mercantils and manner than the state of space, and it trains the building of ships to replace our loads as a whom my period came I had pains in both of skey at home of spece, and it trains the building of ships to replace our food supplies; in 20 months of war is consumed over 2, 500,000 tons of food, with sugar remongh to last the natios 80 days. It uses up more sugar than the Army, It wastes our financial strength; in the first 20 months of war our peoples pent on shools / 2,000,000.

It directs the nations strength; in the first 20 months of war our peoples of the special strength in the first 20 months of war in the strength in the first 20 months of war in the strength in the first 20 months of war our peoples in the said to 80 days. It uses up 500,000 workers, 1,000,co. on cress of land, and 1,500,000 tons of food, with super the said of the said that the said the said that the said tha

Comforts for Returning Heroes



TO INVESTORS

THOSE WHO, FROM TIME TO TIME, HAVE FUNDS REQUIRING INVESTMENT MAY PURCHASE AT PAR

DOMINION OF CANADA DEBENTURE STOCK

IN SUMS OF \$500, OR ANY MULTIPLE THEREOF

The idea of providing hospital cars and plans submitted to the Director-for invalided members of Canada's expeditionary forces originated with the Canadian Pacific Railway over two years ago, when floor plans and interior arrangements for found valuable by the French and Director-General of Supplies and Transport, with, however, certain innovations that the Canadian Pacific Railway over two years ago, when floor plans and interior arrangements for from the from. Each, making six Director-General of Supplies and British railways in transportian men Director-General of Supplies and British railways in transportian men Director-General of Supplies and British railways in transportian men Director-General of Supplies and British railways in transportian men Director-General of Supplies and British railways in transportian men Director-General of Supplies and British railways in the direction of the Military Hospitals Commission, as a composite car and a ward car. The former contains six comfort possible in the transportian as a composite car and a ward car. The former contains as comfort possible and the transportian of the second of the possible and cars, and the second of the cars, which were inspected by the second of the particular of the parti

TWENTY FIVE YEARS ON THE JOB

Wolville Time Table

DOMINION ATLANTIC RY TO ST JOHN VIA DIGEY AND TO BOSTON VIA DOMINION ATIANTIC RT TO YARMOUTH Dence Stangard the

Effective March 1st, 1917.

Service daily, except Sunday Express from Helifax & Trure 9.58 a m Accom. from Windsor Lapress from Windsor 4.50 p m Express from Yarmouth 4.50 p m Express from Halifax 6.59 p m

Express from Halifax 5.59 p m
LEAVING.
Express for Halifax and Truro 6.15 a m
Express for St. John and
Accom for Windsor Marmouth 9.76 a m
Accom for Middelton 1.30 p m
Express for Halifax and Truro 4.20 p m
Express for Kentville 5.59 p m.

ST.JOHN AND DIGBY ST.JUHN AND DIGBY

Daily Service (Sunday Excepted)

Canadian Pacific Railway S. S. 'Empress' leaves M. John 7,00 a.m. arriving a Digby at 10,00 a.m. Leaves Digby 100 p.m. striving St. John 5,00 p.m., making connection at St. John with trains of Canadian Pacific Ry, for Montreal and the West.

Boston SerVice Express train leaving at 9.58 a. m. for Yarmouth connects with steamers of the Boston & Yarmouth S S. Co., Ltd., sailing on Wednesday and Saturday for Boston.

Professional Cards

DENTISTRY.

Dr. A. J. McKenna

Office in McKenna Block, Wolfville. M. R. ELLIOTT

A.B., M.D. (Harvard) Office at residence of late Dr. Bowles, Telephone 23,

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