

ROYAL YEAST CAKES

There is more energy in a pound of good bread made in the home with Royal Yeast Cakes than in a pound of meat. Bread making is a simple operation and requires no previous experience. Full instructions in Royal Yeast Bake Book, mailed free on request.

E. W. GILLET CO. LTD. TORONTO

Worth Knowing.
Brown bread brews is cold brown bread cut in small dice, covered with thin cream and stewed slowly for about an hour.

Strawberry tartlets are patty shells of pie paste filled with whole strawberries and sweetened whipped cream.

Don't say to a salesman, "I want"—this or that. Say "Would you kindly show me"—this or that. When you lay stress upon his importance, not your own, you imply, of course, that he will be obliging. After that his ambition is to show you how thoroughly he has mastered the graces of salesmanship.

That useful friend of the housekeeper, the chamolis, has an amazing habit of stiffening after a bath unless it is given with great care. Wash a chamolis in soft water to which has been added a little borax and enough soap to form a lather. Shake up and down in the water and rub very gently. Rinse in cold water, shake in the air to get out as much of it as possible, pull it out well and lay it flat until partly dry. Now pull it through the hands several times and again spread out flat for further drying. Repeat this process several times and there will be little danger of a chamolis ruined by drying hard and stiff.

Minard's Liniment for sale everywhere
A HAPPY HEBRIDES.

Leverhulme, New Owner of Lewis Has Plans.

Lord Leverhulme, the new proprietor of the Island of Lewis, in the course of an interview to the press, has given very interesting particulars as to his plans for making it a happy spot in the Hebrides. Lewis, he remarked at the outset, had a population of 32,000 at the last census.

"The scenery of the island is magnificent, its climate almost paradisaical," he said. "When I was there recently the temperature was 10 deg. higher than in London. Flowers and plants will grow in the open there which you would have to travel as far south as the Isle of Wight to see produced under like conditions."

"The people," he added, "are mostly crofters. Earning a livelihood involves the hardest sustained labor on the part of the crofter, his wife, and his children. A woman will frequently have to make two journeys to the peat beds per day; this means sixteen miles, with a very heavy burden over eight of them. For fishing they have only the open boat; and the

most primitive of tackle. The total earnings of a family of five will be from \$2 to \$3 per week. Yet these people are given to education. There are 900 students receiving higher education at the Nicholson Institute, Stornoway. They pass thence in remarkable numbers to the universities."

"New houses are to be built, well equipped, with a garden in each case large enough to be useful as an allotment."

"The fishing grounds off Lewis are amongst the finest in the world. Canning factories must be ready. The first is now in course of erection at Stornoway, and will be followed by others. The question of transit is not difficult. Then we are to have works for hand-loom weaving. There is real demand for Lewis and Harris tweeds."

"Add to all this," Lord Leverhulme said, "the possibilities of the island as a centre for tourists, and you will see how the employment problem is on the way to being solved. For tourists the island is an ideal place. It is kept warm in winter by the Gulf Stream. It is kept from excessive heat in the summer by the Atlantic Ocean. I hold that Lewis has a magnificent future before it."

Soothes Irritable Throat Quickly Cures Bronchitis

No Drugs to Take. No Sickening Stomach Medicine to Use

Just Breathe "Catarrhoxone"

Count ten—a bad cold is relieved by Catarrhoxone—wait one minute and you will feel its soothing influence on a sore irritated throat. No failure with "Catarrhoxone"—it cures because you can breathe a healing vapor to the very spot that needs help.

The big thing to remember about Catarrhoxone is this—you just breathe a healing plney vapor that is full of the purest balsams, that is rich in the greatest healing agents known to science.

This wonderful vapor dispels all soreness, kills all germs, gives nature a chance to complete a real cure.

Colds and throat troubles can't last if the pure healing vapor of Catarrhoxone is breathed. Catarrh will disappear, bronchial attacks will cease, coughs and winter ills will become a thing of the past. Complete outfit lasts two months, price \$1.00; smaller size 50c; sample size 25c, all dealers, or The Catarrhoxone Co., Kingston, Ont., Canada.

Why Marry?

At a "husban-s night" of a woman's club a feature of the entertainment was the answering by the men, on slips of paper, of the question, "Why should a woman marry?" and by the women of the question, "Why should a man marry?" A prize was offered for the best answer to each of these questions. The best man's answer was adjudged to be this: "Because in that way a woman wins perfection"—a kind of double-edged compliment to each sex. The woman's prize went to this answer: "I know no reason why a man should marry"—a bit of subtle feminine self-effacement that seemed so unusual in these days that it hit the awarding committee. The shortest answer given to the question, "Why should a woman marry?" was, "Alimony." The longest was this: "Because character, not happiness, is the object of life; and in sacrificing her happiness by marriage a woman confers character on a man and wins it in greater measure for herself." A well-known artist wrote the question, "Why should a man marry?" and opposite it simply drew a picture of a pretty girl. Another answer to the same question was, "To save that extra thousand on his income tax."

WALKER HOUSE

WHAT is where I stay and I stay where I go to Toronto. Means says she always likes to stay there because they give us such splendid attention. She says it is just like being home only it's better 'cause it's a change.

Oh, you'll like it too, 'cause everyone seems to notice me and Mama says even if papa is not along we receive the attention just the same.

The Little Girl is Right.

The WALKER HOUSE Management takes special pains in catering to women and children when traveling without gentlemen escorts.

It's a home for travellers, centrally located in the City of Toronto.

The WALKER HOUSE

100 King Street West, Toronto, Canada

The Dazzle in the Diamond

In olden times the diamond was regarded not only as a mark of royalty or nobility, to be worn only by those favored individuals, but it was looked upon as the emblem of purity, and by some nations believed to possess the wonderful power of not having only binding marital vows, but of healing dissensions between husband and wife and magically reconciling and reuniting parted couples; or, as one flatterer iconoclast put it, "mending martial breeches."

That probably originated the modern custom of presenting diamond engagement rings before marriage and diamond brooches and earrings after marriage, exceptional after some domestic explosion, and it is only fair to admit that even in these progressive days of woman suffrage, etc., a diamond does appear to have a magical effect on preventing wife from going home to mother.

THE DARKER SIDE.

Notwithstanding its great reputation for good luck, the diamond, if all the "whales of travelers" are true, that is, the great historic diamonds, have acquired a reputation far bad luck and greswome misfortune to their owners, which have furnished some of the darkest pages of history.

Hundreds of tales have been told of all the great brilliants stolen from the regalia of the moguls, but those best known to English readers are the lists of dark crimes perpetrated for the possession of the famous Kohinoor, Regent and Orloff brilliants. The Kohinoor and Orloff were at one time part of the famous Peacock throne of Delhi and were stolen by Nadir Shah. The Regent, however, was stolen from the mine in which it was found and was never in the possession of the Mogula. It had a dark history, however, and was the cause of at least three deaths. The slave who stole it, by concealing it in a slit in the calf of his leg, was thrown overboard and drowned by the captain to whom he offered it for a passage on the latter's ship. The captain who stole it from the original thief and sold it to the English resi-

We believe MINARD'S LINIMENT is the best:
Mathias Foley, Oil City, Ont.
Joseph Snow, Norway, Me.
Charles Whooten, Mulgrave, N. S.
Rev. R. O. Armstrong, Mulgrave, N. S.
Pierre Landers, Sen., Pokemouche, N. B.

BUILT THE HOUSE OF PITT.

Thomas Pitt, the grandfather of the great English statesman who finally drove Napoleon the Great from power, made the fortune of his house, however by the sale of the stone to the Regent of France early in the eighteenth century, the Prince of Orleans paying over half a million dollars for it. The stone also made the fortune of Napoleon, as the Directory pledged it to the Dutch Government in 1800 for 6,000,000 francs, thereby raising the money with which Napoleon conducted the great campaign which won him the battle of Marengo and elevated him to the imperial throne. Just now it is evidently a lucky stone, for it is still the principal ornament of the French regalia.

The Orloff and Kohinoor had much darker histories. Nadir Shah, who stole them from the Mogul, was assassinated; the rebel who stole them from Nadir lost his eyes.

After that the two brilliants were separated. The Orloff was stolen by an Afghan, who turned it over to another Oriental, who placed it in the keeping of a false friend, and for a time the stone was lost. The Afghan however, located it and, after three murders had been committed for its possession, the last robber succeeded in getting it to Amsterdam, where he sold it to Prince Orloff, the favorite of Catharine II. for \$600,000, a title of nobility and a pension of 20,000 roubles.

Minard's Liniment Cures Burns, Etc.

LAYING LINOLEUM.

There's a Certain Way to Do It Just Right.

When linoleum is first laid it should have a little careful attention, which will repay the owner. Linoleum is not intended to "wear forever," as a brick or stone floor might, but it does wear wonderfully, and provides a sanitary, artistic and durable covering at a moderate cost. When one takes into consideration the fact that it gets as hard wear as one's shoes, one is easily convinced that only the best quality will pay.

Linoleum should never be tacked to the floor; the cement which comes for the purpose of holding it in place keeps water from getting underneath, and increases its durability. A 12-inch layer of the cement around each edge of the linoleum, firmly pressed to the floor and weighted down, will make watertight seams and edges.

Coal.

Though wood and turf formed the fuel of our early ancestors, investigations have proved that the Britons, even prior to the Roman occupation, made use of coal. But as it was possible to utilize only such coal as lay at or near the surface, the practice did not make headway for many centuries.

KEEP CHILDREN WELL DURING HOT WEATHER

Every mother knows how fatal the hot summer months are to small children. Cholera infantum, diarrhoea, dysentery, colic and stomach troubles are rife at this time, and often a precious little life is lost after only a few hours' illness. The mother who keeps Baby's Own Tablets in the house feels safe. The occasional use of the Tablets prevent stomach and bowel troubles, or if trouble comes suddenly—as it generally does—the Tablets will bring the baby safely through. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SUMMER DRINKS

Made at Home With Easily Obtained Material.

For making summer drinks provide a lemon squeezer, a quart jar as a substitute for shaker, an ice pick and an ice shaver.

Keep on hand a supply of sugar syrup and chocolate syrup, as they economize sugar by having it already dissolved, mixing quickly with cold milk.

CHOCOLATE SYRUP.

Four squares of chocolate, one-eighth teaspoon of salt, one and three-quarter cups sugar, one and a half cups boiling water.

Melt chocolate over hot water; add sugar and salt, then pour on gradually the boiling water, stirring constantly. Stir until smooth and boil five minutes. Cool, turn into a jar and keep in a cold place.

ORANGE BLOSSOM CUP.

One cup sugar, two teaspoons of lemon juice, one and a half cups orange juice, one quart milk.

Mix sugar and fruit juice together, and add to the milk slowly to prevent curdling. Serve cold with grated orange rind on top.

These cooling beverages possess real food value and should be part of rather than to supplement a hearty meal.

Minard's Liniment Relieves Neuralgia

The lowest guess was 9½ pounds, and the highest was 2,000 pounds.

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FARMS FOR SALE

IMPROVED GRAIN, STOCK, FRUIT, Garden lands, Norfolk County. Get description. W. Lewis, Waterford, Ont.

MUSKOKA FARMS—ONE TO TWO hundred acres; wood, stock or crops. Farms, buildings, fences. Address Realty Co., Box 329, Bracebridge.

38 ACRES—ALL PLANTED TO FRUIT, except about 5 acres. Good 10 roomed house, large barn, stable. Fruit house and poultry house. Soft and hard water. Best of soil. On Barton Street, eight miles from Hamilton, sell as a going concern. Horses and implements. All health reasons for selling. Will take some exchange. Address P. O. Box 65, Hamilton.

IF YOU DESIRE TO SELL YOUR farm or country home, send me full particulars, and have description published in my new catalogue. If you are in the market to buy, describe your wants and see what I have to offer. No expense whatever to you unless I effect a sale. J. D. Bignall, Realty Broker, 308 Clyde Block, Hamilton, Ont.

HELP WANTED—FEMALE

LADIES WANTED TO DO PLAIN and light sewing at home; whole or spare time; good pay; work sent any distance, charges paid. Send stamp for particulars. National Manufacturing Company, Montreal.

A MAID WANTED—FOR GENERAL housework in Toronto. Will require girl who is a good plain cook and who understands general housework. Family of three adults, every convenience, with best of treatment in comfortable home. Will pay from \$20 to \$25, according to experience and ability. Best references. Free paid. Apply by letter, mentioning age, past experience in housework, and when available. Miss M. R. Sutton, Toronto-Sunday Night Office, Toronto, Ont.

MISCELLANEOUS

IT IS ALWAYS SAFE TO SEND A DOMESTIC Express Money Order. Five Dollars costs three cents.

BUSINESS CHANCES

FOR SALE—DRUG BUSINESS IN Kingston, known as the "University Drug Store," centrally located; doing cash business; getting full prices; investigate. Address as above.

FOR SALE OR EXCHANGE.

117 ACRES ON PROPOSED HIGHWAY at Brantford; splendid brick house, 12 rooms, suitable for two families; hot and cold water, bath, etc.; also full line of implements and stock at fair valuations. What have you to offer, town or city property or smaller farm. Particulars, Edd Roberts, R. R. No. 4, Brantford, Ont.

BLACK SIBERIAN HARES

MATURE IN 6 MONTHS, WILL AVERAGE 2 pounds, fair value, flesh delicious, easy to raise in small quarters. I have for sale select pedigreed and registered stock for breeding purposes. Can show you possibility of large profits. Send for literature. Joseph Fulton, 128 West avenue north, Hamilton, Ont.

South Africa Raised 150,000 Men

Thanksgiving services throughout the Union of South Africa, some held partly in English and partly in Dutch, emphasize the fact that in all war operations in Africa and overseas, the Union gave the services of nearly 150,000 men, of whom 313 officers and 6,320 men were killed in action, 11,661 of all ranks were wounded, and 1,244 taken prisoner and 293 missing.

Minard's Liniment Cures Dandruff.

Much in Little.

Turkey-red is made from the Indian madder plant.
Lion tamers frequently perfume themselves with lavender.
Tungsten is now used as an element of the electric battery.
The world's annual cotton crop averages two and a half million tons.
In olden times the Greek athlete trained on new cheese, dried figs, boiled grain, milk and warm water.

CLARK'S PORK & BEANS

AND OTHER GOOD THINGS

A wise economy—
Save on meat bills by serving "Clark's" Pork and Beans. More strengthening than most meats, — cost less, — enjoyed by all.

Save work, fuel & worry.

Partly guaranteed by the Government Legend on every can.

Totals, Chili or Plain Sauce. Sold Everywhere.

E. CLARK, Limited, Toronto.



McCRIMMON'S ANTISEPTIC COMPOUNDS

McCRIMMON'S Mouth Wash

The universal Mouth Antiseptic for Pyorrhoea and Sore Gums.

Heals and hardens bleeding gums at once and tightens the teeth.

McCRIMMON'S Mouth Wash deodorizes all decomposed matter, and makes the mouth fresh and sweet.

A BOON TO SMOKERS

McCRIMMON'S CHEMICALS LIMITED
Manufacturing Chemists
29 RICHMOND ST. E.
TORONTO

