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COASTING.

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COASTING is a very jolly winter amusement, and needs little description, as the picture will speak for itself. Although any sloping or frozen ground will do, it is better when leading to frozen water, as the impetus given by the rapid descent, sends you flying along on the level ice for a considerable distance.

The sleds used are simply two runners, firmly fastened together at the top by a board which forms the seat, and having a rope attached for the purpose of pulling the coaster after you up the hill when your downward journey is over, and prior to your next descent.

Soft or deep snow will not do for coasting, as the runners sink through, and your progress is thus impeded. A sharp frost after a thaw makes the ground just what is required for this amusement. The first trudge up the slippery hill will soon make you forget the cold.