as Our Lady of the Blessed Sacrament, if we wish it, Mary will be with us, and enable us to obtain the most abundant fruits. She knows just how Jesus wishes to be welcomed, having received Him so often from the moment Incarnation till her Assumption of the Heaven. As our devotion to her increases, our Communions cannot but be more and more frequent. Our adorations, if we happen to belong to a guard of honor or a similar sodality, will be much more consoling and profitable, if made kneeling in spirit beside Mary in the Cenacle. Our visits to the Blessed Sacrament too, when we come to tell Jesus of our joys and sorrows, if made in the same way will likewise produce the most abundant fruits.

From all that has been said, it follows that, the spread of devotion to the Holy Eucharist calls for a model and intercessor in our duties towards Jesus in the Blessed Sacrament. The model and intercessor proposed, is no other than Mary herself, under the title of Our Lady of the Blessed Sacrament. Begin your devotion during this month of May especially consecrated to her.

A. J. V. S, S. S.

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To thank Jesus for coming to you in Holy Communion bear patiently the little contradictions which come to you from your neighbor without showing any resentment; for that is contrary to His Sacred Heart.

Bl. Margaret Mary.

