

down with the point of a long needle; then it should be gently pushed under the left thumb, and when all are done the thread should be tightened again, and the top of the gathers should also be stroked, as it makes it easier for "setting in," besides looking more even.

Setting in Gathers.—Divide the band into which the gathers are to be sewn into half and quarters; open the gathers a little and pin the corresponding parts together, placing the edge of the band just over the gathering thread, which should be drawn so as to agree in length with the band; it is then secured by twisting the thread round the pin. Hold the work with the thumb upon the first finger of the left hand, the gathers lying almost from left to right. Only one gather should be taken up at a time, and they should be fastened in with firm neat stitches. The wrong side must be set in with equal care, and the edge of the band must agree precisely with the edge upon the right side.

WHIPPING.

Frills and thin materials, instead of being gathered, are "whipped." The work is divided into half and quarters as for gathering, and the edge must be even and free from loose threads. Keep the