

cough increased, with shortness of breath on exertion and irregular appetite when, after a rather long walk during the heat of the day, in the early part of June, he had the hemorrhage. He was then ordered to give up all work and to have change of climate. In addition to a liberal proportion of animal food, he was to take a little *stimulant* with his meals to keep up his strength. He left in the latter part of June and remained away until the following February, when he returned, having lost forty pounds in weight and having fully developed tubercular consumption. The progress continued downward until the following November, when he went to his long home.

A young woman, vital temperament, employed in an office, where, for the greater part of the year sunlight was a stranger, at a salary barely sufficient to keep body and soul together, during the spring of 1895 found more than usual difficulty in getting through with her duties. At night, on returning to her garret and evening meal of white baker's bread and tea, she was so thoroughly exhausted that to take her accustomed walk was too great an exertion. Her sleep was irregular and disturbed with dreams. She began her work each morning with a sense of fatigue almost as great as when leaving it the previous evening. After a very fatiguing day's work in the early part of June, she had a severe hemorrhage from the lungs. The first was followed by several others, though less severe, yet preventing her return to work. In August kind friends came to her aid and sent her to the country for a few weeks. She returned somewhat improved in strength, but soon lost what she had gained while away. The progress was rapidly downward, and *pulmonary tuberculosis* claimed another victim.

A middle-aged man, motive temperament, sedentary occupation, in the spring of 1894 noticed that he was losing in weight. His appetite was irregular, bad taste and tendency to nausea in the morning, frequently a burning pain in the stomach, with eructation of gas and a sluggish action of the bowels. These symptoms continued with but little change until the following August, when, after more than usual active exercise on a very hot day, he had a *chill*. This was followed by slight fever, which