

spiral tunnels have been driven through the solid rock, each tunnel with approaches making a complete loop of track. These grade-reduction loops add greatly to the scenic effects to be obtained from passing trains.

HELD

Surrounded by majestic peaks and tremendous glaciers, beautiful lakes and mighty waterfalls, Field is a veritable paradise for the mountain climber, sportsman and artist. Under the shadow of Mount Stephen is situated the spacious and comfortable Mount Stephen Howe, of the Canadian Pacific Hotel System, a did base from which to make numerous expeditions into the surrounding region.

(See Side Trips from Field, page 21.)

GLACIER

Near the summit of the Selkirk Range, lies Glacier in the midst of a region of mighty peaks and glaciers, woods and waterfalls. The Company's hotel, Glacier House, is admirably situate affords opportunity for a delightful sojourn to view the many wondrous works of Nature in the vicinity.

From the hotel it is only an hour's walk to the Great Glacier of the Selkirks, larger than all the Glaciers of Switzerland combated.

General Hamilton wrote in the guests' book at the hotel:

"My wife and I have travelled for nearly forty years all over the world, and are both agreed the secery at Glacier House is the



FIELD AND MOUNT STEPHES