February 3, 1978 . . YOU GOT IT . . . EXAM

fluffies have got everyone e school year and for many s for SUN VACATIONS after nerous that a program has ly for students from April 29

r, owner of the Oromocto the Quality in American in his assistance and the fares with Air Canada, we ly economic trip to Florida 39.00. This price includes . . ton to Miami to Fredericton odation at the Quality Inn rdale . . . transfers to and age handling ..., welcome led in the price is Canadian ax of \$3.00

h four sharing a room double rate is \$374.00.

and information sheet is RAVEL. A \$50.00 deposit is and the final payment is not

t hand information on the unding, night clubs, tennis, pow, a student here, will be DAY FEBRUARY 7 11:30 am ny questions.

oceanfront resort with six nd bikinis start saving . . .

student. He himself feels that faculty advising needs looking at and is concerned with the discrepancy between faculties. He feels that with a better system, potential dropouts may reconsider.

the quality of education is another concern of Tom's, who feels an education entails not only classes and marks but extra curricular activities. He feels participation in events will enable he student to grow as a person and receive a complete education. February 3, 1978



ARTS III

Lynn Wentworth, Arts 3 is running for Rep at Large. She said "I think the position, as far asthe faculties go, is the most challenging." She said she was open to

suggestions, and that the position means that the person in charge has the responsibility of representing everyone, and issues with other faculties may not touch could be taken care of by this person.

She has had some experience in student politics, being a class room rep in high school. Lynn also ran for vice president internal in the fall.

Issues which she finds pertinent include the question of co-ed residences, incidentally she feels there should be.

She is also concerned. with budgetary related problems and feels there should be a more even distribution of money between the organizations and clubs on campus.

Lynn said that many clubs and organizations need their constitutions revamped also.

"There are a lot of capable people running and I feel it is important to the student to get out and vote so they choose the most capable," she concluded.

SHEENAGH MURPHY ARTS III



SANDY MCIVER FORESTRY III

Sandy Mclver is running for rep at large in the winter elections. He says that his reason for running was that he was disturbed by the low number of people willing to

run for positions, and he is concerned about apathy. Sandy has had no experience in student government, but he feels that he can represent the students

adequately. He feels that the job of ep-at-large is to help the people who feel that they have gotten a raw deal from the University, but don't try to make waves. He would like to see students

vet involved in clubs, or something that would give them backing in any sort of problem.

Sandy McIver says "I'd like to hear from anyone who is interested or has a beef."



JAMES BROCK SCIENCE I

James is running for the position of Rep. at Large. When asked why he replied that it was a case of not wanting the position to

go by way of acclamation and also that he is interested in getting involved with student government

Considering the position for which he is vying, James feels that he has a basic understanding of what the job will entail. His background includes work in high school student government plus

he is currently working for CHSR as deejay. In closing James said hat he is hoping that students will eel free to come to him with their suggestions and ideas as he feels there are numerous things to be changed on this campus.

Vote elections Wed Feb 15



Coordinated by D. E. Vensterbank

This is the start of the health column that was mentioned in last week's paper. The intention is to discuss all problems from frost bite, colds and flue to birth control.

THE BRUNSWICKAN- 5

Where so desired the letters will be handled in confidence and names will be withheld. To make this column a success we need your support, so should you have any questions please send your correspondence to: Healthfax

c/o The Brunswickan

Rm. 35 SUB

FLUS AND COLDS

It is "cold and flu" time again. Approximately 3,000 students at UNB and STU will experience some sort of U.R.I. or Upper respiratory infection [another name for cold or flue].

Virtually all URI's are caused by a virus, which is occasionally complicated by a secondary bacterial infection. URI's present themselves as "head colds", sore throats, or "chest colds". Fever [under 39 degrees C], tiredness, muscle aches, headache, and swollen neck glands are the common symptoms. Chest colds are accompanied by a cough which can be dry or congested. Quite often the Eustachian tubes [between the middle ear and throat] are blocked causing pressure in the ear. This can create some periodic pain, ringing noise, decreased hearing, and "popping" when you yawn or swallow. This disappears as the "cold" improves.

You will know when you are hit by a secondary bacterial infection. This is when you feel much worse with a persistent ear ache from a middle ear infection, a miserably sore throat with wite patches on the tonsils or pharynx known as strep throat, or a sinus infection with a greenish discharge and/or post nasal drip Also to be considered is a cough productive of lost of dark green or yellow sputum which could indicate bronchitis or pheumonia. Of the 3000 URI's on campus, maybe 100 will go to one of these complications.

TREATMENT

For the viruses there are no cures. The only real solution is to give your body a chance to use its own defense mechanisms. This would mean rest, limited exposrue to cold air, and lots of fluids. Some helpful suggestions are gargling with salt water for throats, vaporizers [humidity] for chest colds, and possibly a decongestant of for the troubled nose, sinuses, and ears. Aspirins can be used for aches and fever as well as a cough preparation for chest colds but many people "tough it out" with no drugs which I like to encourage.

"If I'm elected to Senate, I'll remain as open and available to suggestions and ideas as I am now, and I hope I'll be able to serve the students to the best of my abilities."

which he feels are very restrictive on students. "I would like to work towards getting those changed" said Alan.

Another relevant issue to Alan is the parking regulation. He said they affect everyone and would like to work towards an end which would satisfy all.

"I hope that people will go out and choose someone, people compalin time and time again yet very few people go out and pick who they want," said Alan.

INTERVIEWS FOR ELECTION CAN-DIDATES WERE CONDUCTED BY CHARLIE DIONNE, SHEENAGH MURPHY, KATHRYN WAKELING, JEFF IRWIN AND RICK FOWLER

LOST: one silver cigarette lighter. Initials J.S.H. engraved on side. If found please contact 454-5994 after six o'clock.

Sheenagh is running for a seat in the Senate because "the position was really fought for (the three seats in Senate) and with the amount of apathy obvious today, I felt it was important someone got on the Senate." She feels that it is important that someone is there at Senate meetings and has a vote on the issues - which are related to the students. "Even if the vote doesn't make any difference" sayd Sheenagh, "we have the information to get student feedback on, not to mention the possibility of

having the SRC act upon it. Her background includes working on the Bruns for the past two where she has had close contact with the candidates (reporting) participating. One of the main good "in" on Student government which gives me a good basis to the students after all that's what deal with the issues which come

up in Senate." knowledge of a Senate position is involve them they'll want to take not total. "But" she adds, "I intend action."



to put in a great amount of time because I feel the position has the potential of being a relevant one in contrast to being ineffective. I know there are committees and I

want to get involved with them." In closing Sheenagh added that 'you can't really know with years as news editor which also absolute certainty what is takes in three student elections involved until you are actually

enabling her to know what is things I'm interested in is involved in government. "I have a establishing communications with

these positions are all about. I can't help feeling that once On the otherhand however her students know about issues that

> More senate people



TIERNEY NESS NURSING III

Tierney Ness is running for Senate. She wants to insure that students have good representa-

tion in upper echelon decisions. She wants a comprehensive and consistent course evaluation system implemented. She is also in

favour of co-ed residences, and feels that there should be a better lighting system on campus. She also feels that women have not had sufficient representation in

past years, though she says that this is not her main platform. Tierney has spent three years

o., the Nursing Society. This year she is the vice-president of that institution. She also has had tow

years on the High School Relations committee.

"I want students to bring me their ideas, because I'm not trying to represent Tierney Ness." she concluded.

Antibiotics are only good for the 100 cases with the complications mentioned above.

This material is submitted by Dr. R. Tingley at the Student Health Center and has been modified for the Bruns by D.E.V.

Next week we will answer some frequently asked questions concerning vitamins, the Texas flu, influenza and "mono"

Textbook tactics

Senate will get a recommenda- The Brunswickan that at the years according to student Senator Steve Berube.

He said the committee also agreed to pass on a motion saying that the same text should be used for one course regardless of the number of sections in the course. He said in a written report to

tion from its bookstore committee Memorial University of Newfoundthat all textbooks for use in any land in St. John's, the same text particular course be good for two has to be used for at least three years, the object being to reduce textbook costs.

> The Students' Representative Council agreed at their last meeting to support the committee recommendations, and also agreed to support efforts of student Senators to find ways to reduce high textbook costs.

DEADLINE FOR SUBMISSION OF ARTICLES AND PICTURES TO YEARBOOK ARE AS FOLLOWS:

RESIDENCES: March 1, 1978

ORANIZATIONS/SOCIETIES: March 1, 1978 TEAMS: Two weeks after season ends; which means ALL fall sports should now be in!

Please forward the preceding to Judy Bunting c/o UNB Yearbook/SRC Office/SUB/Campus Mail. It is imperative that these deadlines be met in order for us to guarantee their inclusion. Thank-you.