

ENTERTAINING MISCELLANY

VARIOUS SUBJECTS CLEVERLY TREATED

Insanity, Vices and Troubles are Catching.

By realizing Oneness we become good and wise—whole.

All beings are practically One; what affects one affects all to a more or less degree.

The Hindu metaphysicians and Wise Men have always taught this doctrine of Oneness.

In a recent issue of the New York Journal we find the following excellent editorial:

All human beings imagine themselves, thanks to our naturally blissful condition of egotism, to be highly important separate individuals.

We think that we are born independent of all other men and women, and that each of us can map out his little life in his own way.

As a matter of fact, we are simply drops in a big cistern, and we take on, in spite of ourselves, the characteristics of the drops next to us.

Take a drop of pure water and throw it into the ocean, it becomes salt. Throw the same drop into a cesspool, and it becomes foul.

Human beings, in spite of themselves, and without any exception, absorb the characteristics of those around them.

These very commonplace remarks are suggested by the case of Dr. Geo. A. Schurtleff.

This unfortunate physician was for years superintendent of the Stockton Insane Asylum, in California.

He was looked upon as a man of extraordinary mental power, a great expert in insanity.

He is now dying of dementia in the asylum which he used to control.

There is not the slightest question that mental disease was bred in him by constant association with those mentally afflicted. The climax in his misfortune was caused by his failure to cure his adopted daughter of insanity.

When he discovered that her case was hopeless, his mind gave way—and he will probably spend the rest of his life as a lunatic.

If a man can be thus afflicted with a repulsive disease which can have no possible attraction for him, think how powerful and how fatal must be the effects of association with vices and afflictions that attract us.

If a strong-minded physician cannot associate with the insane without himself becoming insane, what chance has a young man or a young woman or a young child left to associate with others morally deranged?

Every man and woman, bearing in mind the fact that the brain absorbs impressions constantly, and is constantly changing its complexion, should resolve to avoid such companionship

and surroundings as they would not willingly imitate.

In the old proverbs there is often much scientific wisdom, and this is true of the saying:

"Tell me thy company, and I will tell thee what thou art."

"Rain" Trees.

There is a tree in the tropics known as the rain tree, says the London Globe. Natives have long claimed that under its shade grass will grow in wonderful abundance. A close study of the rain tree has revealed that the natives were speaking the truth. A further interesting fact in regard to the rain tree is that its leaves possess the power of independent movement. At sunset the leaves close together, thus allowing dew to form on the grass beneath. With the reappearance of the sun the leaves expand again and thoroughly screen the grass beneath, thus effectually checking excessive evaporation.



Making the Soft Soap.

How Elephants Sleep.

"That elephant," said the circus man to a Louisville Courier-Journal writer, "has slept standing up for a year. He is 90, and what little sleep he requires he takes on his feet."

"An elephant in his prime only sleeps five hours a night, and the older he grows the less sleep he needs. This good fellow here practically needs no sleep at all. At whatever hour of the day or night I come to him, he stands patiently in his place, rocking from side to side. I know he sleeps a little, but for years now his naps have been so short that he hasn't bothered to lie down for them. Nearly all old elephants are like this."

Wilson's Fly Pads kill them all. Avoid unsatisfactory imitations.

Power of Having a Fixed Plan.

When Huxley, the great scientist, was a very young man he kept a diary which consisted mainly of his intentions concerning the future, says an exchange. He mapped out the work which he must do. At the end of a certain time he found that he had neglected the most important things. On making this discovery, he wrote:

"I must get on faster than this. I must adopt a fixed plan of studies, for unless this is done I find time slips away without knowing it—and let me remember this, that it is better to read a little and thoroughly than cram a crude, undigested mass into my head, though it be in great quantity."

Three years later he wrote in this diary, after having written what is quoted above:

"This is about the only resolution I have ever stuck to."

Huxley stuck to his resolution, adopted a fixed plan of studies. He made up his mind what he wanted to learn. He selected a certain line of investigation and stuck to it absolutely. When he died he had rendered great

How Fast the Baby Should Grow.

The "Bulletin" of the Academy of Medicine (Paris) says that weighing is the only exact means of ascertaining whether the growth of an infant is normal.

"The weight of a child who is well, drinks good milk in sufficient quantity, and digests well, ought not to vary sensibly from the averages given below. By indicating by the letter W the weight of the infant four days after its birth (an infant loses weight the first three days after its birth) one may show the following averages:

First month	W plus 1 lb. 10.5 oz.
Second month	W plus 3 lbs. 5.5 oz.
Third month	W plus 4 lbs. 11.0 oz.
Fourth month	W plus 6 lbs. 1.0 oz.
Fifth month	W plus 7 lbs. 5.5 oz.
Sixth month	W plus 8 lbs. 8.5 oz.
Seventh month	W plus 9 lbs. 10.0 oz.
Eighth month	W plus 10 lbs. 10.0 oz.
Ninth month	W plus 11 lbs. 8.5 oz.
Tenth month	W plus 12 lbs. 5.5 oz.
Eleventh month	W plus 13 lbs. 1.0 oz.
Twelfth month	W plus 13 lbs. 11.0 oz.

"Hence, if an infant weight seven pounds four days after its birth, it ought to weigh about twenty pounds at the age of one year. These figures are evidently not at all absolute, but if the infant grows normally its weight ought not to vary greatly from that indicated above."

A New Idea.

"What are the suggestions for the day?"

The greatest philanthropist of the age turned anxiously to his private secretary.

"Remember," he said, half severely, "we must give away ten millions more before the week is over. I simply can't stand it to have money accumulate in this reckless manner. We must get rid of it."

The secretary did not immediately reply.

"I am afraid it is hopeless," said the great philanthropist. "The National Theater says they can't take another cent. Every missionary society is black with cash. The old sailors are all smoking dollar cigars. Speak, man, your face is lighting up. Have you an idea?"

"I have, indeed," said the private secretary. "Have no fear; all will be well. Here's a man who has given me a clue."

And with a glad smile of relief, the philanthropist read from some unknown correspondent as follows:

"Why not endow a good comfortable home for decrepit millionaires who have given away all their money?"

A Womanly Woman.

(To be placed in a corner of a young girl's mirror, and read while she is making her toilette).

She cultivates reserve.

She thinks, then she acts.

She speaks ill of no one.

She is loyal to her friends.

She lives her mother's faith.

She cares for her body as God's temple.

She writes nothing that she may regret.

She knows that nothing is more undignified than anger.

She knows that to love and be loved is her birthright if she is but worthy of love.

A Manly Man.

(A young man might do the same with these).

He is unassuming, genteel and courteous.

He has due regard for the feelings of others.

He cares for his body as the temple of the soul.

He never uses profane or obscene language.

He loves his home next to his country.

He places honor before mercenary gain.

He stands for the right, even though he sacrifices position and popularity.

He holds truth as sacred as his life.

Lincoln was fond of gingerbread, and Stonewall Jackson wanted buckwheat cakes the year round.

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