

away, disappeared into nothingness, and Christ remains, the mainstay and salvation of human souls. His teaching is still the very best we can obtain for our guidance here. Take the Sermon on the Mount, for instance. How perfect it is, how comprehensive, how full of little things, and yet how wide-reaching in its limit! There is nothing forgotten; nearly nineteen hundred years old, and yet it is adapted for every need of the human soul. If we could get the spirit of that blessed teaching more firmly planted in our hearts, we could make the world a happier place for ourselves and others. We are all fond of laying plans for the future; and there are few of us who do not at least once a year review the past, and make new resolves for the future. Some of us are constantly taking retrospects, and sometimes feel hopeless. We seem to be making so little progress in that higher life which we desire, and strive after in some degree. In a twofold sense