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Adaptation skills

Major Competency

Interculturally Effective Persons (IEPs) have the ability to cope personally, professionally, and in the family context, with the conditions and challenges of living and working in another culture.

Core Competency

- 1.1** IEPs are able to cope with the stress of culture shock and the ongoing challenges of living in another culture.

Behavioural Indicators

1.1 Interculturally Effective Persons:

- have organized well the material logistics of setting up a new life in the host culture (e.g. housing, taxes, education of children, health precautions, security precautions etc.)
- maintain a positive attitude that contributes to staying motivated professionally and living happily. They:
 - do not complain about living and working conditions in a manner or frequency that is considered unconstructive or disruptive
 - remain calm, patient, and in control of emotions when confronted by obstacles to the achievement of the assignment's goals or a satisfactory lifestyle
 - avoid negative evaluations of local colleagues and organizational structures in the absence of investigation or proposing feasible solutions
 - display a sense of humour (but without sarcasm) about the frustrations of living in another culture