

4. When directed by the instructor to "Begin test":

Approach the sleeve and open it;

With the respirator fitted, introduce your head into the chamber through the sleeve;

Carefully take a short breath and, if you feel no irritation of the respiratory organs or eyes, continue to inhale, taking deep breaths and turning the head.

5. When directed by the instructor to "End test":

Release the sleeve;

Withdraw your head from the chamber;

Tighten the cord on the sleeve;

Move upwind;

Remove the respirator and place it in the carrier;

Remove the tunic and wash your hands.

5. The position of the respirator straps must not be altered without authorization after the airtightness test.

7. If you feel any irritation of the respiratory organs or eyes when testing the respirator in the chamber:

Immediately move away from the chamber;

Go upwind;

Remove the respirator and ask the instructor for guidance.