

So that this treatment of the soil, if we may be allowed the expression, which seemed at first so efficacious, had but an ephemeral effect ; enough had not been accomplished, the disease should have been attacked in its very essence, the bacilli and their toxines destroyed.

It is the same with all medications in the case of tuberculosis, and I should willingly call them partial medications.

Let us consider those that address themselves to the soil, the constitution of the subject.

Firstly, we hold that a hygienic treatment should be the basis, the indispensable foundation-stone of every medication ; without it, they will all fail.

As Professor Letulle so picturesquely puts it, the patient must be "*centrifuged* ;" he must be taken away from large towns, from the centres where diseased persons are collected ; he must be given the pure, fresh, invigorating air of the seaside or of the mountains ; he must have in profusion sunlight, an agent as salutary to man as it is destructive to microbes.

In our opinion this hygienic treatment will best be realized by means of *free sanatoria*, I andouzy's home sanatoria, such as we find them scattered, in the shape of villas, along our sun-bathed Mediterranean shores. There all the required conditions, not only hygienic, but moral and inspiring as well, can be fulfilled.

In private sanatoria for the rich, the culinary arrangements for such a large number of people are necessarily unsatisfactory, the cooking is less carefully attended to, the dishes less carefully prepared, and less adapted to individual wants, to stomachs often fatigued and upset.

As a matter of fact, the question of food is of vital importance in the treatment of a disease in which super-alimentation plays such an important part.

The private sanatorium should be reserved for the impulsive, for those who are incapable of energy and self-direction.

Besides, how many of these sanatoria are carelessly conducted ! How many paying sanatoria are under the control of commercial managers, who allow alcohol in all its forms to be freely distributed ! who close their eyes to promiscuities which are dangerous, often immoral, and always harmful to patients who must carefully husband their strength.

On the contrary, we willingly acknowledge the usefulness of the sanatorium destined to the poor. In their case hygienic discipline will always be maintained, for there