# 1, 1897.

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#### ERS

pounds of tter size of hree eggs, aspoons of bake in a

nutton into · meat into lomatoes layer of pepper and •r. Begin and repeat s full, hav-Bake in a

### nite of eggs,

up of powpoonial of flavouring e beaten to d beat, add time; bake i a pan the our without e in centre. taken from remove the

f butter, one en together to mix and

udding dish

# CANADIAN CHURCHMAN.

#### Children's Department. Missionary American

WHEN BEDTIME COMES TOO SOON.

Nov. 11, 1897.]

The clocks don't know their A B C's, And so they cannot spell; But yet they count much more than I, And seem to count quite well

But what good so much counting does, I'd really like to know?-Just sending people off to bed Before they want to go.

#### THE SUPREME COMMAND.

"Thou shalt love." That is the supreme command laid on all that lives. You must do it. It is your nature. You cannot beg off or refuse or escape. This is the one, the great commandment. All other obligations, duties, responsibilities, calls, are moral deductions from it. The moral code, the ten commandments, the strict limitations of the Mosaic covenant, all the infinite details of daily conduct, of special social order, of household claims, of family life, of behaviour, of Hood's Pills with Hood's Sarsaparilla. courtesy, of cleanliness, of kindliness, of justice, of honesty, of self-control, of passion, are but corollaries of this proposition. They carry out over the surface of human existence into all its manifold departments this single necessity, " Thou shalt love."

#### THE BEAUTY OF HOLINESS.

I wondered over again for the hundredth time what could be the principle which, in the wildest, most lawless, fantastically chaotic, apparently capricious, work of nature, always kept it beautiful. The beauty of holiness must be at the heart of it somehow, I thought. Because our God is so free from stain, so loving, so unselfish, so good, so altogether what He wants us to be, so holy, therefore all His works declare Him in beauty; His fingers can touch nothing but to mould it into loveliness; and even the play of His

Letter From a Minister's Wife In India-How She Keeps Well Through the Long Summer.

The following is from Mrs. P. H. Moore, the wife of a Baptist minister in Nowgong, Assam, India:

"I have been in Assam since January, 1880, with the exception of one year in America. After being here for several years I found the climate was weakening me and my blood was altogether too thin. I began taking Hood's Sarsaparilla every summer. This I found so beneficial that since my return to Assam in 1891 I have taken one dose of Hood's Sarsaparilla every day, the first thing in the morning, for 9 months in the year, that is, through the hot weather. My weight does not vary more than one pound throughout the year. My general health has been excellent and my blood is in good condition." MRS. P. H. MOORE. Remember



elements is in grace and tenderness of form.

OATARRH	CURED	FOR	<b>25</b>
CENTS.			

I suffered from Catarrh for years, and have found Dr. Chase's Catarrh Cure the best that I have used, and gladly recommend it to sufferers.

Yours truly, Harry Stone, Rainham Centre, Ont.

## THE FIRST SNOW.

Elsie had been standing at the nursery window watching the snow. It was the first time she had ever seen it. Last night, when she went to bed, the garden looked-oh, not like it did in the sweet summer time, but much as it always did in the winter, brown and bare, no flowers in the borders, and no leaves on the trees. But this morning, oh! what a change. 'Miss Elsic,' said nurse, when she called her; 'wouldn't you like to see the snow? And then she wrapped a shawl round her, and carried her to the window. 'Oh, nurse, how pretty !' cried Elsie, in delight. 'I did not know that it was going to snow, did, you? How white it is ! May I go out and walk upon it? Please make haste and dress me that I may go and ask mamma.' Elsie could hardly eat her bread and milk, she was so intent upon the snow. Great was her joy afterwards when her mother said, as the day was I dare say you have seen the snow many times, so you will smile at Elsie. But she was a very little girl and it But she was a very little gift and it was all new to her. It made her home look on a sudden like a bit of that fairy land which she had read about in her story books. 'Mamma,' she said, looking round at the wide, white waste, 'where are the daisies? I used to pick them over there; shan't I do so any more?' 'God takes care of the daisies, my child. They are not dead, only covered up by the soft white snow, just as you might lie in your little bed with a blanket over you.'

'Oh, I'm so glad God thinks about the daisies, mamma,' cried Elsie, as she bounded on; because then I'm quite sure he will not forget me.'

# A HELPLESS WOMAN.

For Years a Rheumatic Cripple-Under the Healing Balm of South American Rheumatic Cure Suffering Vanishes - Through Faith in the Testimony of others she is to-day a well Woman.

"My daughter, Mrs. Gregory, had rheu matism so badly in her right hand and arm that they were rendered almost helpless for over a year. Noticing the testimony of persons who had been cured by South American Rheumatic Cure, I procured a bottle. She received almost instant relief, and when the bottle was used the trouble had completely left her. It is a great remedy, and we take pleasure in recommending it."-Neil Morrison, St. John N.B.

#### A TRUE GENTLEMAN.

Prince Albert was the man of all men who might be called in the true sense of the word a gentleman. And, pathy. what is more, he trained his children to follow his example, as the following story indicates :-

One day Prince Albert and his son, the Prince of Wales, were riding across a toll-bridge.

The keeper respectfully saluted them on receiving his toll.

Prince Albert acknowledged the salute by touching his hat and bowing, but the Prince of Wales, boy-like, dashed on without noticing the bridge. authoritative manner by his father.

and return that man's salute.'

Scott's Emulsion is Codliver Oil prepared as a food. At the same time, it is a blood maker, a nerve tonic and an up-builder. But principally it is a food for tired and weak digestions; for those who are not getting the fat they should from their ordinary food; for children whom nothing seems to nourish; for all who are fat-starved and thin.

It is pleasant to take; at least, it is not unpleasant. Children like it and ask for more.

Some druggists have a "just as good" kind. Isn't the kind all others try to equal good enough for you to buy?

-Sorrow is sent to teach us sym-

#### GET INSTANT RELIEF FROM PILES.

This most irritating dis ase relieved in ten minutes by u-ing Dr. Agnew's Ointment, and a cure in from three to six nights. Thousands testify of its goodness. Good for Eczema, Salt Rheum, and all skin diseases. If you are without faith, one application will convince. 35 cents.

-Remember that, if the opportunities for great deeds should never keeper. He was called back in an come, the opportunity for good deeds is renewed for you day by day. The " My son," said the latter, "go back thing for us to long for is goodness, not glory.



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pour over closely, and en drain off let it stand e pint sweet all cup flour wder mixed onful melted vell three or ches in dish. serve with

lice tart apcups of dry onful of butrub in a teaand a small ar. Parboil them in pudien a layer of Place a few bout half an ith cream or

One cup granolasses, one ne cup sweet aspoonfuls of one wellof soda sifted ne cup chopone-half cup apples cut in nours. Serve

Exhaustron

# Horsford's Acid Phosphate

Overworked men and women, the nervous, weak and debilitated, will find in the Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength fine she would take Elsie for a walk. and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Me., says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

Descriptive pamphlet free on application to Rumford Chemical Works, Providence, R.I. Beware of Substitutes and Imitations. For Sale by all Druggists.

OCOas and Chocolates

on this Continent No Chemicals are used in their manufactures. Their Breakfast Cocoa is absolutely pure, delicious, nutritious, ar. 1 costs less than one cert a cup. Their Premium No. 1 Choc...at is the best plain chocolate in the market for family use. Their German Sweet Chocolate is good to eat and and to drink. It is palatable, nutritious and healthful; 2 great favorite with Consumers should ask for and be sure that they get the genuine children. Walter Baker & Co.'s goods, made at Dorchester, Mass., U. S. A. CANADIAN HOUSE & Hospital St Montree!

# Consumption can be Cured !

SCIENCE AND DISCOVERY

#### (FROM THE GOLDEN RULE.)

"The fact has been established that the hon-ored and distinguished chemist, T. A. blocum, of New York City has discovered a reliable and absolute cure for Consumption, and all bron-bial broat the proved the dreaded con-"The doctor has proved the dreaded con-

ently hopeless cases by its timely use, and it seems a necessary and humane duty. therefore, to bring such facts to the attention of all inva-

lids, that they may be ben fitted thereby. "He considers it his professional duty—a duty which he owes to suffering humanity—to

donate his infallible cure to all afflicted. "Chemistry and Science are daily astonish-ing the world with new wonders. It is no longer safe to say that anything may not be achieved. The researches and experiments of this great chemist, patiently carried on for years, have cul-

osopher. "The doctor has proved the dreaded con-

sumption to be a curable disease beyond a doubt, in any climate, and has on file in his Am-erican, Canadian and European laboratories, thousands of heart-felt letters of gratitude, from those benefitted and cured in all parts of the world

"The medical profession throushout America and Europe are nearly unanimous in the opinion that catarrahal affections and pulmonary opinion that catarrahal affections and pulmonary tronbles lead to consumption, and co sumption, nninterrupted, mears speedy as d certain death. No one having, or threatened with any danger-ous disease, should hesitate a day. Simply write to the Canadian Laboratory, the T A Slocum Chemical Co., Limited, 1%6 Adelaide Street Weat, Toronto, Canada, giving express and p stoffice address, and the free medicine will be promptly sent. Every sufferer should take advantage of this most liberal proposition " When writing, please mention that you saw this offer in the CANADIAN CHURCHMAN.