

that of our first father Adam was endowed with it by the gratuitous goodness of our Maker, our souls add to their radical aptitude for possessing divine life, the undestructible remembrance of its loss, immense desires of recovering it, a profound sadness and exhaustion through being deprived of it.

Therefore, He alone that had first given that divine life can restore it to us: God the Father had made the first gift, God the Son gives it back to us, we get the first germ of it when we are, through baptism, washed in His blood: but in order to keep that precious life, to develop it, to make it active, energetic, fruitful in pious works, to relish all the joys it contains, we need a spiritual nourishment and refection, which is the Bread of life, the bread of the Eucharist.

Oh! Let us therefore desire the Divine life, the Holy life, the Happy life, the Eternal life that comes to you, that is promised, given and guaranteed to you by the Bread of the Eucharist. Adore Jesus Christ made the living Bread and the Sacrament of Divine life for souls.

II.—THANKSGIVING.

If we could comprehend the horrors of spiritual death and the benefit of Divine life for the soul, how could we refrain from blessing, with feelings of the deepest gratitude, the thought that conceived the Eucharist, the heart that gave it to us, the love that conserves it for us.

God is the life of the soul, as the soul is the life of the body. To be born to natural life without attaining supernatural life, after God has destined us for it, is to remain uncrowned, to produce a stem without a flower, a flower without a fruit, moreover, to remain, as we were before, deprived of life through the fault of our origin and the sins that we fatally added to it at once, is to be condemned to degradation, to punishment, to deprivation of all happiness to estrangement from God, and to the weight of His anger. Is not this death the most horrible of death? eternal death? But let us hope, let us exult, let us rejoice! Here is the bread that brings to life its growth, that makes up for its losses, that maintains its continuation, facilitates its use, preserves and keeps its treasures