

and adorn their Souls with the Graces and Virtues of Gods holy Spirit, rather than their Bodies with gaudy and rich Attire.

Whose adorning, says he, let it not be that outward adorning of plaiting the Hair, and of wearing of Gold; but the hidden Man of the Heart, in that which is incorruptible, viz. a meek and quiet Spirit, which is highly precious in the Sight of God. For thus also the holy Women of old adorn'd themselves. In like manner also, I will that Women adorn themselves with decent Apparel, with Modesty and Sobriety; not with costly drefs, but with what becometh Women professing Godliness, with good Work. 1. Pet. 3. 3. 4. 5. 1. Tim. 2. 9. 10. It is hence evident that the Endowments of the inner Man are the chief Ornaments of a Christian. And Plainness among Christians is a greater Honor than fine Clothing.

“ The outward adorning of the Body is very often sinful and excessive.” For Instance, when it is immoderate and above your Degree and Station in the World; when you are proud of it, and puffed up with it; when you drefs designing to allure and tempt others; when your Apparel is too rich, curious, or superfluous; when the Fashions are Fantastical, imitating the Levity and Vanity of the worst People; and when they are immodest and wanton. But there is no Religion or Irreligion in Drefs provided Pride and Luxury are guarded against, and Modesty and Moderation preserved.

Though, ordinarily, you may read the Vanity of a Person's Mind by the *Gaiety and Gaudiness* of their Habit.”

*Internal Grace* (called the hidden Man of the Heart) gives a Beauty and Ornament to the Soul far preferable to that which any costly Apparel or outward Adornings can give to the  
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