## Flying without fear (or wings)

## The fear of falling!

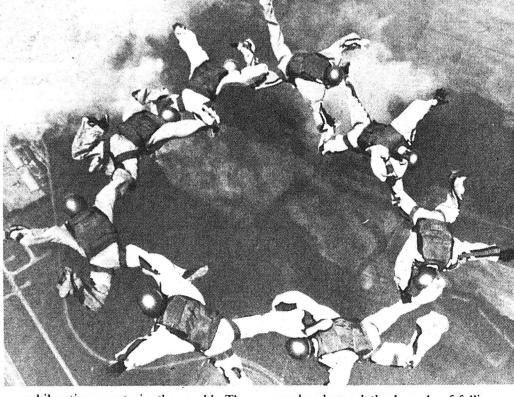
Skydiving is a misunderstood sport. Most people feel that it is a wild and crazy sport that appeals only to fools with suicidal tendencies. So why do they do it? What compels relatively sane people to hurl themselves out of safe airplanes?

Statistically the sport is very safe, when kept in perspective. Studies indicate that the fear of falling is one of our deepest, darkest and oldest trepidations; possibly instinctive in its nature. To deal with such qualms and a flood of misconceptions about the sport, most people simply avoid becoming involved in skydiving.

Before starting his first jump course, the student parachutist must come to grips with these fears and misconceptions. In actuality, the rewards are numerous and the dangers are minor. Through a detailed course, the student gains a high degree of well. founded confidence in his equipment and abilities. Certified instructors are trained to deal with the student's apprehensions about skydiving. 'Knowledge Dispells Fear' is the motto of the Canadian Sport Parachuting Association.

Parachuting-skydiving enthusiasts claim that this exciting and challenging sport soon becomes a second nature, easily adapted to.

Skydiving is not a brush with death. In reality it is one of the most



exhilarating sports in the world. The incredible rush you feel as you are bombarded with a myriad of sensations that flood your mind, making it, at first, rather difficult to absorb the reality and beauty of the experience. The sensation

reaches beyond the bounds of falling; the student soon learns how to fly. He has opened the door to one of life's greatest encounters.

When you exit the plane with a group of others you strive to perform aerial maneuvers or join in intric formations. The sensation is one being suspended, as the wind rushesp you, seemingly holding you, allow you to float in a vast sea of air.

By deflecting the air in varie ways the skydiver learns to move body around at will, under total cont with incredible grace and precision. adrenalin rush defies description. For few brief seconds the skydiver is able transcend time and gravity.

Recently skydiving has been in mally recognized as an art form. A any other art, skydivers employ at level of intense mental and physical control, combined with an imaginat approach and hard practice, in search perfection. To the adept and refi skydiver, imagination becomes the boundary.

Skydiving is the dance of the sky creative endeavour embodying grace precision and beauty. In air the feeling becomes intense:

To be able to fly is something m people only dream of. To float about a vast weightless void of blue ... to the earthly bonds of time and gravity glide free . . . to feel the control maneuverability of one's body with the need for mechanical devices... is skydiving!

'And you shall walk the Earthw your eyes turned skyward. For there have been and there you shall long return.

## Tate takes title **Bear wrestlers** Golden successful at national

Three Golden Bear wrestlers travelled to Montreal a week ago to compete in the National Junior Championships and each representative per-formed admirably. U of A's Scott Tate, Mark Yurick and Gord Glanz all wrestled in Ouebec.

Tate won his second consecutive national title, easily handling all of his opponents in freestyle competition. Perhaps Tate's toughest fight was making weight as he dropped from 130 to 114 pounds. He then proceeded to beat Canada Winter Games Gold medalist Wayne Yeastings in his very first match.

In all likelihood Tate will travel to Mexico during May to compete in the Junior Pan-American Games. Last summer in Venezuela he won the Gold medal in Greco-Roman competition. This year he will wrestle in both freestyle and Greco-

Roman.

Yurick, captain of the Bears this season, began slowly in Montreal, as his initial fights were in freestyle competition. However, in Greco-Roman, up against 30 of Canada's best wrestlers, Yurick fought tremendously, winning the Bronze in his

weight class.

Glanz, on route to a fou place finish in his weight d fought to a draw against eventual Gold medal winner

This summer Golden I coach John Barry will taked the reigns of the National Ju Team. Training camp will held at the U of A, from which team will be chosen to com in Sweden at the Junior W Greco-Roman Champions and in Mongolia for the Ju World Freestyle Cha pionships.

At the present time S Tate seems to have the chance of the three Bears qualify for World competit but Glanz and Yurick are contenders for berths in one the two international to naments.



Judo

The University of was the sight of the Alb Provincial Judo Champions last weekend but University Alberta athletes acted the pa ingrates and brought most of tournament accolades home

Led by Matt Com named Sportsman of the and winner of the under kilogram class for men's and brown belt fighters, the A contingent won five catego and finished second in and three.

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