

a month now. I would raise it rather than lose her!" and Madam S— showed me into the next room with an air of pride.

Now what was the difference between those two girls?

Simply this: one knew how to make dresses, the other did not.

There is always demand for a good dressmaker.

At this time I know of girls who want sewing and I also know girls who have more than they can do. Why? The first cannot make a garment well. The second can. Here again efficiency counts. Ideals are very powerful in determining success in sewing as well as any other vocation.

I was much interested in the splendid exhibit of dressmaking at the Manitoba Agricultural College last month. Miss Kennedy who has charge of the department makes the course most interesting and instructive. First there is a study of silk in the making from the tiny worm on through to the cloth. Similar

instruction is given on the making of cotton and wool; with this knowledge the girl becomes interested in the cloth she handles and is able to determine the quality of dress goods. Then she learns to design her dresses and makes them after her own designs. In planning her dresses she has in mind the value of economy.

The day is past when poor sewing will command good pay. A dressmaker who is an artist in her work may always command a fair wage.

The Nurse and Her Fee.

We can forgive inefficiency in stenographers, dressmakers, salesgirls and domestics but the girl who trifles with a human life is profaning a most sacred profession. When the call for nurses for Red Cross work came, thousands responded but only the best were chosen. Girls in their teens with no experience sought adventure but were informed that only experienced nurses could be of any use. Those who were efficient were grate-

fully accepted and how they are honored by the brave soldier men, for their's is a life of sacrifice and only the nurse who has stood the test of hard work and strenuous study can go through the duties of the nurse of the battlefield. This band of women who go to soften the horrors of war and save lives are women of courage and endurance. So many girls envy those at the top of their profession when after all most young women at the top have won their way through very hard work and not luck. Last year when so many nurses were idle there were nurses who had more than they could do.

I have shuddered at the carelessness and indifference of some nurses, while on the other hand the service of those sincere in their profession have filled me with profound admiration. A nurse has a sacred responsibility. There are nurses who are so professional that they put the entire home out of order and every member is pleased to see them go. On the other hand there are nurses who create such a pleasant atmosphere in the home that when they leave, those in the home miss them. Last fall a nurse of this kind was in our home. She created such a beautiful atmosphere that we were sorry to see her go. Her quiet, happy poise helped the patient as well as the entire family, for at such a time the nervous strain is tense and her manner with the entire family helps or hinders the recovery of her patient. The disposition of a nurse is an important factor.

At one time we had a nurse in the home whom every member of the family feared. This made the patient nervous and hindered her recovery. She considered herself first even at the risk of her patient's welfare. Now which kind deserves patronage and good salary?

I wish every nurse would read the life of Sister Dora, that beautiful English nurse who was such an important factor in starting the English cottage hospital.

She said once to a friend who was engaging a servant for the hospital:

"Tell her this is not an ordinary house, or even a hospital. I want her to understand that all who serve here, in whatever capacity, ought to have one rule, love for God, and then, I need not say, love for their work."

A visitor at her home once said to her father: "Dora and her sisters astound me. They are angels of mercy. They wear no distinguishing habit; one does not see their wings, yet they fly everywhere, and everywhere bring grace and love and peace."

During her life as nurse she said: "Look upon working as a privilege, as a work done for Christ. As you touch each patient, think of the Divine work. I have done this when I have had a particularly loathsome patient. Be full of glad tidings, and others will feel it. You cannot give what you have not got." Sister Dora never touched a wound without raising her heart to God and entreating Him to bless the means employed.

The life of Florence Nightingale should be an inspiration to every nurse. What a golden creed she left to nurses:

"Nursing is an art, and if it is to be made an art, requires as exclusive a devotion, as hard a preparation, as any painter's or sculptor's work; for what is the having to do with dead canvas or cold marble compared with having to do with the living body, the temple of God's Spirit?" It is said that when all the medical officers have retired for the night and silence and darkness had settled down on the miles of prostrate sick, she would make her solitary rounds alone with a little lamp in her hand. With the heart of a true woman and the manners of a lady she combined a surprising calmness of judgment and promptitude and decision of character. One poor fellow said: "To see her pass was happiness. As she passed down the beds she would nod to one and smile at many more. We lay there by hundreds and we would kiss her shadow as it fell and lay our heads upon the pillows again, content." Florence Nightingale raised her profession to the most dignified of professions. Before her time the profession was regarded menial.

During the last two years there have been scores of Red Cross nurses who have

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in their devotion to duty honored the memory of Florence Nightingale, and Edith Cavell's name will go down in history as one of the world's greatest heroines. Though the poem has often been quoted, I want every girl who reads this page to be familiar with Longfellow's tribute to Florence Nightingale for it is up to every girl to be a "Lady with a Lamp" to light and lead men and children, and other women. Every young woman who honors the British flag must catch inspiration from this beautiful poem.

Santa Filomena

When e'er a noble deed is wrought,
When e'er is spoken a noble thought,
Our hearts in glad surprise
To higher levels rise.

The tidal waves of deeper souls
Into our inmost being rolls,
And lifts us unawares
Out of all meaner cares.

Honor to those whose words or deeds
Thus help us in our daily needs,
And by their overflow
Raise us from what is low!

Thus thought I, as by night I read
Of the great army of the dead,
The trenches cold and damp,
The starved and frozen camp.

The wounded from the battle-plain,
In dreary hospitals of pain,
The cheerless corridors,
The cold and stony floors.

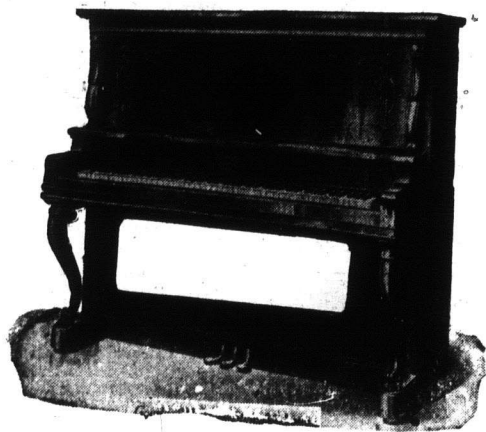
Lo! in that house of misery
A lady with a lamp I see
Pass through the glimmering gloom
And flit from room to room.

And slow, as in a dream of bliss,
The speechless sufferer turns to kiss
Her shadow as it falls
Upon the darkening walls.

As if a door in heaven should be
Opened and then closed suddenly,
The vision came and went
The light shone and was spent.

On England's annals, through the long
Hereafter of her speech and song,
That light its rays shall cast
From the portals of the past.

A lady with a lamp shall stand,
In the great history of the land,
A noble type of good
Heroic womanhood.



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