

Tea Cocoa Coffee

"What shall I drink?"

Have you ever asked yourself? It's almost as important to you as "What shall I eat?"

If you will look up the subject, you will find that physicians attribute a great many ailments to tea or coffee.

They attribute none to cocoa.

On the contrary, you will notice they say that cocoa is a nutritious and beneficial beverage.

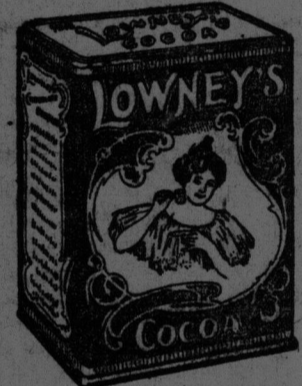
One cup of Lowney's Cocoa contains more nourishment than 24 cups of the best tea ever brewed and more than 22 cups of the best coffee.

And Lowney's has the true cocoa flavor—rich, delicious, appetizing. There is no finer cocoa-making equipment in the world than you will find at our Montreal factory.

Try Lowney's Cocoa once and see if you don't want it daily.

Sold by grocers. In tins—10c to 50c sizes.

Lowney's shows you how Cocoa ought to taste



The Best Way to Make Cocoa. Mix two even table-spoonfuls of cocoa with two of sugar. Add 1-8 teaspoonful of salt. Mix gradually with two cups of boiling water. Stir to a smooth paste. Boil 5 minutes. Add two cups of scalded (not boiled) milk, and beat with an egg-beater until frothy.

The Walter M. Lowney Co., of Canada, Ltd., Montreal

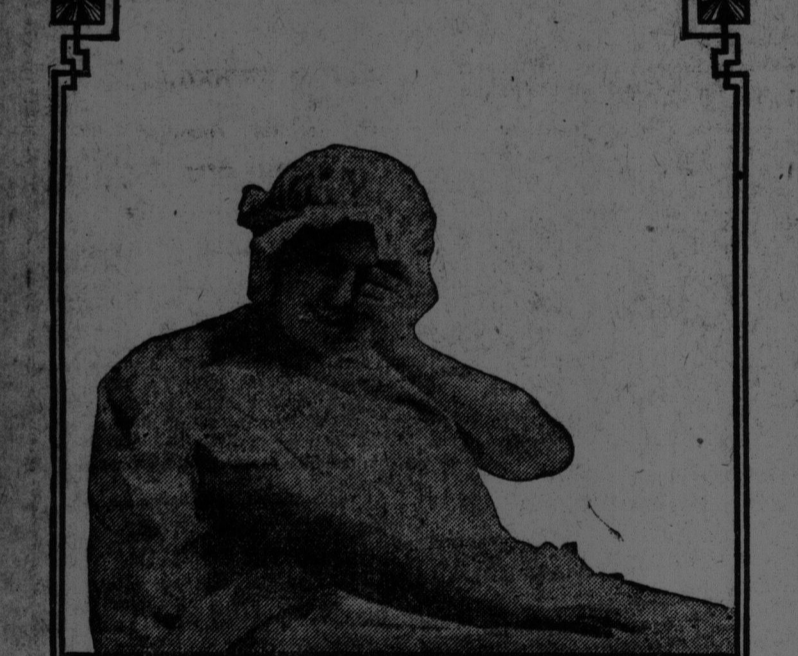
Little Beauty Chats

By BLANCHE BEACON

Get Your Beauty Sleep

"Sleep is Nature's sweet restorer." Lack of sleep is such a serious thing that I feel inclined to lecture those foolish creatures who heedlessly turn night into day, never thinking that good health can not long endure under such conditions. It is during this pleasant period

will find them to be thin, bloodless, and haggard. If you are not enamoured of a sallow skin, dull eyes, cramped muscles and an aching head, mend your sleeping ways, else those calamities may befall you. Try to get your beauty sleep, hereafter, before the clock strikes eleven, though it irks you somewhat to seek the



unconsciousness that growth takes place in those of us who have not attained to full stature, and repair occurs in those who have long passed the "growing age."

Women who wish to look as young as possible as long as possible, should never allow themselves to forget that insufficient sleep will make them grow prematurely old. If they doubt this statement they have only to look at those of their friends who are victims to insomnia. They

shades of the bedquilt so early. I am glad to say that virtue will not be its own reward in this case, as you will find that this habit of going "early to bed" will make you healthy, lovely and wise. Always be careful to throw open the windows of your room before slipping into bed, as when the lungs and body are being bathed—both inside and out—with fresh, pure air, peaceful refreshing sleep is assured. This should bring cheer to the heart of the sleepless folk.

25 CENT "DANDERINE" FOR FALLING HAIR AND DANDRUFF—GROWS HAIR

Don't Pay 50 Cents For Worthless Hair Tonics—Use Old, Reliable Harmless "Danderine"—Get Results

Thin, brittle, colorless and scraggy hair is just evidence of a neglected scalp; of dandruff—that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life; eventually producing a feverishness and itching of the scalp, which, if not remedied, causes the hair roots to shrivel, loosen and die—then the hair falls out fast.

derine from any drug store or toilet counter, and after the first application you will say it was the best investment you ever made. Your hair will immediately take on that life, lustre and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance; an incomparable gloss and softness, but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—new hair—growing all over the scalp.

TO RECONSTRUCT SOCIAL MISFITS

Many Backward Children Who Are Not Defectives

MAY BE USEFUL CITIZENS

Address by Dr. A. E. Schmitt at Conference of Association For Study and Education of Exceptional Children

Philander P. Claxton, United States federal commissioner of education, presided at the third annual conference of the National Association for the Study and Education of Exceptional Children. Thirty-one states were represented by physicians and educators.

Ungraded classes in the public schools are commonly supposed to care for defectives only. Probably they contain more exceptional, or sub-normal, than abnormal. This association hopes to make the distinction clear and to help the unfortunate rather than the imbecile—to reduce the great number of misfits in society," as Dr. Grossmann expressed it.

"There are many children within our schools who are backward in their mental development," said Dr. A. Emil Schmitt, president of the association, in his address. "In some cases the proportion is as high as 20 per cent; it has been reported as high as 75 per cent in one of our states. We are not concerned with defectives, who require permanent custodial care, but with the great mass who, by training, can be brought up to useful citizenship. Many of these children may be helped by special attention to environment, physical conditions, and special pedagogic training, to live useful lives. The association plans the development of useful potentialities of every child, thereby eliminating the factors which make for the unstable, erratic, shiftless and inefficient members."

"In our physique we inherit tendencies rather than disease. In our mental and moral makeup it is rather the tendency than the disease state which is transmitted. Thus, in the development of the child physically, mentally and morally, we can institute practical measures in the school by medical care, change in the social surroundings and educational training, so that the balance may be turned to normal, effective growth of body and mind instead of to lowered vitality and mental

talities. The backward, the nervous or the overbright child is no more the concern of the educator alone; it has become the concern of physicians, the psychologist and the sociologist. Besides good working knowledge in the specialties of eye, ear, nose and throat, internal conditions and pediatrics, the school physician of the future should be equipped in neurology and psychology.

"On account of the dearth of teachers for training these special children the association inaugurated a series of lectures in the past summer for regular teachers, who desired this preparation. I think it should be made a part of every teacher's training to acquire a deeper insight of the general medical aspect of pupils. More and more attention is being paid to vocational training for boys and girls, particularly the training of home makers among generation of girls, as the most powerful means of combating the divorce evil and general discontent among the female sex."

"The association owes its origin to a clinic established 12 years ago by Dr. Macmillan, F. E. Ross, who has since undertaken the study and education of a nervous and peculiar boy. The work proceeded rapidly and in 1905 the association was formed which took over the work and has since maintained it. It is a school for crippled children, type of the creation of a central information bureau and reference library, to general propaganda and to pedagogical laboratory work. His son has charge of the school at a salary of \$400, which he has drawn less than one-half."

Dr. Grossmann has prepared a classification of children other than normal, which the association has adopted and which will be employed hereafter in scientific designation. He calls children who differ only slightly from the normal type "pseudo-stypical." His atypical children consist of those who have hereditary congenital age human type, from hereditary congenital or environmental causes. He classes children as imbeciles, perverts, feebleminded, and those who are "borderline." "It is unfortunate that the public interest is so morbidly fastened upon the problem of the feebleminded and the defective," said Dr. Grossmann, in addressing the conference. "As this work represents a type which does not consider the 'school problem'; it is rather a social problem, a psychopathic problem, a medical. The special ungraded classes have largely been used for disposing of the mentally defective. As a makeshift such an arrangement may pass. There can be no objection to preliminary measures which may lead to more radical provisions, and in a way these classes may be used as educational clearing houses as it were until a better plan can be adopted, but we must face the issues squarely and state the case properly."

"We must have an agreement upon a proper classification and terminology in speaking of exceptional children. There should be connected with every public school system a pedagogical clinic where children of difficult mentality or difficult management can be examined by pedagogical and psychological experts, in connection with the chief of medical school inspection. Such cases as would seem to be unfit for maintenance in the public school system should be referred to a state board for a thorough examination and classification by specially trained experts. This board should have power either to return the child to the public school system with proper advice as to its condition, or to place it in an institution under custodial care such as would fit the case."

"Legislation should be developed which would modify and extend the compulsory laws so that they shall apply to all children of school age, with exception and provide for their training. "There should be provisions in every school system to meet the needs of the exceptionally bright child and of the slow child; special help, either by more individualized work or by the establishment of ungraded classes, should be

extended to retarded or otherwise handicapped children; and special classes and special schools with modified and restricted courses of instruction should be developed so as to give opportunities to children of special aptitudes to develop along the line of their strongest powers. "Not only should our public school system recognize these differences in aptitudes in the children, but it should study them carefully so that the pupils may be guided in the selection of their vocation and life work on the basis of their special aptitudes. The vocational guidance, determined by physio-psychological tests, will materially reduce the great number of misfits in society."

BREAK WHISKY'S GRIP ON YOUR LOVED ONES

Drunkards will tell you with tears of sincerity that they do not want to drink. The craving coming from the inflamed membranes of the stomach drives them to it.

Aleura will soothe the trembling nerves and remove the craving that is ruining your home and stealing an otherwise kind husband or father from you. Aleura costs only \$1.00 per box, and if it does not cure or benefit after a trial the money will be refunded.

Aleura No. 1 is tasteless and can be given secretly in Tea, Coffee or Food. Aleura No. 2 is taken voluntarily by those willing to help themselves.

Aleura can now be obtained at our store. Ask for Free Booklet telling all about it and give Aleura a trial. E. C. Brown, druggist, St. John, N. B.

WRONG OF HIM

Angry Customer—Look at this suit I bought from you; I've only had it a month and it's coming all to pieces. You are a swindler, sir.

Proprietor—Easy, my friend, easy! You forgot to tell me you had put a sponge in it by the collar. — Boston Transcript.

The best men are not always blowing their own trumpets. Most of them are too poor to buy one.

WE SELL GOOD RUBBERS For Less Money

The rubber season is now on and everybody should have the very best of rubber protection.

We buy no trash or composition rubbers; we offer our trade only the sort of rubbers that we can confidently recommend.

We Have Rubbers For The Whole Family!

Storm Rubbers, low cut Rubbers, modelled to fit all the new styles of fall shoes.

We've special Rubbers made with leather inner heels and counters wear twice as long.

Men's Rubbers 75, 85 and 90c.

Women's Rubbers 50, 65, 75c.

Boys' Rubbers 55 and 65c.

Misses' and Children's Rubbers 30 and 40c.

All Reliable Rubbers!

WIEZEL'S Cor. Union and Brussels Sts.

Daily Hints For the Cook

GRAHAM GEMS. One egg, 1/2 cup sugar, 2 table-spoonfuls molasses, 3 table-spoonfuls melted butter, 1 cup sour milk or buttermilk, 1/2 teaspoon soda, 1 cup sifted graham flour, 1 cup sifted wheat flour, 1/2 teaspoon salt.

DRESSED CELERY. Wash, scrape and cut celery in thin slices. Mix with cream dressing made by mixing 1/2 table-spoonful each of salt and mustard, 3/4 table-spoonful of sugar, 1 egg slightly beaten, 2 1/2 table-spoonfuls of butter and 3/4 cup of cream, then add 1/4 cup of vinegar very slowly. Cook over hot water, stirring constantly until mixture thickens. Strain and cool.

VERY NICE MINGIE MEAT. Four bowls chopped meat, eight bowls chopped apples, two chopped and shredded sweet, one bowl fine cut citron, two bowls seeded and chopped raisins, two bowls cleaned currants, four bowls light brown sugar, 1 1/2 bowls molasses, three bowls sweet cider, one bowl strong coffee, one bowl pot liquor made was cooked in, four chopped lemons (1/2 size), small quantity of orange marmalade in place of lemons), four table-spoonfuls cinnamon, two table-spoonfuls cloves, allspice, nutmeg and salt. Cook slowly one day.

Only One "BROMO QUININE" That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a Cold in One Day. Cures Grip in Two Days. 25c.

Mrs. Maria Hopkins, who recently resigned as organist at the Congregational church at Northridge, Me., has held the position for sixty-three years, and she is believed to be the oldest organist in point of service in the United States.

Arrived Yesterday. The schooner J. Arthur Lord, A. W. Tuxford, sailed from New York on Tuesday for the port with a cargo of coal.

The new steamer built which was built at Grand Lake for J. Willard Smith, was brought to St. John yesterday by the builder, L. B. McLean, and as soon as there is a slack period in the towing business the machinery of the tug Nereid will be transferred to the new hull.

New York, Nov. 14.—The Anchor Line steamer Columbia, from Glasgow for New York, reports by wireless telegraph that at 4:20 p.m. today she passed an iceberg 170 feet high in latitude 47.08, longitude 64.2.

Quebec, Nov. 14.—Owing to the heavy snowstorm which prevails here since last night, navigation has been greatly impeded. There has not been an arrival from sea today. The Richelieu and Ontario steamer Quebec left for Montreal this morning instead of last evening. She had only reached three rivers at 2 p. m.

A yacht coming from the south, bearing no name, with all sails up and no person on board, was picked up at Esplanade. It is supposed from papers found on board to belong to the keeper of Bioguesque Light.

POWER CLUB SMOKER

The programme was as follows: Oh Canada, by orchestra; selection by orchestra; solo, Mr. Tremaine; accordion solo, Mr. Whelan; reading, Mr. Ingraham; solo, Mr. Carroon; selection; orchestra; solo, Mr. Ramsey; solo, Jas. Bond; instrumental selection, direction Mr. Cameland; selection, Bailey and Bond; solo, Mr. O'Hara; reading, Boy Harding; instrumental selection, direction Mr. Jones; selection; orchestra; God Save the King.

SHIPPING

ALMANAC FOR ST. JOHN, Nov. 15. A.M. High Tide..... 3.48—Low Tide..... 22.26. Sun Rises..... 7.27 Sun Sets..... 4.43. Time used is Atlantic standard.

PORT OF ST. JOHN.

Arrived Yesterday. Schr. Lofen, 98, Back, River Hebert to Boston, with lumber, in for harbor, C. M. Kerrison.

Schr. Ethel McLeod, 96, Brewster, Albert, with lumber, C. M. Kerrison.

Schr. Georgia Pearl, 116, Olsen, St. Andrew, George McKean, Bal.

Sailed Yesterday. Str. Rossau, Bailey, Sydney.

BRITISH PORTS. Glasgow, Nov. 14.—Arr. str. Numidian, Boston.

Flymouth, Nov. 14.—Arr. str. Kaiser, Auguste Victoria, New York.

FOREIGN PORTS.

New York, Nov. 14.—Arr. schr. John T. Maxwell, pr. Miramichi (N. B.).

Boothbay Harbor, Me. Nov. 14.—Arr. schr. Henry H. Champlain, Windsor (N. B.).

New York, Nov. 14.—Sd. str. Aurora, Amherst (N. B.); sd. str. Benvenuto, Yarmouth (N. B.); B. B. Hardwick, Freeport (N. B.).

MARINE NOTES.

Four members of the crew of the schooner Ann Lockwood, bound from New York for St. John, were placed under arrest last night at New London, Conn., charged with mutiny. The men, it is said, refused duty soon after the vessel left New York.

The schooner New Home, of Barrington, N. S., bound from P. E. Island for Halifax with a cargo of farm produce, went ashore early yesterday morning at the entrance to Halifax harbor.

The schooner Ethel McLeod, consigned to C. M. Kerrison, arrived yesterday from Albert with \$3,000 ft. of spruce deals and 10,000 ft. of hardwood deals.

The schooner Georgia Pearl, arrived yesterday from St. Andrew to load for Geo. McKean.

WHAT THE PLAYHOUSES OFFER

THE CARLETON SISTERS AT LYRIC. Notwithstanding the fact that a great many dancing acts have been presented at the Lyric of late and some of them exceptionally good, it is quite safe to assert that none any better has been seen there than the Carleton Sisters, who opened the usual three days engagement yesterday.

These dainty ladies have a very pleasing offering of different dances and songs. The opening number is one that quickly pleases. It is a schottische, "Whose Afraid," and is rendered in a manner that evokes much applause. The ending of the act affords one the pleasure of beholding a real live novelty, when both artists, merrily twirling a skipping rope over their heads, keep their feet moving to lively music. The picture programme includes a splendid travesty, "Touring Athens," and "The Redemption," a strong moral lesson.

NO DISCOURAGING THEM. "No society girl," says the Louisville Courier-Journal, "considers herself formally engaged these days unless the following formula is gone through with: The rumor; the denial; the unofficial announcement; the double denial; investigation by the press; with photographs of all concerned; the official confirmation;" and then more photographs, followed by a railroad journey to Nevada.

Sour, sick, upset stomach, indigestion, heartburn, dyspepsia; when the food you eat ferments into gases and stubborn lumps; your head aches and you feel sick and miserable, that's when you realize the magic in Pape's Diapepsin. It makes stomach distress go in five minutes.

If your stomach is in a continuous revolt—if you can't get it regulated, please, for your sake, try Diapepsin. It's needless to have a bad stomach—make your next meal a favorite food meal, then

take a little Diapepsin. There will not be any distress, without, why? It's because Pape's Diapepsin "really does" regulate weak, out-of-order stomachs that gives it it's millions of sales annually. Get a large fifty-cent case of Pape's Diapepsin from any drug store. It is the quickest, surest stomach relief and cure known. It acts almost like magic—it is a scientific, harmless and delightful preparation which truly helps in every home.

WILL PAPE'S DIAPEPSIN REALLY CURE MY STOMACH TROUBLE? YES!

If Your Stomach is Sick, Sour, Gassy and Upset Now You Can Surely Get Relief in Five Minutes

Sour, sick, upset stomach, indigestion, heartburn, dyspepsia; when the food you eat ferments into gases and stubborn lumps; your head aches and you feel sick and miserable, that's when you realize the magic in Pape's Diapepsin. It makes stomach distress go in five minutes.

If your stomach is in a continuous revolt—if you can't get it regulated, please, for your sake, try Diapepsin. It's needless to have a bad stomach—make your next meal a favorite food meal, then

take a little Diapepsin. There will not be any distress, without, why? It's because Pape's Diapepsin "really does" regulate weak, out-of-order stomachs that gives it it's millions of sales annually. Get a large fifty-cent case of Pape's Diapepsin from any drug store. It is the quickest, surest stomach relief and cure known. It acts almost like magic—it is a scientific, harmless and delightful preparation which truly helps in every home.

Great Marked Down Sale of Men's Wear Saturday at Corbet's

Special Value in Men's Wear

Saturday at Corbet's

Men's Heavy Top Shirts, regular \$1.00 value, for 75 cents.

Men's Heavy All-Wool Underwear, 73 cents.

Men's Heavy Coat Sweaters, regular \$5.00 value, for \$4.00.

Men's Pants, \$1.23, \$1.49, \$1.68 \$1.78 to \$3.29.

CORBET'S

196 Union Street

LET US DO FOR YOU

what we have done for hundreds of others—furnished their home with the newest and best at the most modern prices.

A good value COUCH is upholstered in drill leather, all tufted, spring edge, claw \$11.90 feet. Price \$11.90

We carry a very large assortment of 3 and 5 piece Parlour Suits.

J. MARCUS, 30 DOCK ST.

'Phone Main 1373

Arrived Yesterday. The schooner J. Arthur Lord, A. W. Tuxford, sailed from New York on Tuesday for the port with a cargo of coal.

The new steamer built which was built at Grand Lake for J. Willard Smith, was brought to St. John yesterday by the builder, L. B. McLean, and as soon as there is a slack period in the towing business the machinery of the tug Nereid will be transferred to the new hull.

New York, Nov. 14.—The Anchor Line steamer Columbia, from Glasgow for New York, reports by wireless telegraph that at 4:20 p.m. today she passed an iceberg 170 feet high in latitude 47.08, longitude 64.2.

Quebec, Nov. 14.—Owing to the heavy snowstorm which prevails here since last night, navigation has been greatly impeded. There has not been an arrival from sea today. The Richelieu and Ontario steamer Quebec left for Montreal this morning instead of last evening. She had only reached three rivers at 2 p. m.

A yacht coming from the south, bearing no name, with all sails up and no person on board, was picked up at Esplanade. It is supposed from papers found on board to belong to the keeper of Bioguesque Light.

POWER CLUB SMOKER

The programme was as follows: Oh Canada, by orchestra; selection by orchestra; solo, Mr. Tremaine; accordion solo, Mr. Whelan; reading, Mr. Ingraham; solo, Mr. Carroon; selection; orchestra; solo, Mr. Ramsey; solo, Jas. Bond; instrumental selection, direction Mr. Cameland; selection, Bailey and Bond; solo, Mr. O'Hara; reading, Boy Harding; instrumental selection, direction Mr. Jones; selection; orchestra; God Save the King.

SHIPPING

ALMANAC FOR ST. JOHN, Nov. 15. A.M. High Tide..... 3.48—Low Tide..... 22.26. Sun Rises..... 7.27 Sun Sets..... 4.43. Time used is Atlantic standard.

PORT OF ST. JOHN.

Arrived Yesterday. Schr. Lofen, 98, Back, River Hebert to Boston, with lumber, in for harbor, C. M. Kerrison.

Schr. Ethel McLeod, 96, Brewster, Albert, with lumber, C. M. Kerrison.

Schr. Georgia Pearl, 116, Olsen, St. Andrew, George McKean, Bal.

Sailed Yesterday. Str. Rossau, Bailey, Sydney.

BRITISH PORTS. Glasgow, Nov. 14.—Arr. str. Numidian, Boston.

Flymouth, Nov. 14.—Arr. str. Kaiser, Auguste Victoria, New York.

FOREIGN PORTS.

New York, Nov. 14.—Arr. schr. John T. Maxwell, pr. Miramichi (N. B.).

Boothbay Harbor, Me. Nov. 14.—Arr. schr. Henry H. Champlain, Windsor (N. B.).

New York, Nov. 14.—Sd. str. Aurora, Amherst (N. B.); sd. str. Benvenuto, Yarmouth (N. B.); B. B. Hardwick, Freeport (N. B.).

MARINE NOTES.

Four members of the crew of the schooner Ann Lockwood, bound from New York for St. John, were placed under arrest last night at New London, Conn., charged with mutiny. The men, it is said, refused duty soon after the vessel left New York.

The schooner New Home, of Barrington, N. S., bound from P. E. Island for Halifax with a cargo of farm produce, went ashore early yesterday morning at the entrance to Halifax harbor.

The schooner Ethel McLeod, consigned to C. M. Kerrison, arrived yesterday from Albert with \$3,000 ft. of spruce deals and 10,000 ft. of hardwood deals.

The schooner Georgia Pearl, arrived yesterday from St. Andrew to load for Geo. McKean.

WHAT THE PLAYHOUSES OFFER

THE CARLETON SISTERS AT LYRIC. Notwithstanding the fact that a great many dancing acts have been presented at the Lyric of late and some of them exceptionally good, it is quite safe to assert that none any better has been seen there than the Carleton Sisters, who opened the usual three days engagement yesterday.

These dainty ladies have a very pleasing offering of different dances and songs. The opening number is one that quickly pleases. It is a schottische, "Whose Afraid," and is rendered in a manner that evokes much applause. The ending of the act affords one the pleasure of beholding a real live novelty, when both artists, merrily twirling a skipping rope over their heads, keep their feet moving to lively music. The picture programme includes a splendid travesty, "Touring Athens," and "The Redemption," a strong moral lesson.

Sour, sick, upset stomach, indigestion, heartburn, dyspepsia; when the food you eat ferments into gases and stubborn lumps; your head aches and you feel sick and miserable, that's when you realize the magic in Pape's Diapepsin. It makes stomach distress go in five minutes.

If your stomach is in a continuous revolt—if you can't get it regulated, please, for your sake, try Diapepsin. It's needless to have a bad stomach—make your next meal a favorite food meal, then

take a little Diapepsin. There will not be any distress, without, why? It's because Pape's Diapepsin "really does" regulate weak, out-of-order stomachs that gives it it's millions of sales annually. Get a large fifty-cent case of Pape's Diapepsin from any drug store. It is the quickest, surest stomach relief and cure known. It acts almost like magic—it is a scientific, harmless and delightful preparation which truly helps in every home.