

# Housekeeping, Nursery, Gardening and News of Interest to Women

## FRIENDLY SOCIETY CARES FOR GIRLS

To Raise the Standard of Women Aim of Strong Organization.

### PROVIDES REAL HOME

Dominion Secretary of G.F.S. Now in Toronto, Talks to The World.

Miss Charles, Dominion organizing secretary of the Girls' Friendly Society, is in Toronto on the invitation of Mrs. Ashcroft, president of the society in Toronto diocese. The purpose of Miss Charles' visit is to do all in her power to bring the society before the public.

To The World, yesterday, she explained the purpose, aims, and rules of the society, which is rapidly growing in Toronto, having already 19 branches or lodges in this diocese.

The Girls' Friendly Society was founded in England, and extending throughout the world, wherever the English tongue is spoken. It has become the largest society of girls and women in existence, and its membership is constantly increasing. Its motto "Bear Ye One Another's Burdens"; its first avowed object, "to band together in one society church women as associates and girls and young women as members, for mutual help, sympathy and prayer"; and its third central rule, "No girl who has not borne a virtuous character, to be admitted as a member," show what the society is and what it strives to accomplish.

In the lodges of the G.F.S., the lonely girl will find friends, young friends and companions, as well as older women who can advise and help them over the rough places of life. The studious girl will find opportunities for self-improvement, and the various classes and reading unions, can gain much useful knowledge. The girl whose life is dull and whose work is hard, will find brightness and amusement in the weekly meetings and the numerous entertainments provided by her branch. The society which is understood that the G.F.S. is not only for working girls, but for students, etc., as well. In fact, every girl who is willing to obey the few simple rules is welcome, no matter what her work, her home or her religious belief.

The one great aim of the society is the raising of the standard of women, its gift to the community in which it is established, is good women. The work of character building is given the greatest attention, and for this reason, girls whose reputations are not up to the standard, are refused the privilege of membership. In all the branches of the society, the aim is to develop the girl educationally, spiritually, and socially, educationally by teaching in the various classes; spiritually by advice, and socially by making the lodges the social centres for the members and their friends. Here the girl who is obliged to board will find a real home,

where she can entertain her friends, as she could at her home.

Before coming to Canada, Miss Charles was the head settlement worker, and for 4 years general secretary of the Young Women's League, which is very similar to the Girls' Friendly Society, in Dayton, Ohio. The G.F.S. is particularly strong in the United States, hundreds of branches being scattered over the entire country. When Miss Charles leaves Toronto, she will go to Hamilton and St. Catharines in the interest of the society in those cities.

Mass meetings for women and girls will be held under the auspices of the society on the following dates: February 24, Church of the Redeemer Schoolhouse, Bloor street. February 25, St. Stephen's Church Schoolhouse, College street. February 26, Holy Trinity Church Schoolhouse, Trinity Square.

Addresses will be delivered by the rectors of the above named churches, and by Miss Charles. Women and girls of all classes are welcome.

Invitations have been issued by Mrs. George Watson, Heath street, for an address to be held for the associates of the society, on February 3. The officers of the society for the current year are: President, Mrs. Ashcroft; first vice-president, Mrs. C. Robinson; second vice-president, Mrs. Winnett; third vice-president, Mrs. Elton; fourth vice-president, Mrs. Howard; associate for missions, Mrs. Reeve; secretary treasurer, Miss Ebbett.

## 1500 CHILDREN MUST BE HANDLED WITH CARE

Fifteen hundred and fifty-four public school pupils will be reported to the management committee of the board of education this afternoon as mentally abnormal.

The chief inspector has secured statistics from the whole of the city schools respecting defective children. Two hundred pupils are reported defective, 254 as being on the border line between normal and defective, and 1193 as requiring special attention.

A proposition for adequate special training for the school children in question will be made to the management committee today.

## MARION GAYNOR WEDS AND SHE'S BUT SIXTEEN

Daughter of Late Mayor of New York Bride of Magnate's Son.

NEW YORK, Jan. 28.—(Can. Press).—Sixteen-year-old Marion Gaynor, fourth and youngest daughter of the late Mayor W. J. Gaynor, was married here today to Ralph Heywood Isham, 23 years of age, son of Henry Heywood Isham, New Jersey capitalist and president of the Marietta, Columbus and Cleveland Railroad.

The wedding came as a surprise to friends of the family, but it was explained that no formal announcement of the engagement had been made because of the recent death of the city's executive. For the same reason only members of the family were present today.

## Twelve Thousand Miles From Ceylon

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## "SALADA"

is sealed in lead packages—air-tight and moisture-proof—thus preserving its delectable deliciousness

BLACK, GREEN OR MIXED



## NURSERY

CONDUCTED BY Elinor Murray BATHING.

Baby's mouth should be cleansed every morning with the boracic solution. Wrap absorbent cotton around your little finger, wet it with the solution, and wash the folds between the gums, the lips and the cheeks. This might well be done before each feeding, only that the lining of the mouth is so tender that it is made sore by too much rubbing. Extreme care must be taken to perform this cleansing gently. If the baby's body should become chafed and sore, wash with olive oil instead of water when changing the diaper. It is easier, however, to change the diaper the moment it is wet or soiled, and so prevent the painful rawness of the skin. Dust the body frequently with powder. It may be made at home by mixing two parts corn starch with one of boracic solution.

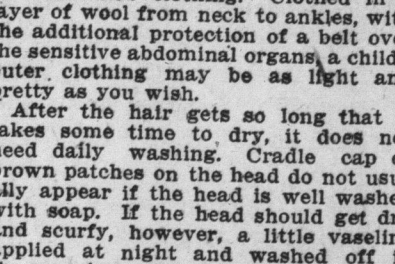
The skin should be early trained to withstand changes of temperature and exposure to the air. After a few months let the baby have a rub and a kick unrestrained by clothing of any kind. Be careful not to let him get a chill this way. He cannot if he is out of draughts and kept exercising. The pores of the skin, play an important part in keeping a child healthy. Many a child is unable to perspire properly and get rid of its extra heat from the weight of non-porous clothing which has been heaped upon it, while others have caught chills from the contact of the skin with cold linen or cotton soaked thru with perspiration. All clothing, then, should be light and porous to allow the skin to act freely, and should at the same time be somewhat elastic, fitting the part closely but not tightly. The material should retain the body heat, especially when worn by young children, who lose heat quickly. Woven wool is without doubt the best of all material for children's clothing. Clothed in a layer of wool from neck to ankles, with the additional protection of a belt over the sensitive abdominal organs, a child's outer clothing may be as light and pretty as you wish.

After the hair gets so long that it takes some time to dry, it does not need daily washing. Bubble cap or brown patches on the head do not usually appear if the head is well washed with soap. If the head should get dry and scurfy, however, a little vaseline applied at night and washed off in the morning will generally cure it.

An Opportunity to Visit Japan. The Withrow Japan party leaves Toronto February 28th, via The Canadian Pacific. This trip is strictly first-class and comprehensive, visiting "The Land of the Rising Sun" at that incomparable cherry blossom time. Party is now about complete. Full inclusive price \$825. China and Manila \$100 additional. For particulars write to Withrow, B. A., 40 Hampton Court, Toronto.

## GOOPS

By GLETT BURGESS



LAWRENCE STOUT  
I wonder if, like Lawrence Stout  
You're always ordering folks about?  
I wonder if you say "Come here!"  
Without an—"if you please, my dear!"  
For if you are as rude as Lawrie,  
You are a Goop—and I am sorry!  
Don't Be A Goop!



## THE GARDEN

CONDUCTED BY RACHEL R. TODD M.D.

## Some Alpines Suitable for "Carpeters"

While many rock gardeners do not wish to see the rough surfaces of the rocks completely hidden beneath living green and bright blossoms, there are, on the other hand, quite as many who desire the rocky ledges to be entirely hidden as quickly as this may be accomplished.

Ourself, do not think that this is always nature's way. A rough brown surface exposed here and there, but lend an attraction to the mass of alpines covering the rocks. Especially is this so when the rock garden in question is a low garden wall, altho, to be sure, these latter are not often seen in this country.

Before choosing your "carpeters" you should take into consideration the fact that by a judicious selection of plants for this purpose it is possible to obtain a distinct succession of bloom, commencing very early in the spring and running very late into early winter.

Some of the very hardy Alpines bloom so early that the flowering time is even earlier than that of the snowdrops. It is not an unusual sight by any means to see great mats of golden yellow, faint clouds of feathery lavender or gorgeous clumps of glowing purple appearing as if by magic upon the cold surfaces of your boulders as early as March, or even in mild stretches of February.

To gain these effects, however, you must plant your Alpines with a careful forethought and a definite end in view. The Alpines that flower earliest of all others are those belonging to the Cruciferae, or mustard family. Of these several members of which may be considered Alpines, the first bloomers are those belonging to the rock cress branch of the family. These are known botanically as Arabis and Aubretia plants.

The Arabis are very well-known here, having been successfully grown by many amateurs for some years. Of the Arabis plants, there are several splendid varieties, the bloom of which ranges in color from white, single and double, thru the various shades of purple from the palest pink to lavender rose, violet almost crimson and into the dark purples.

The Aubretia are very similar to the Arabis, but different in that they are evergreen as to leaves.

Now, as to the character of the Arabis and Aubretia. Both are low-growing plants, given to spreading in close clumps or tufts, from which rise the terminal flat-topped clusters of cruder flowers, white, pink, rose or purple, according to the variety planted.

Of the two, Aubretia is the hardiest, being evergreen, and produces by far the prettiest leaves, which are spatulate or deltoid in shape. Against the shining dark green leaves the shaded purple tinted blossoms are exceedingly lovely. This variety does not need so much sun as the Arabis do.

Both Arabis and Aubretia are quite low growing, seldom at their highest being more than four to six inches tall.

Of the Arabis, the commonest are Arabis alba and Arabis alpina, both white bloomers. Arabis lucida has odd green and yellow variegated leaves, while Aubretia alba variegata produces delightful little purplish pink flowers from amidst a mass of dark green leaves edged with white.

Both these sorts are grand growers, and once well rooted will need a watchful hand to keep them within bounds.

They are both hardy perennials, and to obtain the best stock the seeds should be planted early in April and the tufts replanted to the crevices among the rocks in early autumn.

Aubretia, unlike the Arabis, whose flowering period is over in spring, can be counted upon to flower most of the year round.

(Continued)

## R. F. WILKS & CO. PIANO BARGAINS

Gerhard Heintzman, \$275; walnut. Nordheimer, \$285; Hungarian ash. R. F. Wilks & Co., \$275; mahogany. Williams, \$175; rosewood. Haines Bros., N. Y., \$275; mission oak. Player-Piano, \$450; mahogany. Decker Grand, \$350; walnut. R. F. Wilks & Co., \$300; mahogany. Bell, \$250; mahogany. All guaranteed in good order and equal to new.

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## MANY ARE DEFICIENT IN BODY AND IN MIND

Superintendent Ferrier of Industrial School Urges Deportation in Such Cases.

Efforts to abolish overcrowding at the Mimico Industrial School are beginning to accomplish something. A new idea is to deport juvenile immigrants who are sent there. One was deported last month. Thirty-nine were paroled since Nov. 1. For escaped and two died. On Jan. 1 there were 293 boys at the school.

In reporting to the board yesterday afternoon, Superintendent Ferrier said that about twenty per cent. of the boys when received were either physically or mentally deficient. He had invited Dr. Struthers of the school medical inspection department to examine the boys who were apparently deficient.

There is now a resident staff of thirty-two at the school. The Herbert Mason memorial swimming pool, costing \$6100, was opened on Christmas Day. Christmas trees were in each of the six cottages on the evenings of Dec. 22, 23 and 24.

The Howland memorial hall now requires a new slate roof and new floor at a cost of \$3500.

Miss Brookings reported 115 girls at the Alexandra Industrial School.

## MICHIGAN "BLUE SKY" LAW DECLARED INVALID

Is Undue Restraint on Commerce, Says United States District Court.

DETROIT, Jan. 28.—(Can. Press).—The Michigan "blue sky" law is unconstitutional, according to a decision filed in the United States district court here this afternoon. It was held that the Michigan law would act in restraint of commerce of all kinds and would be a burden on the interstate commerce commission, which the government would not permit.

## EFFICIENT HOUSEKEEPING BY HENRIETTA D. GRAUEL DOMESTIC SCIENCE LECTURER

### Turkish Cookery

PUBLISHERS claim that there are twelve thousand cookery books now on our market, so it would not seem as tho there could be room for another, yet new ones appear constantly. Perhaps it is the ever-present desire to know how the other half lives that makes them find so ready a market.

The latest cookery book to reach reviewers is The Oriental Cookery Book. Its writer, Ardashes Kotelian of Constantinople, realizes that America is cosmopolitan, "with myriads of interests and capacities of application," so with truly oriental patience he has searched out adaptable recipes.

These are really new combinations of food to us westerners, tho to the Armenians, Egyptians, Greeks, Persians and Hebrews they represent the climax of good eating.

Since we have accepted the Orient's fine arts, its literature, rugs and tapestries, why not go further and profit by this last offering, which is the most useful of all?

"Pilaf," says Kotelian, "is the best-known eastern dish. The plain pilaf is made with five cups of rich meat, stock, two cups of rice, two tablespoons of olive oil, or butter."

Cracked wheat may be used in place of rice. When the cereal is done and most of the stock cooked away, flaked fish and tomatoes may be added. Tomatoes and onions are also liked with the rice. Persian pilaf is made with mutton or lamb stock; Bulgarian pilaf usually contains tarragon or four fresh lamb's kidneys cut fine and fried with onion and then added to the broth.

Bolled dishes, we are told, are most popular because use is made of the meat and the broth. This is as it should be, and the recipes for bolled dishes are quite as good as our own Canadian bolled dinners. There are also explicit directions to leave the bones in the meat until after cooking, as a finer flavor is imparted to the food. This bolled, too, is well founded. On hashlama is boiled lamb's tongues. Six small ones are simmered two hours, then skinned, slit open and stuffed with curry powder, nuts, butter and steamed rice. Skewer each one shut, place all in a shallow pan, cover with a little of the broth and cook a little longer.

Fried spinach is a new style to most of us. Boil it as usual and drain. Season with salt and pepper and spread it in a frying pan, add two tablespoons of butter, and when this has melted pour on three eggs slightly beaten. Toss the eggs and spinach in the butter until the eggs are scrambled and mixed in the vegetable. Serve on an omelet platter.

Potatoes Baked in Olive Oil—Choose a baking pan with a tight-fitting lid and in it place a third of a cup of oil (or butter), the juice of one lemon, one small bulb of garlic cut fine, one bunch of chopped parsley and a half a cup of water. Peel two pounds of potatoes and cut in quarters, season with salt and rapeseed, turn them into the baking dish, shake them about, cover and bake. Tomatoes may be added if liked.

## Sleepy After Meals? Unnecessary!

## WRIGLEY'S SPEARMINT

Hastens Digestion Keeps You Lively

Don't waste the precious hours of the evening. Get your sleep from weariness—not from slow digestion. This refreshing mint leaf juice hastens digestion—keeps you alert, besides cooling your mouth and throat and brightening your teeth splendidly.

It's clean pure healthful if it's Wrigley's

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THE FLAVOR LASTS WRIGLEY'S SPEARMINT PEPSIN GUM

Chew it after every meal

BUY IT BY THE BOX

of twenty packages. It costs less—of any dealer—and stays fresh until used.

## Did You Hear Tetrzzini?

If so, 'twill be a fleeting, though cherished pleasure, and but serve to stimulate your desire to hear her again and again, at will, that you may linger over her exquisitely liquid notes and catch every inflection and shading of her marvelous voice.

## Hear Her at Will

One way, in fact, the only way, to keep Tetrzzini and Ruffo always with you is

## On The Victrola

And while you have not the charm of the singers' presence, you have all the magnetism of their splendid voices, with their delicate shading and magnificent color.

We cordially invite you to visit our showrooms and hear these great artists on the Victrola at your leisure, and judge for yourself whether or not one of these instruments is worthy of your home.

A large and commodious Victor department, with ten private sound-proof rooms, and a capable staff ensures prompt attention and every comfort.

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